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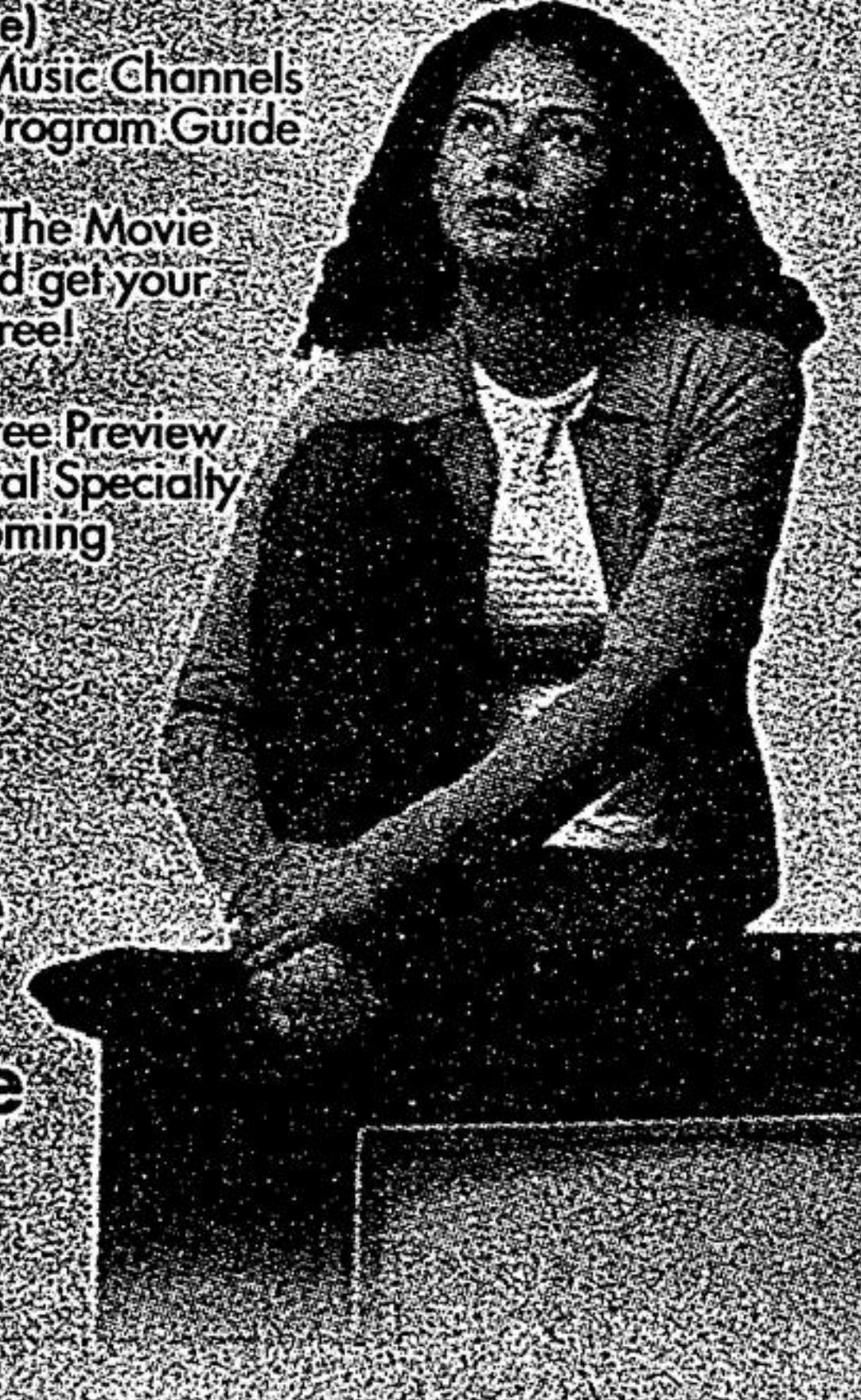
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SUMMER CAMPS

TO JULY 20

The Whitchurch-Stouffville Museum & The Erewhon Theatre offers a three-day SUMMER CHILDREN'S program. Play With The Past—Museum from 9:30 a.m. to noon. Children will explore a variety of heritage activities and crafts to take home. All materials and snack each day are provided; bring your own lunch. Transportation from Museum to Drama Centre is provided. Play On Stage—Theatre Centre from 1 p.m. to 4 p.m. Children will explore life in ancient times. Through drama, they will learn acting, mime, movement, and character. They will perform in the play "Hearts of the People": Egypt performance from 7 p.m. on July 20 with tickets at \$15. To register, please call 905-727-8954 or 1-888-290-0337. Cost: \$155 (\$148 for museum members) with a minimum of 10 participants required.

The Whitchurch-Stouffville Museum & The Erewhon Theatre offers a 3-half day SUMMER CHILDREN'S program from 9:30 a.m. to 12 noon or 1:30 p.m. to 4 p.m. The summer program is for children ages 8-14. A light snack will be served and children will explore a variety of heritage activities and crafts. Pre-registration is required. Cost: \$30 per three day session (museum members: \$24). To register, please call 905-727-8954 or 1-888-290-0337.

TO JULY 27

THORNHILL CHAMBER MUSIC Institute is offering a 2-week daily program for young musicians from ages 8 to 18 from 9 a.m. to 4:30 p.m. starting July 16 to July 27. It embraces not only baroque and classical music but also Heritage fiddling, physical fitness, composition, and choral singing. Tuition: \$550 includes concerts at Toronto Waldorf School, 9100 Bathurst Rd. Concerts are open to the public. For further information, please call 905-764-1924.

The York Catholic District School Board International Languages Program offers FREE Arabic, Italian and Spanish classes for kids JK to Grade 8. Running until July 27, from 9:30 a.m. to noon at St. Patrick School, 5607 Hwy. 7 in Markham. For information and registration, please call 416-221-5051, ext. 3609 or ext. 7050. This is a fun program designed to encourage children to learn Arabic, Italian and/or Spanish as a second language.

CLUBS

EVERY WEDNESDAY & SUNDAY

MILLIKEN on the MOVE Older Adults (55 plus) meets from 9:30 a.m. to 12:30 p.m. Come out, get in shape, meet new friends, and have fun. Milliken Mills Community Centre, 7600 Kennedy Road (at 14th Avenue). Take Markham Transit's Special Milliken on the Move Route. For more information and membership fees, call the Seniors' Coordinator at (905) 294-0764.

ALTERNATE THURSDAYS

MARKHAM LIONS CLUB meets the first and third Thursdays of each month at various local facilities. New members are always welcome. Call 905-294-2763 for details.

CLINICS

At the Baby Place, Public Health Nurses offer parents support and information on topics such as breastfeeding, baby care, infant nutrition and community resources. No appointment needed, call 1-800-361-5653 or visit www.region.york.on.ca.

Join other pregnant women and their coaches for eight informative, casual evening classes provided by the York Region Health Services. Topics include "How to have a healthy baby, preparing for labour and delivery, your newborn baby, infant feeding and adjusting to parenthood". Weekend classes are also available. Register early in your pregnancy. Call 1-800-361-5653 or 905-895-8004. Classes also available in Cantonese, for more information call Eva at 1-800-361-5653 or visit www.region.york.on.ca.

If you are a mother with a baby up to six months old, join other moms for a series of six postnatal classes offered by public health nurses at locations around York Region. Topics include nutrition, growth and development, family adjustment to a new baby and much more. Call Health Connection at 1-800-361-5653 or 905-895-8004 to register (\$15) or visit www.region.york.on.ca.

Come join a group for young moms-to-be, new moms, and their children. Meet other young parents, share ideas, prepare and enjoy a meal, learn about pregnancy, parenting, nutrition and community resources. Groups are offered at no charge in Newmarket (on Mondays), Keswick (on Tuesdays), Sutton (on Wednesdays) and Markham (on Thursday). Please call 1-800-361-5653 or visit www.region.york.on.ca.

COSTI, Learning Opportunities for Adults offers LINC (Language Instruction for Newcomers to Canada) from ESL basic, advanced, pronunciation, conversation, Citizenship preparation and micro-computer. Also new is TOEFL Business English. Registration for all classes begins now, call 905-472-4688. COSTI Language & Skills Training is at 8515 McCowan Rd., Unit 4.

EVERY TUESDAY

PHOTO HEALTH CARD Clinic is back at Markham Seniors Activity Centre, 22 Water St. every Tuesday (except long weekends) to replace missing/damaged/expired/incorrect health cards. Call Oshawa 1-905-434-3700 to book.

Before you go, ensure you have at least three original documents, i.e. Canadian birth cert./citizenship, proof of Ontario residency, proof of signature and proof of name change (if applicant). To get a detailed list, call 1-800-664-8988 or 1-800-268-1154.

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