

The York Region Newspaper Group Presents...

YORK REGION'S

Health & Wellness EXPO 2001

York Region's Largest Health & Wellness Event



- NATURAL HEALTH & ALTERNATIVE MEDICINE
- HEALTH FOODS & SUPPLEMENTS
- CAREER & TRAINING OPPORTUNITIES IN HEALTH
- SPEAKERS
- PERFORMANCES
- COMMUNITY SERVICES
- FITNESS CENTRES & PROGRAMS

Saturday, Sept. 15, 2001

9:30am - 4:00pm

Vaughan Sports Village

2600 RUTHERFORD ROAD (between Keele & Jane)

Featuring...

Janet and Greta Podleski,
authors of best-selling cookbooks
"Looneyspoons" & "Crazy Plates"
Special Guest Appearance
& Book Signing



www.looneyspoons.com

Participating Companies...

| Booth # | Company | Booth # | Company |
|---------|----------------------------------|---------|---|
| 100 | Awareness Corporation | 117 | GTA Chiropractic |
| | Products from a Master Herbalist | 118 | Preferred Health Care Services Inc. |
| 101 | USC Education Savings Plan | 119 | Pure-Li Natural |
| 102 | Alzheimer Society of York Region | 120 | Ulframed Cosmetic & Laser Centre Inc. |
| 103 | CHATS | 200 | Pathway To Living |
| 104 | Royal Body Care | 209 | Pro Motion Physiotherapy |
| 105 | Women's Wellness Outreach Centre | 211 | Snider Chiropractic Clinic |
| 106 | International Lifestyle Clinics | 212 | Couple Enrichment Inc. |
| 108 | Southlake Regional Health Centre | 218/219 | Stouffville Health Centre |
| 109 | Vital Science | 300 | Alaette Cosmetics |
| 111 | Curves For Women | 301 | At Work Health |
| 112 | Ontario March of Dimes | 312 | Nikken Independent Wellness Consultants |
| 116 | New Skills Vocational School | 320 | Canadian Diabetes Association |

don't miss this opportunity to showcase your products, services, programs and career opportunities.

to list your company in our pre-show promotions!

For further information,
Call: 905-853-8888

1-800-743-3353 Toronto Line: 416-798-7284

Presented by: THE ERA-BANNER • THE LIBERAL • THE MARKHAM ECONOMIST • STOUFFVILLE TRIBUNE



MARKHAM - 10 Camberley Court, July 7th, 8th, 9am-4pm. Moving contents, antique furniture, freezer, more!

MARKHAM - 20 Red Ash Drive (9th Line & Rougebank) July 7th, 8am-1pm. Household items, collector's stuff, clothing, furniture, books, and more! Rain-date: July 8th.

MARKHAM - 10292 McCowan Rd. (North of Major Mackenzie) Friday, 6pm-8pm; Saturday, 8am-2pm. Stove, TV, CDs, household items.

MARKHAM - 159/Adrian Crescent (McCowan/Raymerville) Saturday, July 7th, 9am-4pm. Furniture, housewares, toys, designer clothes.

STOUFFVILLE - 21 Aspen Cres. Sunday, July 8, 8am. Something for everyone.

MARKHAM - 18 Sawyer Cres. 8am-12:30pm. Bikes, children's items, CVAC, dishwasher, etc.

MARKHAM - Clendene Court, Garage Sale, Saturday, July 7th, 9am-1pm. Children's, men's clothing, household items, computers, pine cabinet doors.

MARKHAM - Eria Court (Markham Rd./Denison St) multi-family, Saturday, July 7, 9am-2pm. Something for everyone!

MARKHAM - Estate Sale, 68 Pringle Avenue (Hwy 7/150 Markham Road) July 7th, 8am-1pm. Additional items since last sale!

STOUFFVILLE - 3455 Bethesda Rd. (Between Warden/Kennedy) July 7th, 8:30am-1pm. Rain/shine. Household items.

MARKHAM - Two families, 11 Whiteoak Court (off Major/Buttons) Saturday, July 7th, 8:30am-1:30pm. Diningroom table, chairs, TVs, Recliner, Kitchenware, Housewares, more.

STOUFFVILLE - 4278 Jesse Thomson Road (McCowan north of Bloomington) Saturday, July 7th, 8am. Wide variety.

STOUFFVILLE - Cottage, garage sale, 74 Ironwood Crescent (Millard) Saturday, July 7th, 9am-3pm. Many cottage items.

UNIONVILLE - 105 Fred Varley (off Unionville Main Street) July 7th, 7am-noon. Furniture, housewares, electronics, aquariums.

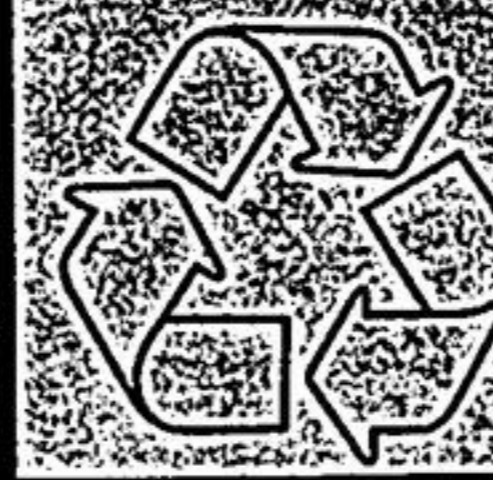
UNIONVILLE - 80 & 82 Lichfield Road. Saturday, July 7, 8-2. Household items.

THANK YOU FOR CHECKING

Please look over your ad the first day it appears making sure it reads as you requested.

The Economist & Sun/Tribune cannot be responsible for more than one insertion.

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Business & Professional Directory

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To Advertise in the Business and Professional Directory call Kate at 1-800-743-3353

Rain Storm Protection

If your garage sale is rained out, you won't get soaked!

Pay an extra \$5.00 fee when placing your Garage Sale ad, and if your sale is rained out, notify us within 3 days, and we'll run the same ad again with a date change at no charge. (Note: Follow-up Garage Sale must be held within 2 weekends.)

To place your Garage Sale ad, call:

1-800-743-3353

Sorry, no refunds. Garage Sale ads are prepaid.