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Spring has sprung at Queen's Pantry

Hot new floral and table linens in soft pastels have just arrived at Queen's Pantry and everyone is invited to drop by and check out the newest styles in home furnishings.

"We look forward to introducing our new spring items," says Linda Ghadwick, who co-owns The Queen's Pantry with her sister, Karen. "As a suggestion, we encourage our customers to decorate with new flowers at this time of year. It really gives a lift to the spirit and holds the promise that spring is just around the corner!"

Whatever room you're looking to spruce up, Queen's Pantry offers a unique range of quality bedding, curtaining, tablecloths, quilts and decorating accessories. "There are many ways to freshen up a tired looking room," says Karen. "For instance, you may want to add new placemats for the kitchen table, a new area rug or change your drapery. These kinds of decorative items will revitalize your living space."

This year, Queen's Pantry is celebrating its 20th anniversary. Over the years, Karen and Linda have witnessed many colour and design trends. "Neutrals have been popular for a long time, but strong colours and distinctive patterns are coming back into vogue," says Linda. "This is evident in the popularity of French Country."

Queen's Pantry decorated a model home at Angus Glen in the French Country style, which was profiled in the December/January issue of Style at Home Magazine. "People now realize the extent of our furniture lines whether they opt for country, traditional or modern," says

Karen. "This spring we will be featuring the French Country style look at both of our locations."

Throughout the year, The Queen's Pantry offers decorating courses featuring guest speakers who give "how to" tips so that participants can learn useful decorating techniques.

Linda and Karen have successfully operated The Queen's Pantry on Main Street in Unionville since 1981. In 1998, the sisters purchased the historic Almira Mill on the 19th Line (between Warden and Kennedy) and renamed it the Queensbridge Mill. They opened a new showroom at this location in order to better showcase their extensive furniture lines.

The Queen's Pantry is located at 176 Main St. in Unionville and can be reached at (905) 477-4625. It is open Monday to Saturday from 10AM to 5:30PM and Sunday from noon to 5:30PM.

The Queensbridge Mill is located at 4160 19th Ave., between Kennedy and Warden and can be reached at (905) 887-1127. Winter hours are Thursday, Friday and Saturday from 10AM - 5PM.

For decorating ideas, be sure to visit the Angus Glen Kylemore Model Homes located on Kennedy Road north (south of Major Mackenzie). Visit the company website at www.queensbridge.com.

Canada & FDA approved for pain relief

For years, photo-stimulation (light therapy) has been used successfully to relieve pain and suffering in animals. Now, the technology has been approved by the FDA in the US and Health Canada for use on humans, which is welcome news for sufferers of chronic pain, arthritis and other physical ailments.

LIGHT THERAPY USED TO RELIEVE PAIN
Light Force Canada is a Markham-based distributor, with Canadian distribution rights, for the Light Force Therapy products, Acubeam and Super Nova. These products use photo-stimulation (light therapy) to relieve pain. Photo-stimulation was first discovered in the 1960s when European scientists began to use light beams of specific wavelengths and frequencies to treat damaged cell tissues. Today, that technology has been harnessed into portable, light-emitting diode (LED) hand-held units.

Studies show that light therapy breaks through blocked energy circuits to stimulate cells in the body. The light enters the body as photons that are absorbed by the photoreceptors within the cell. Photons strike the damaged tissue, including skin, blood, muscle and bone, and create a cellular response that reduces pain and jump starts the healing process.

"With the recent Health Canada and FDA approvals of our Super Nova and Acubeam units, Light Force Therapy products may now be marketed as an effective means of reducing pain without drugs, or invasive and expensive therapy," says Darleen Cormier, Divisional Manager of Light Force Canada. "The hand-held units are cost-effective and easy to use. And Light Force Therapy products can be purchased directly by the consumer without having to be referred by a physician."

IT HAS WORKED FOR YEARS ON ANIMALS

Light Force Therapy products were originally developed for horse therapy, and they have been used successfully to treat pain from injury and degenerative disease, joint, tendon, and soft tissue damage, wounds, swelling and trauma, arthritis, and circulatory problems in animals.

"We didn't go after the human market initially," says Cormier. "All of our promotional material was geared toward the equestrian market. But we soon found horse owners were using the products on themselves."

The company has hundreds of testimonials from people who have used the products to treat chronic pain, arthritis and carpal tunnel syndrome.



The Acubeam and Super Nova offer a drug-free alternative therapy for treating chronic pain and arthritis. There are also no side effects associated with use. It is safe, relaxing and there is a 30-day money-back guarantee. Light Force products are sold in four sizes, ranging in price from \$225 to \$3149. As a Medical Device, Licensed product, purchase of this equipment is tax deductible under medical expenses.

For more information about this proven technology, call Light Force Canada Toll-Free at 1-866-717-5099.

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