

## Bereaved Families of Ontario

Founded in 1978, under the auspices of the Hospital for Sick Children, Bereaved Families is a self-help organization staffed by bereaved persons. Specialists in the area of grief and bereavement from the professional community serve as a resource both in the development of on-going programmes and in the supervision and training of self-help group leaders.

This co-operation between lay and professionals has enabled Bereaved Families to better respond to the needs of the bereaved and has helped guarantee that the best support is provided.

**1-800-969-6904**

This message brought to you as a community service of The Economist & Sun/Tribune

York Region An association of families who have lost a child through death.

# Flyer WATCH

Inserts for Tuesday December 5, 2000

- |                        |                          |                           |
|------------------------|--------------------------|---------------------------|
| Wheels                 | Fabricclean Cleaners*    | Henry's Cameras*          |
| Loblaws                | Michael's Arts & Crafts* | MDG Computers*            |
| Sears*                 | Canadian Tire - Steeles* | Sobeys*                   |
| The Bay*               | Ho-Lee Chow*             | Canadian Tire -           |
| Biway*                 | Pizza Nova*              | Stouffville*              |
| Zellers*               | Food Basics*             | Food Basics - Port Perry* |
| English-Butler*        | Super Pet*               | Loblaws - R. Hill*        |
| A&P*                   | Cornell Dental Centre*   | Loblaws - Nwkt*           |
| Toys R Us - My Shadow* | Dayle Accaputo*          | Canadian Tire - R. Hill*  |
| Toys R Us - Slim Jim*  | Microplay*               | Canadian Tire - Aurora*   |
| Spotlight*             | National Sports*         | IGA - Aurora*             |
| Today's Homes*         | Scarborough Town         | Churchill Baptist         |
| IGA - Markham*         | Sewing*                  | Church*                   |
| IGA - Unionville*      |                          | Stouffville Sun Samples*  |

NO ONE DELIVERS RESULTS LIKE WE DO! \*selected areas only

To find out more about how to reach your target market and get the same great response from your flyer distributions as these customers, call us today!

ECONOMIST & SUN (905) 294-8244 Stouffville Tribune

## SPECIAL EVENTS

### SATURDAY, DEC. 9

Ontario SPCA is holding its Annual Christmas Party for the Animals (pet pics with Santa) from noon to 4 p.m. at the Newmarket Community Centre, 200 Doug Duncan Dr. Call (905) 898-7122 ext. 305/306.

Breakfast With Santa is being held 9 a.m. to 11 a.m. at the Ballantrae Community Centre, Aurora Road east of Hwy. 48. All proceeds to the Girl Guides of Canada, Whitchurch District and the Mexico 2001 Pathfinders.

Markham author N.J. Lindquist will be at the Coles Bookstore, Markville Mall from 1:30 - 4 p.m. Copies of all five books (including an adult mystery and three teen novels) she had published this year will be available for signing. For more information, call (905) 471-1447.

### SUNDAY, DEC. 10

O.H.A. Junior A hockey fundraiser for the Girl Guides of Canada, Whitchurch District and the Mexico 2001 Pathfinders: Stouffville Spirit vs. Newmarket Hurricanes, 7:30 p.m. at Ray Twinney Complex in Newmarket. Tickets are \$5 and available at Boyd's Sports on Ringwood Drive in Stouffville (640-6657) or at the door.

### WEDNESDAY, DEC. 13

4th Annual Holiday FUNdraiser Silent Auction and luncheon featuring standup comedian Derek Edwards at LeParc Conference & Banquet Centre, Room 3, 8432 Leslie St. Cost: \$70 (GST included) pp. Registration and silent auction begins 11:30 a.m. Advance registration and pre-payment are required by Monday, Dec. 11. Call: 905-841-442 or http://www.york-tech.ca for details.

### DECEMBER 15, 16 & 17

Springvale Baptist Church, 3885 Stouffville Rd., Stouffville, presents an acclaimed community production entitled A Light Still Shines at 7 p.m. No tickets are required. For more information, call (905) 887-5651.

### SATURDAY, DEC. 16

YORK SINGLES Christmas Dance is being held in Richmond Hill this year. All singles welcome. For more information, call 905-770-9564.

### SUNDAY, DEC. 17

Joy of Christmas with Cantabile Chorale and York Symphony Mary Lake Shrine, King City from 3 p.m. Call: 905-731-8318 for details.

ST. ANDREW'S PRESBYTERIAN Church Choir will be holding their Christmas concert at 7:30 p.m. A warm welcome to everyone to come and enjoy the music. The church is located at 143 Main St. N., Markham.

MARKHAM CONCERT BAND invites everyone to its annual Christmas concert 3 p.m. at 171 Town Centre Blvd., in Markham. Tickets may be purchased at the door. Adults \$15; seniors & children \$10.

### UNTIL DEC. 23

The Markham Group of Artists is presenting its annual Small Wonders art show at the Kathleen Gormley McKay Art Centre featuring many artists; the paintings are no larger than 12" x 12" framed and are priced for seasonal gift giving. The art centre is located at 197 Main Street, Unionville. Open Wednesdays thru Saturday 10 a.m. to 5 p.m. and Sundays, noon thru 5 p.m.

## FOR CHILDREN

### EVERY SATURDAY ... TILL DEC. 16

Early Years Program from birth to 5 years old with an adult at Milliken Mills Community Library from 9:30 a.m. to 11:30 a.m. No charge, no registration. Spend some fun time together and give your child a head start in acquiring those all important early learning skills. Program includes a circle time at 10:30 a.m. and a small snack. Call 905-940-8323 for more information.

Chess Club for ages 6-12 held Saturdays January 13 - March 3 from 9:30-11 a.m. at the Unionville Library. Fee is \$50 for eight weeks. Registration begins Dec. 6 at 9:30 in person. For more info, call (905) 477-2641.

Mandarin Language Fun for ages 3-5 held Thursdays, January 11 - March 1 from

9:45-10:30 a.m. Fee is \$28 for eight weeks. Registration begins Dec. 6 at 9:30 in person. For more info, call (905) 477-2641.

### EVERY TUESDAY OR WEDNESDAY

Pre-School Storytime, ages 3-5 on Tuesdays from 10 a.m. to 10:30 a.m. or Wednesdays from 1:30 p.m. to 2 p.m. at Markham Community Library, 6031 Hwy. 7. Join us for a fun time of stories, finger games, rhymes and more.

## AUDITIONS

THE MILLENNIUM YOUTH ORCHESTRA, located in York Region is looking for young musicians, at all levels (beginners to advanced), for its four ensembles: Junior, Intermediate, Senior and Professional. No audition is required for the Junior ensemble. Contact us at E-mail: tmo2000@look.ca or fax (905) 770-1198.

## CLUBS

Euchre, every Wednesday from 7:30 p.m. at Markham Lawn Bowling Clubhouse, 28 Franklin St. 12 games, prizes, 50/50 draw, tea and goodies. Come out and have a fun time. Call Frances at 294-0672 for info.

## MEETINGS

Free support group for Xtra large women. Join like-minded women who are making positive physical and emotional life changes. Group meets every Sunday from 7 p.m. to 9 p.m. in Markham. Call Sandi, 294-5786 for details.

### THURSDAY, DEC. 7

Strategic Planning Session at the Whitchurch-Stouffville Public Library Board from 7 to 7:30 p.m. with board trustee, Helene Johnson, leading this session. The regular library board meeting will follow the half hour session.

## SUPPORT

Prostrate Cancer Support and Awareness group is being held at the Markham-Stouffville Hospital Auditorium (9th Line and Church Street). Family and friends welcome. No registration required. For more information, call Cancer Society at (905) 294-5925.

New Support Group for women who are gay, or think they might be. Married and single women welcome. Discuss your feelings, exchange info, or just listen, in a safe, confidential environment. Richmond Hill location call 905-780-0491 or 1-888-780-0724, ext. 18.

The Self Help Network of York Region celebrates Self Help Awareness Week with a special workshop designed for people involved in self-help groups at Newmarket Chapters Store from 7:30 p.m. until 9 p.m. Call 1-888-780-0724 for details.

Perinatal Bereavement Services Ontario (PBSO) is holding self-support group meetings for Markham area families who have suffered a pregnancy loss or newborn death.

The organization holds sessions every second and fourth Thursday of the month at PBSO's head office, 6060 Hwy. 7 in Markham. For newcomers, pre-registration is requested by calling PBSO at 905-472-1807. Sessions run from 7:30 p.m. to 9 p.m. and are free.

The groups are led by trained bereaved parents and have been designed to support families who have suffered a pregnancy loss due to miscarriage, ectopic pregnancy, medical termination, still birth or neonatal death. Informal discussions are held on a variety of topics including sharing common experiences among bereaved parents, the normal emotions of grief, men's and women's responses to grief and how to cope with special holidays.

## VOLUNTEERS

Explorer Group of Canada Leaders wanted to work with girls aged 9 - 11. Call 905-640-6673 for details.

You Can Make A Difference. Be a friend to a new immigrant for two hours a week at your convenience. Provide support and information, learn about their culture and share their experiences. Call Fatemeh at 905-770-7040, ext. 226.

At the Baby Place, public health nurses

offer parents support and information on topics such as breastfeeding, baby care and infant nutrition. No appointment necessary. Call York Region Health Services, Health Connection at 1-800-361-5653.

Pre-natal classes for teens and single women between 15 to 30 years old are invited to join a group where they can share ideas, make new friends and learn about pregnancy. To register call Sharon Baker at 905-895-4511, ext. 4565.

Join other pregnant women and their coaches for eight informative, casual evening classes provided by the York Region Health Services. Weekend classes are also available. Register early in your pregnancy. Call 1-800-361-5653 or 905-895-8004. Classes also available in Chinese, for more information call Ruth at 940-1333.

If you are a mother with a baby up to six months old, join other moms for a series of six postnatal classes offered by public health nurses at locations around York Region. Call Health Connection at 1-800-361-5653 or 905-895-8004 to register (\$15).

Are you a young parent? Come join a group of young moms-to-be to share ideas, prepare and enjoy a meal, learn about pregnancy, parenting, nutrition and community resources. No charge in 4 York Region Locations. Call Health Connection at 1-800-361-5653 to a location close to you.

The Baby Place Drop-in Center offers parents support and information on topics such as breastfeeding, baby care, infant nutrition and community resources. No appointment necessary. Call Health Connection at 1-800-361-5653.

York Region Lesbian, Gay, Bisexual Support Group is a group dealing with emotional and social issues. If you are 26 years and under, this group meets first and third Monday of each month from 7 p.m. to 9 p.m. Call 1-800-268-YOUTH or 416-962-9688.

CHATS needs Volunteers for the Chinese Luncheon program at St. Justin's Church the 1st and 3rd Wednesday of every month. Drivers are also need for the "Chinese Meals on Wheels" program in Milliken Mills on Wednesdays and Friday. Call Leanne at 1-877-613-6109, ext. 6013.

Canadian Diabetes Asso. in York Region needs your help. If you have 2, 4 or 6 hours a week to spare, call 905-508-1506, they'll be glad to hear from you.

HELPMATE COMMUNITY have various volunteer positions with different organizations. Call them at 884-3839 or 1-800-363-2412 if you are interested to help The Ontario March of Dimes, or the Canadian Diabetes Assoc. or the Maple Health Care Centre or the Unionville Home Society for 4/5 hours a week; or the Children's Aid Society in Newmarket to provide administrative and reception support to social workers.

Victoria Order of Nurses are looking for volunteers in their "Volunteer Visiting Program" to provide social interaction and emotional support to seniors, thus helping to make it easier for them to stay living longer in their own homes. Call Sandy at 905-944-2143 for info.

WILDCARE WILDLIFE REHABILITATION CENTRE needs a volunteer to coordinate fundraising bingos. Work from your own home. Also needed: Bingo volunteers and animal care assistants. Call Helpmate Volunteer Bureau at 884-3839 or 1-800-363-2412.

Unionville Home Society needs a volunteer to provide administrative assistant for approximately 4/5 hours a week. Keyboarding and general administrative skills required. Call Helpmate Volunteer Bureau at 884-3839 or 1-800-363-2412.

## CLINICS

Addiction Services for York Region runs a program for problem gamblers and their families. We offer assessment, seminars, and ongoing support groups and can make presentations to groups on demand. All services are free and confidential. Call 905-841-7007, ext. 322 or 1-800-263-2288, ext. 322 or ext. 328 for details.

### WEDNESDAY, DEC. 20

Markham-Stouffville Hospital photo health card clinic to replace missing, damaged, expired and incorrect cards. By appointment only, call collect 905-434-3700 or 905-576-2870.



YORK REGION DISTRICT SCHOOL BOARD

## Public Information Meetings

Town of Markham

### Elementary School Attendance Boundary Review

The York Region District School Board will be hosting a Public Meeting Open House to share information and gather input regarding proposed changes to the long term attendance boundaries for the elementary school serving the Victoria Square Community, Town of Markham

Public Information Meeting will be held:

- Tuesday, December 12, 2000 7-8 pm. Ashton Meadows Public School 230 Calvert Road Markham, Ontario (905)887-2656



www.yrdsb.edu.on.ca

Bill Crothers  
Chair of the Board

Bill Hogarth  
Director of Education