

NOTICES

The Easter Seal Society introduces its "Commemorative Giving Program". Look for "Commemorative Giving Coupons" in the following Markham/Unionville locations:

In Markham, Floral Essence by Peggy, 6605 Hwy. 7; Flowerhaven Design Studio, 479-7527; Tim Clark's Flowers, 97 Main St; The Mandarin, 7660 Woodbine Ave.; Motimahal, 7850 Woodbine Ave.; The Shangri-La Banquet and Convention Centre, 50 Esna Park Dr. In Unionville, Freshland Flowers and Gifts, 4361 Hwy 7.

Hill House Hospice is selling Entertainment Books for \$32. Hill House Hospice is a non-profit organization and fundraiser such as this are their only source of income. Please contact Roberta at 905-770-5267 or 905-737-9308.

At the Baby Place, public health nurses offer parents support and information on topics such as breastfeeding, baby care and infant nutrition. No appointment necessary. Call York Region Health Services, Health Connection at 1-800-361-5653.

Pre-natal classes for teens and single women between 15 to 30 years old are invited to join a group where they can share ideas, make new friends and learn about pregnancy. To register call Sharon Baker at 905-895-4511, ext. 4565.

Join other pregnant women and their coaches for eight informative, casual evening classes provided by the York Region Health Services. Weekend classes are also available. Register early in your pregnancy. Call 1-800-361-5653 or 905-895-8004. Classes also available in Chinese, for more information call Ruth at 940-1333.

If you are a mother with a baby up to six months old, join other moms for a series of six postnatal classes offered by public health nurses at locations around York Region. Call Health Connection at 1-800-361-5653 or 905-895-8004 to register (\$15).

Are you a young parent? Come join a group of young moms-to-be to share ideas, prepare and enjoy a meal, learn about pregnancy, parenting, nutrition and community resources. No charge in 4 York Region Locations. Call Health Connection at 1-800-361-5653 to a location closed to you.

The Baby Place Drop-in Center offer parents support and information on topics such as breastfeeding, baby care, infant nutrition and community resources. No appointment necessary. Call Health Connection at 1-800-361-5653.

York Region Lesbian, Gay, Bisexual Support Group is a group dealing with emotional and social issues. If you are 26 years and under, this group meets first and third Monday of each month from 7 p.m. to 9 p.m. Call 1-800-268-YOUTH or 416-962-9688.

VOLUNTEERS

Volunteers needed to continue an Ontario March of Dimes tradition. Can you spare a few hours to knock on doors in your neighbourhood during our 50th anniversary in January 2001? Call 1-800-263-3463, ext. 705.

Capture the holiday spirit - volunteers need to wrap to support children and seniors at Markville Shopping Centre from Dec. 1 - 24, 2000. Wrappers are needed during the day and evenings both during the week and on weekends. Call 1-877-452-4287, ext. 6013 during the day or 905-474-1793 evenings.

Volunteer for the Lung Association for their 2nd

annual Festival of Trees which runs from November 30th - December 3 at the Markham Museum & Historical Village. Call 905-947-8577 and be part of this cause.

CHATS needs Volunteers for the Chinese Lunchout program at St. Justins Church the 1st and 3rd Wednesday of every month. Drivers are also needed for the "Chinese Meals on Wheels" program in Milliken Mills on Wednesdays and Friday. Call Leanne at 1-877-613-6109, ext. 6013.

Canadian Diabetes Asso. in York Region needs your help. If you have 2.4 or 6 hours a week to spare, call 905-508-1506, they'll be glad to hear from you.

HELPMATE COMMUNITY have various volunteer positions with different organizations. Call them at 884-3839 or 1-800-363-2412 if you are interested to help The Ontario March of Dimes, or the Canadian Diabetes Asso. or the Maple Health Care Centre or the Unionville Home Society for 4/5 hours a week; or the Children's Aid Society in Newmarket to provide administrative and reception support to social workers.

Victoria Order of Nurses are looking for volunteers in their "Volunteer Visiting Program" to provide social interaction and emotional support to seniors, thus helping to make it easier for them to stay living longer in their own homes. Call Sandy at 905-944-2143 to info.

Wildcare Wildlife Rehabilitation Centre needs a volunteer to coordinate fundraising bingos. Work from your own home. Also needed: Bingo volunteers and animal care assistants. Call Helpmate Volunteer Bureau at 884-3839 or 1-800-363-2412.

Unionville Home Society needs a volunteer to provide administrative assistant for approximately 4/5 hours a week. Keyboarding and general administrative skills required. Call Helpmate Volunteer Bureau at 884-3839 or 1-800-363-2412.

ALZHEIMER COFFEE BREAK Volunteers needed. We are currently looking for volunteers to assist in the "behind the scenes Coffee Break program". Help is required with delivery and pick up of program materials throughout York Region in September 2000. Volunteers to host a Coffee Break are also required. Call 905-895-1337.

Are you looking for a dynamic, volunteer opportunity? Do you want to work with innovative, pro-active people looking to make a change in our community? Then join the Board of Directors of the AIDS Committee of York Region!! We are currently seeking individuals interested in fundraising, strategic planning, applications for funding. Please forward a resume and cover letter to the AIDS Committee of York Region, 194 Eagle Street, Newmarket, Ontario L3Y 1J6 or call 1-800-243-7717.

Are you a woman who wants to make a difference in other women's lives? If so you will want to read on!!

The Women's Sexual Assault Helpline, serving all of York Region, provides service to women 16 years of age or over. If you would like the opportunity to access an excellent training program with on-going professional development, then you have come to the right place.

To explore the many ways you can make a difference in your community, please join us for a 2-hour orientation session on Sept. 21 at 8:30 p.m. at Bayview Hills Community Centre. Contact Val at 905-895-3646.

Are your children going back to school and you have time on your hands? Now is the time to pursue the opportunity of volunteering. Helpmate Volunteer Bureau in Richmond Hill is currently recruiting vol-

unteers for York Durham Aphasia Centre, Cancer Society, Juvenile Diabetes Foundation. Approx. 35-40 agencies are currently seeking volunteers at this time. Call 905-884-3839.

If you would like to call a Senior a minimum 3 days, maximum 5 days per week for a short friendly conversation, please contact Leanne at 1-800-273-0908, ext. 6013.

Are you the one who can put "fun back into fundraising"? We are currently looking for volunteers for several agencies to assist with their Annual Events. Lung Asso. needs help with their "Bike Trek". Epilepsy is holding their "Glad Days" in various locations in Richmond Hill. Bingo Helpers needed for "Glaucoma & Vision Impairment Society" - why not pick today to help others! Please call Helpmate Volunteer Bureau at 905-884-3839.

Victim crisis assistance & referral services needs non judgmental volunteers with a respect for confidentiality to work with Y.R. Police providing short term emotional and practical assistance to victims of crime and tragic circumstances. Two 12hr. shifts per month, car necessary. Please call Helpmate Volunteer Bureau at 905-884-3839.

Community Home Assistance to Seniors needs volunteers for various programs. Why not take clients out for lunch? You have heard of "Meals on Wheels", now it is your turn to help by delivering meals for Seniors in the Sutton Area. Drivers also needed for appointments, errands, etc. Please call Helpmate Volunteer Bureau at 905-884-3839.

Children's Aid Society of York Region is currently looking for your assistance in their office administration activities. General support is needed for clerical. Would you be willing to volunteer your services as a "Special Friend" for group activities? What greater way to spend your time than helping others. Please call Helpmate Volunteer Bureau at 905-884-3839.

SUPPORT GROUP

New Support Group for women who are gay, or think they might be. Married and single women welcome. Discuss your feelings, exchange info, or just listen, in a safe, confidential environment. Richmond Hill, location call 905-780-0491 or 1-888-780-0724, ext. 18.

REGISTRATIONS

Rose of Sharon Services for Young Mothers is now registering new students for their on site classroom in Newmarket. If you are an expectant or young mother, 25 years of age or under and would like to work on high school credits in a family centered environment, call a social worker at 853-5514 to book an agency tour and appointment for you and your child(ren).

Bereaved Families of Ontario



York Region
An association of families who have lost a child through death.

Founded in 1978, under the auspices of the Hospital for Sick Children, Bereaved Families is a self-help organization staffed by bereaved persons. Specialists in the area of grief and bereavement from the professional community serve as a resource both in the development of on-going programmes and in the supervision and training of self-help group leaders. This co-operation between lay and professionals has enabled Bereaved Families to better respond to the needs of the bereaved and has helped guarantee that the best support is provided.

1-800-969-6904

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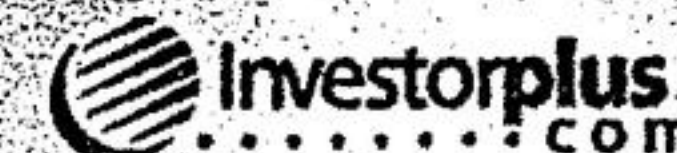
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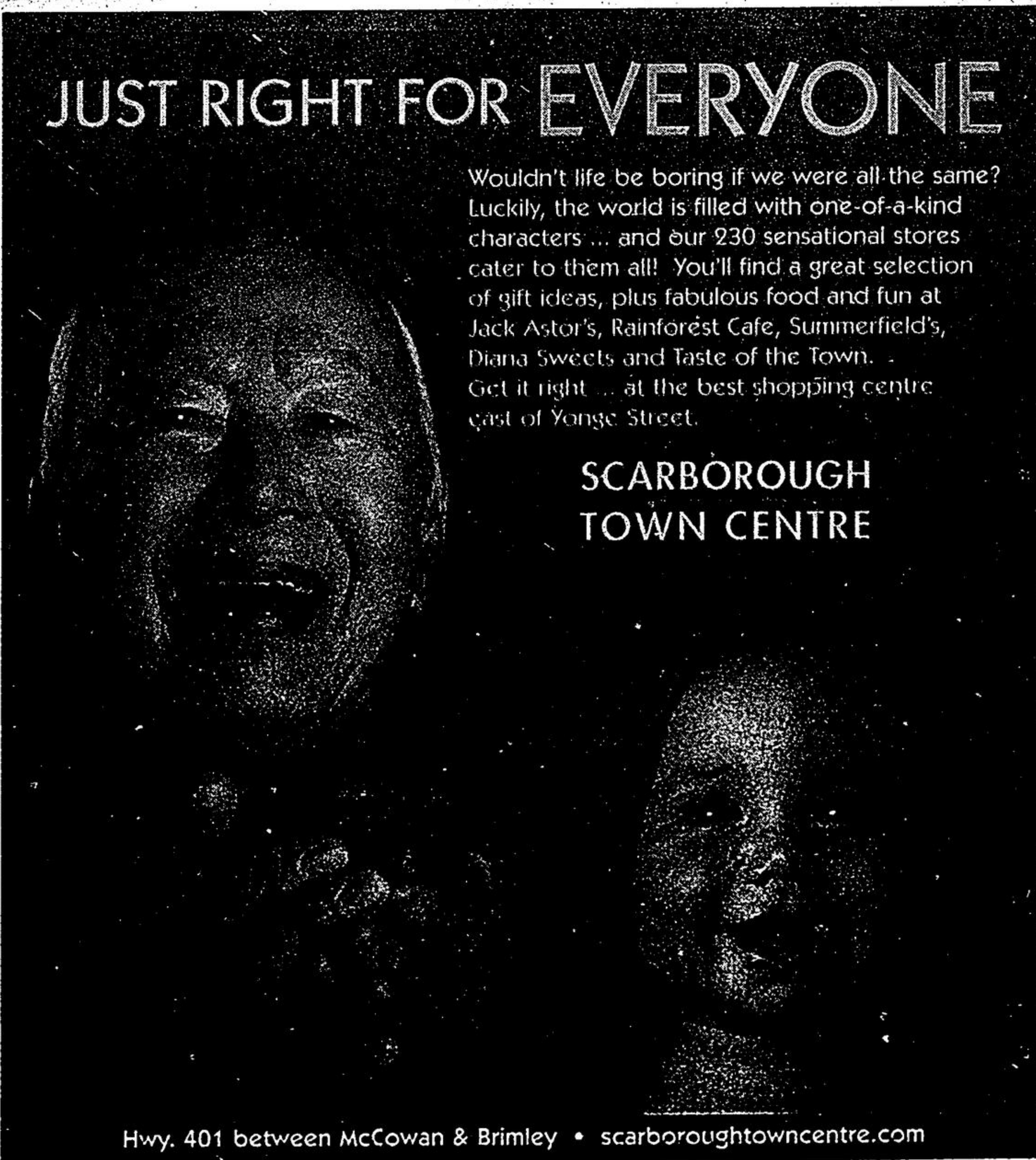
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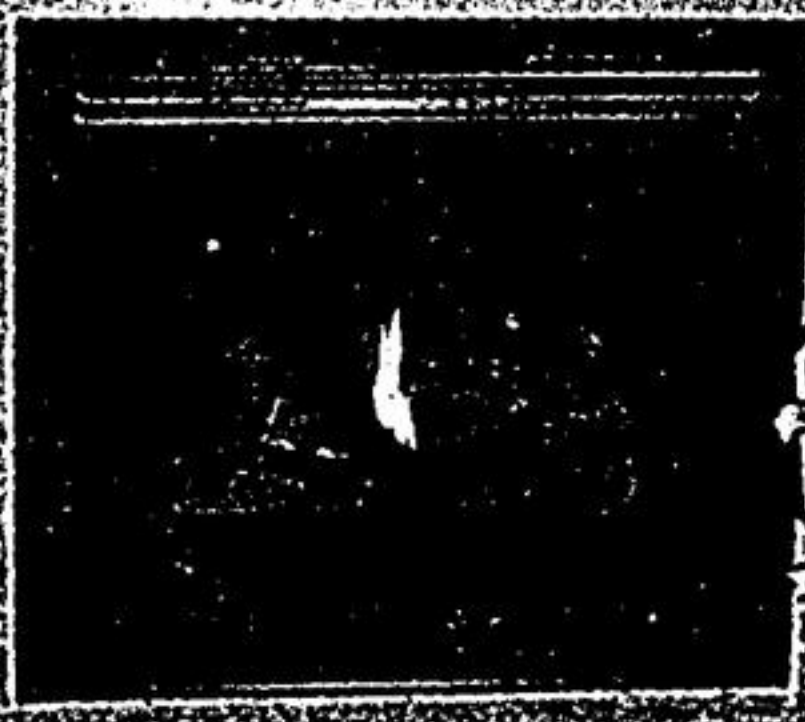


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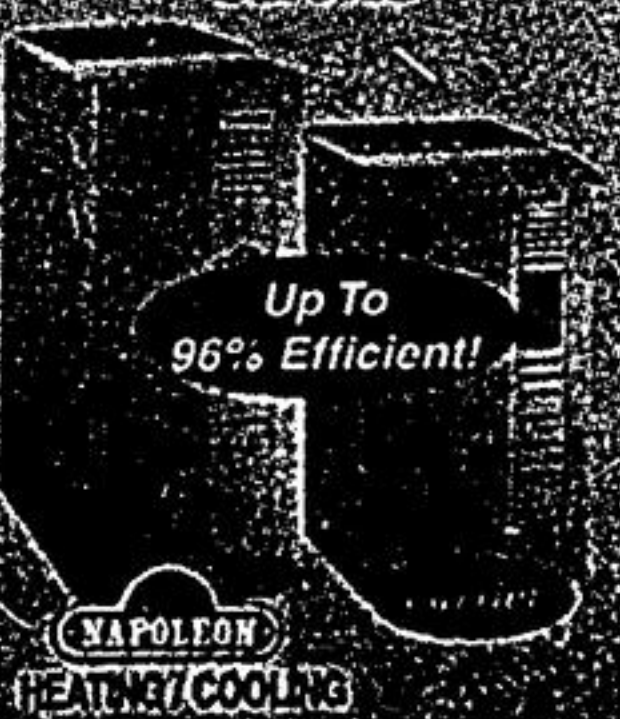
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