

# Sinfonia Italiana



- **Hot Table & Salad Bar**  
Available for Mon. - Fri. lunches only. Ideal for Fast Business lunches or as a break for busy shoppers.
- **Generous Portions at Affordable Prices**
- **Enjoy our Newly Renovated Outdoor Summer Patio**
- **Catch the Spirit of Italy**  
with live music by Raffaele & His Accordion, Fri. & Sat. from 7:00 p.m.
- **Giant Screen Entertainment**  
Now playing during lunch and Special Sports Events.

Paris and Sue Almassi,  
Owner/Operator Recipients  
of the *Eat Smart* Award June, 2000

**Summer Hours**  
Lunch Mon. - Fri. 11:30 - 2:30  
Dinner Mon. - Thurs 5:00 - 9:30  
Diner Fri. - Sat. 5:00 - 10:30  
CLOSED SUNDAYS

**Bridle Post Plaza**  
Kennedy & Carlton Rd., Unionville

**479-5999**



## Sinfonia Ristorante earns coveted *Eat Smart!* award

Ontario's Healthy Restaurant Program has awarded Sinfonia Italiana Ristorante in Unionville its prestigious *Eat Smart!* award of excellence for promoting a healthy lifestyle and achieving high standards in nutrition, food safety and non-smoking seating. The popular restaurant was one of 73 winners in York Region.

"We are extremely proud of this award," says Paris Amassi, who operates Sinfonia Italiana Ristorante with his wife, Sue. "Our whole team has worked hard to provide high quality cuisine in a healthy environment."

Sinfonia Italiana Ristorante provides authentic Italian cuisine at affordable prices, but it is more than a great place to dine. According to Sue, Sinfonia is a restaurant with a conscience. "We believe in giving back to the community and sharing our success with others. It's very important to us."

Since opening in 1997, Sinfonia Italiana Ristorante has supported many amateur sports teams, Club Markham and the Frederick Varley Art Gallery. It donates food daily to Pathways For Children, a community-based agency serving the needs of children, youth and families in Markham. It has helped to raise funds for the Markham-Stouffville Hospital's Pediatric Care Centre.

In addition to sponsoring community

events and organizations, Sinfonia is also involved in co-education endeavours with local high schools. Students can gain practical hands-on experience and learn from some of the best chefs and food experts in the business.

Paris and Sue are no less passionate about the succulent, healthy cuisine that they serve up for their valued customers. Whether it's a tasty Linguini Monte-Mare, Rigatoni Alla Vodka, thin-crust gourmet pizza or Linguini Tutto-Mare, each dish is served with the finest ingredients and attention to detail.

"Preparing excellent food is a thrill for us, and it's gratifying to see so many of our customers enjoy our dishes," says Sue, who estimates that 95 per cent of her business comes from repeat customers.

Sinfonia Italiana Ristorante is open Monday to Saturday for lunch and dinner, and accommodates 135 patrons (plus a 55-seat patio). For lunchtime, a special hot table of fresh entrées and a salad bar are presented. Corporate and private functions can also be accommodated. On weekends, an accordionist plays authentic Italian music. Reservations are highly recommended for Fridays and Saturdays.

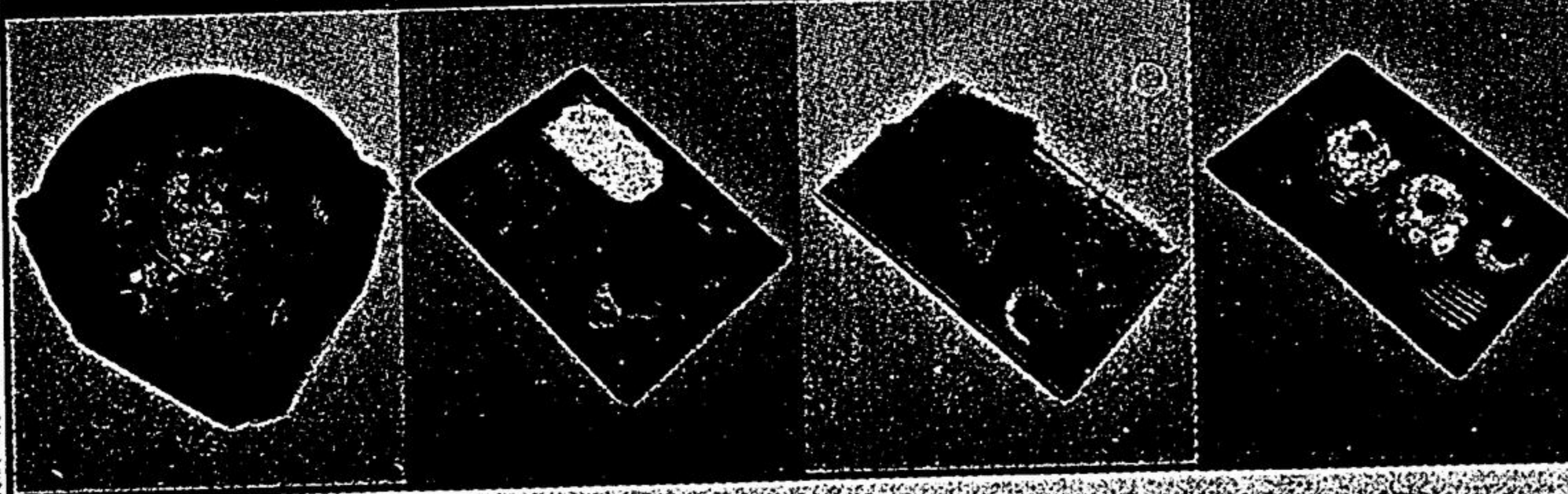
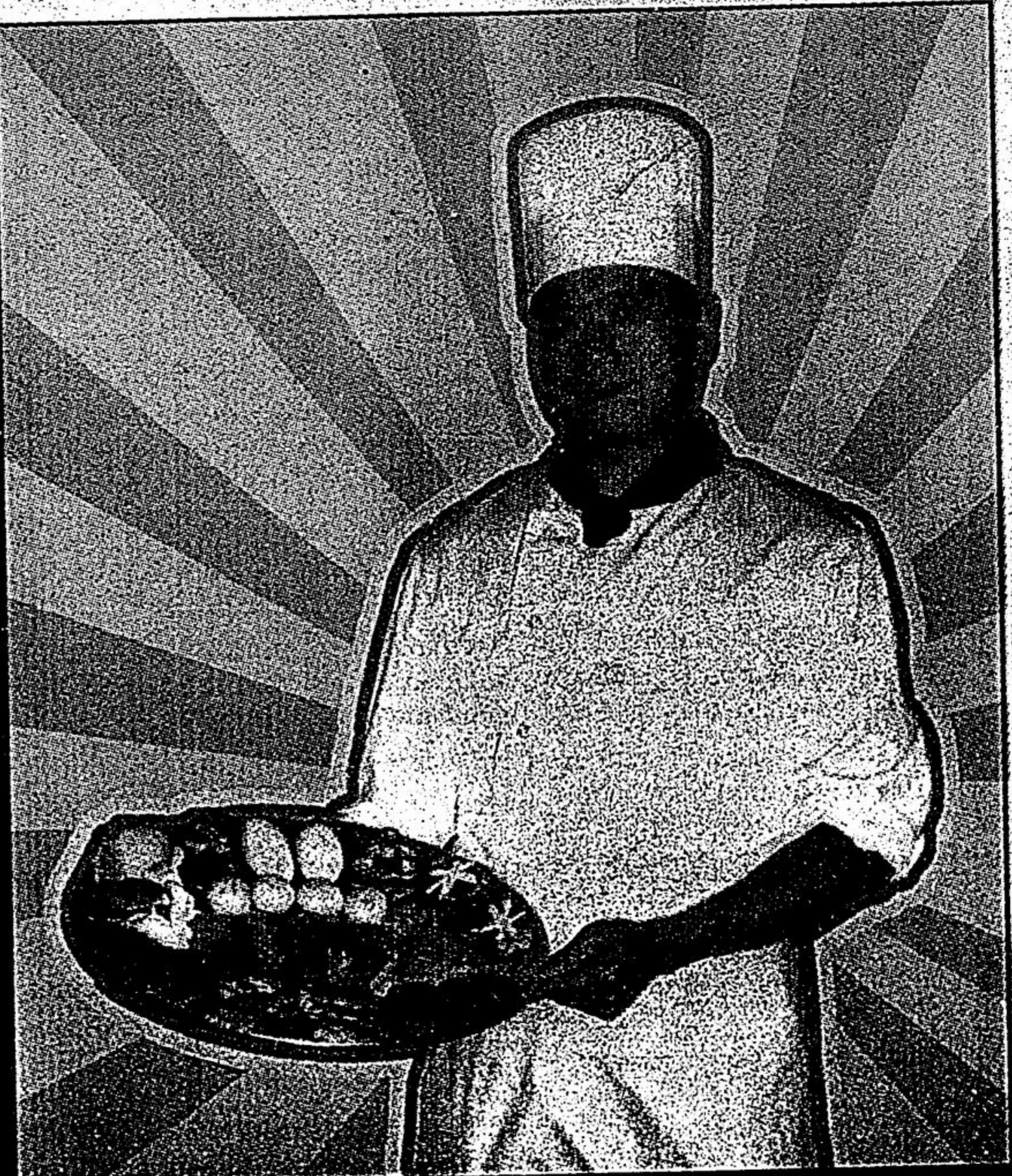
Sinfonia Italiana Ristorante is located at 548 Carlton Road (at Kennedy) in Unionville and can be reached at (905) 479-5999.



FOOD CONCEPTS  
A TASTE OF JAPAN

## A TASTE OF JAPAN

"Just to mention a few of our signature dishes, Chicken Teriyaki Bento Box, Salmon Roses and Toronto Roll are the "most wanted" items on our menu. I want our customers to know that we make our very own teriyaki sauce by using traditional Japanese method. To prepare a 30L batch of teriyaki sauce, we use over 15 ingredients such as chicken bones, Japanese herbs and spices, roasted garlic, etc and simmer for 6-8 hours." said Teppan Chef Steven Wu. "I think people come to our restaurant are getting a super deal, for just under \$10, you can enjoy top USA choice grade Strip Loin Steak, all aged 21 days or more with the right amount of fat and marbling. It just melt in your mouth!"



7501 WOODBINE AVE., UNIT 3, MARKHAM.

(WOODBINE & ESNA PARK)

TEL: 905-470-8858

FAX: 905-470-1231

WWW.ATASTE OF JAPAN.COM