

Dr. Anthony Gardelli
B.Sc., D.D.S.
DENTIST

- General & Cosmetic Dentistry
- Early morning, Evening and Saturday appointments available
- Emergencies accepted

NOW OPEN

905-472-0229

5990 - 16th Ave. - Unit 214 at Markham Rd.

Walsh Painting

Painting, wallpapering

Specializing in faux finishing

QUALITY & SERVICE GUARANTEED

Please call James 472-5741

SWEET MOMENTS

UNIONVILLE

"For A Gift You'll Be Proud to Give"

Unique Gifts
Handmade Belgian Chocolates
Gift Baskets

www.sweet-moments.com

905-944-9996

190 MAIN STREET, UNIONVILLE

From 7.45% for 5 years

1st Mortgages to 95%

CENTRAL FUNDING GROUP

Condos Rental Properties

"BEST AVAILABLE RATES"
"PRIVATE FUNDS AVAILABLE"
Refinancing debt consolidation a specialty

For FAST PROFESSIONAL SERVICE

CALL (905) 666-4986

WEATHERPROOFER

TRIPLE GLAZED WINDOW SYSTEM

- 3 PANES OF GLASS
- OUTPERFORMS R40 WALL
- LIFETIME WARRANTY

Warmest Window On The Market

ENCORE BBB

450 ALDEN RD. UNIT 7 MARKHAM
TEL: (905) 470-0750 • 1-800-461-7641

MAIRI VASIL DESIGN

MEMBER OF CDECA

Get that "Designer Look" without Spending a Fortune.

- Colour Consultation
- Custom Window Treatment
- Custom made Furniture & Upholstery
- Art & Accessories

Call for an appointment

905-415-0218

FOCUS ON BUSINESS

Tooth whitening is quick, easy and safe

Tooth whitening is quick, easy and safe. Discolouration and darkening of teeth is a naturally occurring process that happens over many years. It is usually the result of stains from food, drink and tobacco. In just two weeks, the years of stain can be successfully removed. If your tooth discolouration is due to such things as tetracycline staining or other systemic conditions that were present when your teeth were forming, then tooth whitening may take longer.

What is involved in dentist-prescribed home bleaching?

A thorough oral examination should always precede bleaching treatment to determine not only the cause of the tooth discolouration, but the presence of cavities, gum disease and tissue problems. The presence of these factors can have a detrimental impact on any bleaching program. Once these problems are taken care of, an impression of the teeth to be whitened is taken.

An appliance is made to hold the whitening agent, which is basically an oxygen-releasing gel. The gel is added to the appliance and placed over the teeth. The appliance holds the gel in contact with the teeth preventing any gel from touching the gums. Saliva, which is known to dilute and wash away the bleaching agent, is isolated from the bleaching area. The gel is either applied once or twice a day for approximately 2 hours or the patient can apply it overnight. This is usually done for about 2 weeks or until the desired results are achieved.

Here are some FAQs about tooth whitening:

Q: Is bleaching safe for your teeth?

A: Yes. Structurally, nothing happens to the teeth. Only microscopic amounts of calcium are lost on the tooth's surface, which is equivalent to a 2.5 minute exposure of a cola beverage. Many studies have evaluated the hardness of bleached enamel and have found it to be very similar to unbleached

enamel (i.e., Nahoo et al, 1994).

Q: What is the effect of porcelain crowns (or caps)?

A: No effects on the colour or physical properties of porcelain have been reported.

Q: Can you replace tooth coloured fillings right after bleaching?

A: Yes, although you need to wait one week after bleaching in order to get a secure bond to the tooth.

Q: But I only have two discoloured teeth! Can you bleach just two teeth and leave the others unbleached?

A: Bleaching can be performed on any number of teeth, selected exclusively by you. All of the information about which teeth are to be whitened will be incorporated into the previously mentioned custom made plastic trays which hold the gel.

Q: Why don't I just go out and buy a whitening kit at the store instead of going to the dentist?

A: Store bought whitening kits do not contain custom made trays inside them. The effects on the gum tissue is detrimental when custom made trays are not used during bleaching. Also, the concentration of store bought gels is very low, and even lower when mixed with saliva, rendering the gel virtually ineffective at whitening teeth.

Q: How long can I expect the whitening to last?

A: Intensive long-range studies have shown that at 1.5 years post-treatment, 74% of the patients were satisfied with the shade of their teeth, and at 7 years, 35% were satisfied (Haywood et al, 1994).

Dr. Anthony Gardelli, B.Sc., D.D.S., recently opened a dental practice in Markham at the northwest corner of 16th Ave. and Markham Rd. (Hwy #48) in the Markham Heritage Plaza. Services include cosmetic dentistry, crowns/bridges, dentures, cleanings, white fillings, veneers, root canals, whitening, and bad breath treatment. For an appointment, call (905) 472-0229. Appointments are available in the early morning, evening and on Saturdays for added convenience.



Spring away from your old habits

Interest rates seem to be in a potentially volatile state. This past week, the U.S. Central Bank boosted its interest rate a quarter of a percentage point. The Central Bank of Canada followed suit with an identical increase in its lending rate. Housing prices continue to increase at a moderate speed, primarily due to supply and demand. There are far fewer houses listed on the market than there are buyers. This causes virtual bidding wars on properties. We should see prices stabilize if interest rates continue to rise.

CREDIT-SEEKING RAMIFICATIONS

The worst thing people can do is to shop a credit application all over town. Remember, every institution runs a credit report when you apply. It does not matter if it's a loan, a mortgage or a credit card - an inquiry is made. If any more than two (some lenders allow three) inquiries show on your credit bureau over the past six months, it is generally an automatic decline, as you are deemed a credit seeker. (Although I adamantly disagree with this, neither you nor I will change the system).

CONSOLIDATE AND GO LONG

A good consolidation can cut your monthly payment output in half. Either you have your first mortgage re-done to encompass your debts, or take out a second mortgage to consolidate. Second mortgages can be provided to 95% of the

value of your home, for any worthwhile purpose. Loans are also available with a maximum five-year amortization. Take as long a term as possible, as it appears to have no room to go but up.

Why CENTRAL FUNDING GROUP?

Prime first mortgages are always 3/4% below posted bank rates, which can save thousands of dollars over the term of the mortgage. Second mortgages are available to 95% of the value without costly C.M.H.C. premiums. Consolidations have been, are, and always will be a specialty. Private mortgages are available at very competitive rates and terms.

IN CONCLUSION

Whatever financial requirements you need, act now. Do not wait until the monthly payments become unmanageable and you start to fall into arrears. Then it will be too late. We are committed to "fast, professional service" with your specific needs being our primary concern. I would like to welcome our two newest members, Janet McBean and Clinton Harris to our team, and wish them a long and prosperous career with Central Funding Group.

Till next time,

Glen A. Campbell

READY MADE CURTAINS

Great selection
Lace, Tabs, Sheers, Panels
30% off selected patterns

Queen's Pantry
176 Main Street
Unionville, (905) 477-4625
www.queensbridge.com

SINCE 1947

edmunds

roofing
vinyl windows
eavestrough & siding

472-0276

Free Estimates
MARKHAM

SUPREMO VINO

Great pride in making your own wine

Vintage only \$89

28 Red or White Wines

per batch of 30 bots. of 750 ml (\$2.97/bot.) incl. bottles, labels, corks, caps and tax

Lockridge Plaza #10
50 Lockridge Ave. (off 16th Ave./W. of Warden Ave.)

905-947-9191

Valid while quantities last. Offer expires Mar. 31, 2000
Not to be combined with other offers

Entertaining

Special Event Decorators
And Your Everyday
Floral Needs

Martha Reesor

visit our website
www.entertainingxtras.com
Tel: 905-882-4835

MARKHAM FURNITURE

REAL FACTORY OUTLET
AT REAL FACTORY PRICES!
QUALITY BUILT SOFAS

- Lifetime Warranty on Solid wood frame & coil spring construction
- 25 Years Experience in custom upholstery & reupholstery

CALL: 947-9575

1001 Denison St., #12, Markham
www.puresavings.com/Markhamfurniture

Your water and indoor air health specialists

Stinky Tap Water

Whole home and kitchen carbon block water filters will remove the algae, stink, chlorine, chemicals, heavy metals and parasites.

Helpful advice - Up-to-date solutions

Healthy Body Now

905-470-2259