

WHAT'S FOR DINNER?

Our frozen dinner entrée this week is pot roast in gravy. These are made with blade eye roasts, sliced and packed with enough gravy for your mashed potatoes - the natural accompaniment it seems to me. This entrée will serve at least 3 and quite likely 4. Reg. 12.95

25% OFF

TRIPLE CHOCOLATE BROWNIES

It's a good brownie that calls for a 1/2 lb. of pure chocolate per 9" x 12" pan. But when you use one and a half pounds of the best chocolate to make a pan - and then drizzle it with white chocolate, you've got a serious brownie. A couple of hints: (a) We sell them in large squares - you may wish to cut them smaller and (b) They have the best flavour at room temp. or slightly warmer. Reg. 1.99 square.

1/3 OFF THIS WEEK

THIS WEEK IT'S BROCCOLI!

Eat up your vegetables folks! We have great Broccoli this week at the easy to digest price of ...

99¢ BUNCH

FLORIDA RED GRAPEFRUITS

Our grapefruits have been great this year, and these are no exception. They are size '32' which is large and they're full of juice.

2/99¢

BARTLETT PEARS

Although I'll eat any pear and enjoy it, my family loves Bartlett Pears. If it's not a Bartlett, don't bring it home! So this week, it's Bartlett Pears arriving from Argentina. They're size '90' which is nice and large. Enjoy them!

99¢ lb.

FRESH PEACH PIES

It's really great to be able to enjoy a taste of summer even now. And speaking of taste, we use Cling Peaches (which have an edge in flavour) and delicately season them to what I think is peach pie perfection.

Large 9" size
Reg. \$9.95

25% OFF THIS WEEK

OUR DELI ROAST BEEF

Next to our assortment of hams, this is our best-selling deli meat. The reason is (a) we cook it pink, (b) we use the centre cut of an inside round rump roast and (c) we trim it lean. Although most use it for sandwiches, try it at room temperature with some good olive oil and balsamic vinegar.

Regular 9.95/lb.

5.99 LB.



BOERWORS

This is a South African sausage that is quite unique. The main ingredients are pork and beef with coriander, nutmeg, cloves and some red wine vinegar.

We'll have two of our sausages on sale this week, the second being our sage & onion. Enjoy either or both of them.

Regular 3.99/lb.

1/3 OFF THIS WEEK

BABA GHANOUCI

Are you ready for this? It's a delicious eggplant-based dip from the Middle East. The main seasonings are coriander, sesame and a drop of lemon.

Regular 1.79/100g **1/3 OFF** THIS WEEK

SOUTH AFRICAN MANGOES

These are size 8's or 9's (really large) and have a bit of give so they'll be ready to eat fairly soon. If you've been hankering for a good mango lately, come and get em. They're good.

99¢ each

FROM OUR MEAT COUNTER

* We have a good supply of frenched veal chops (world famous) which are usually in short supply and go very fast - 12.95 lb.

* We also have a good supply of 'Canada Prime' sirloin steaks @ 6.95 lb. This is a new grade of Canadian beef which is the next grade up from 'Triple A!' (it represents about 1% of the beef market)

6.95 lb.

ARE YOU GOING TO SKATE FOR A FRIEND?

No doubt you've seen the posters publicizing this event. What it is, is an evening of skating (and eating) entertainment which will take place this Saturday evening at Centennial Arena which was donated by the Town for this event. All of the money will go to The Canadian Cancer Society which is, as you know, a very worthwhile cause. There are a few tickets left at our store at \$25.00 each.

What were you going to do Saturday evening?

Residents lobby for clean air in Stouffville

From page 1.

told Joyce Frustaglio, the region's no-smoking task force chairperson.

Fullerton stressed the importance of the link between democracy and choice.

Instead of copying such places as Toronto, Peel, Peterborough, Waterloo, Vaughan, Guelph and the province of British Columbia where all-out smoking bans are enforced, Fullerton suggested York Region work with restaurants and bar owners to come up with other ways to reduce the ill effects of tobacco smoke.

Air filtration units, designed to eat smoke, are available for \$20,000. They can be rented for between \$300 and \$500 a month, Fullerton added.

A vast majority of the public supports a smoking ban, Herrick said; people know smoking is linked to cancer, respiratory disease, heart disease and sudden infant death syndrome. As well, people are aware that second-hand smoke is a health threat: in Canada, more than 300 non smokers die each year from lung cancer attributed to exposure to tobacco smoke.



BRUCE DAVIS: Smoking bans don't hurt business.

A recent survey shows "90 per cent of the people want such public places as hockey arenas and recreation centres to be smoke free, while seven out of 10 support smoke-free restaurants and bars", Herrick said.

When setting smoking laws, governments must make sure the rules are fair, said consultant Bruce Davis. Many people wrongly believe smoking bans cause a negative economic impact on local business, he added.

However, Fullerton countered that many restaurants in smoke-free municipalities in Ontario report profit drops.

It's an abhorrent situation in Stouffville. The smoke is poisoning the children.

If the task force's timetable is adopted, restaurants and bowling alleys in York will be smoke free by June 2001; while billiard halls and bars will be smoke free by June 2004.

The decision to go smoke free will be made at the municipal level. Whitchurch-Stouffville council will eventually make the call.

Stouffville restaurants reek with smoke, said Youth Fight Tobacco founder Simon Strelchik. "It's an abhorrent situation in Stouffville. The smoke is poisoning the children," he said.

Even though the vast majority of students want a smoke-free York Region, the attitude in the business community is hampering the process, Strelchik suggested. "Businesses are addicted to tobacco," he said.

Chamber of Commerce president Helene Johnson took exception to these comments. She pointed out that Stouffville has smoke-free restaurants, including Tim Hortons and McDonald's.

Johnson stressed that business is not the villain in the to-smoke-or-not-to-smoke debate. The material used to teach children the ills of smoking needs to be given out in kindergarten. "If they wait until grade 4 or 5, it's too late," Johnson said. "I'm not in favour of smoking. But tobacco is not a banned substance. We have to be mindful of that."

Stouffville resident John Hall cautioned the members of the task force not to be swayed by the business community's insistence that a smoking ban will spell economic disaster. Recent studies show profits go up in smoke-free establishments, said Hall.

Nick Pasquino, a York Region student trustee, said children need to have a clear idea of the rules. "I urge you to act in a clear and concise manner when it comes to smoking rules."

Ruth Burkholder, president of the Markham Board of Trade, charged the task force with having a narrow focus and not offering alternatives to a 100-per-cent smoke-free law.

"This is a very biased task force. It is not a fair process," said an angry Burkholder.



DR. TROY HERRICK: Public supports a smoking ban.

VILLAGE GROCER
QUALITY FOODS

SPECIALS IN EFFECT UNTIL CLOSING SUNDAY FEBRUARY 27

Hours:

Mon. Thurs 9:00 - 7:00 Fri. 9:00 - 8:00 Sat. 9:00 - 6:00 Sun. 10:00 - 5:00

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