

## OUR MARINATED FLANK STEAKS

One of the reasons that our store has become a popular spot to buy meat is the interesting variety of very unique products which we have developed. Not only do we sell the original items, we sell them seasoned and ready-to-cook if you so choose. Our Marinated Flank Steak is such an item. They've been marinated in our own homemade sauce and they're ready to B.B.Q. or broil. One steak usually serves 3 or 4. Reg. 6.99/lb.

**25% OFF THIS WEEK**

## APPLE CRISPS

Boy, we haven't featured these in a long time - it's like Haley's Comet - it just happens once in a while. The news is that we have a couple of new flavours: sour cherry and apple, wild blueberry with apple, as well as cranberry, apple and orange. They're a quick dessert which you just bake while you're having your main course. Reg. 8.95 each

**25% OFF THIS WEEK**

## VINE TOMATOES

These are the best tomatoes that we sell. They have the just picked summertime garden flavour because they are ripened on the plant - not picked green then artificially ripened. When they usually cost more is that they are shipped from sunnier climates by air - it's what you have to do if you want flavour!

**2.99 lb.**

## FRESH ASPARAGUS

When I was in the Lansing store the other day, Bob Silver from the contractor's desk said "I wish I knew you were coming, you could have brought me some of that asparagus. It's a great price and my wife just loves it!" I assured him that we'll have more this week - same deal. So if you missed out last week, or you just want more come, and get it!

**2.99 lb.**

## GLAZED LEMON LOAVES

The last time we featured our lemon loaves, it was only those with either cranberries or wild blueberries - and it caused a bit of confusion because folks were looking for these. I've now repaired the situation and the glazed ones are on feature this week.

Reg. 3.99 ea. **1/3 OFF THIS WEEK**

## EGGPLANT DIP

This is a great dip for veggies and some of the more robust chips but I love it as a spread, especially on a chunk of Manoucher's baguette which has been slightly warmed.

Reg. 1.79/100 g. **1/3 OFF THIS WEEK**

## LOOKING FOR SOMETHING SWEET FOR VALENTINE'S DAY?

We'll have a good selection of neat desserts and sweet treats for Valentine's Day (not too much this week but lots next week).

## FRESH TULIPS

These are locally grown in a wide variety of colours and styles.

Bunch of 5 **2.99 ea.**

## THIS WEEK IT'S CAULIFLOWER!

Eat up your vegetables folks! We have great cauliflower this week at the very digestible price of...

**99¢ ea.**

They're beautiful!

## SAGE & ONION SAUSAGES

Although these are really good Bar-B-Que'd, they're equally good pan-fried or oven roasted. Think of them as a smaller version of our stuffed porkloin roasts. The ingredients are the same and the flavour is just as great. Also if Garlic doesn't agree with you, this is one of two sausages we make which doesn't contain garlic.

Reg. 3.99 lb.

**1/3 OFF THIS WEEK**

## BONELESS SIRLOIN STEAKS

OR ROASTS

These are either grade AAA or Canada 'Prime' sirloins that we prepare in either steaks (no end cuts) or roasts. Sirloin is not the most tender cut, but it certainly has a following - especially for the flavour. There is not an endless supply, so when they're gone, they're gone.

**4.99 lb. THIS WEEK**

SPECIALS IN EFFECT UNTIL CLOSING SUNDAY FEBRUARY 6

Hours:

Mon-Thurs 9:00-7:00 Fri 9:00-8:00 Sat 9:00-6:00 Sun 10:00-5:00

548 Carlton Road, Unionville

940-1770



STAFF PHOTOS/JOERD WITTEVEN

(Clockwise from bottom) Denise Chau, Courtney Niven, Carly Donaldson, Alicia Sheobaran and Chrissy Jones of Kicks Dance Studio in Markham will perform as part of the NHL Fantasy 2000 show.

## Hip hop heroes

BY FRED SIMPSON  
Staff Writer

It's probably one of the most prestigious events we have ever been asked to participate in, is the way Kicks Dance Studio owner Jo-Ann Bryson puts it.

She was referring to 45 of her students who have been selected to perform at the NHL Fantasy 2000 show this week at the Metropolitan Toronto Convention Centre.

"We're all very excited about it," said Bryson. Heading the Kicks cast will be 20-year-old Courtney Niven, Bryson's daughter.

She will be performing and choreographing the two Saturday and Sunday half-hour slots at 4:30 p.m. and 11:30 a.m. respectively on the centre-ice stage of the convention centre.

"It was Courtney who paved the way for us to audition for the show," said Bryson.

Bryson said the audition was to take place at the Young Peoples Theatre "on a night when we couldn't make it".

"We decided to send a video tape instead and hope for the best. We were competing against some of the top hip hop dancers in Canada."

Two weeks went by and Bryson and her students figured they had lost out.

Then came the big news. "The casting director contacted us and said she had been blown away by our tape," said Bryson.

"The director was so impressed she decided to give us the entire slot. She even asked Courtney to choreograph the whole show."

The Kicks dancers will be called on to perform six different dances.

## THOMPSON'S Fine Furniture & Interiors STOREWIDE SALE UP TO 40% OFF

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