

PARENTING: *Children have emotional and psychological needs*

Figuring out your kids made easier with TIPS

Most of us want to raise decent, responsible children but, at times, we wonder whether we are doing the right thing.

No matter how well things may be going, we are bound to occasionally run into unavoidable frustrations or worries and we want to deal with them in ways that will get positive results — things like sleep or eating problems, temper tantrums, children behaving aggressively, children not doing well at school.

At times, all parents feel successful; at other times frustrated and inadequate.

Oxford Learning Centre and York Region Families, a special section of the *Markham Economist & Sun / Stouffville Tribune*, are pleased to offer TIPS (Time-In-Parenting-Strategies), a full-day workshop lead by Dr. Otto Weinger and Families columnist and parenting expert Barbara Burrows.

TIPS helps parents learn more about their children's emotional and psychological needs — needs children may not be able to express in words.

The TIPS workshop offers parents a unique opportunity to explore specific and unique child-rearing questions, as well as information on general child development.

Parents will be shown ways to help their children reach their greatest potential, without using punishment, consequences and time-out techniques.

Weinger is a professor at the Ontario Institute for Studies in Education and author of 11 books, including *TIPS Time In Parenting Strategies*.

Syndicated columnist Barbara Burrows is one of Canada's leading parent experts and founder and publisher of *Parent to Parent*, Canada's only parent magazine that focuses exclusively on building psychological health in families.

The TIPS workshop is Oct. 16 from 9:30 a.m. to 4:30 p.m. at Oxford Learning Centre, Newmarket.

The cost is \$95 per person or \$150 per couple. Lunch is included and participants receive a copy of the book TIPS. Call Oxford Learning Centre at (905) 954-1100 to register.

Flyer WATCH

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 On page 7 of the HEALTHWATCH (PharmExpert) Bulletin in effect from Sunday, October 10, 1999 to Saturday, October 16, 1999 distributed with the Shoppers Drug Mart flyer the Pronto Lice Killing Shampoo Kit will not be available due to regulatory difficulties.
 We apologize for any inconvenience this may cause.

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