



The GARDEN BASKET®

FOOD MARKETS

"Quality & Freshness Since 1929"

Prices in effect Wednesday, July 14, 1999 until closing Tuesday, July 20, 1999



"FRESH FROM OUR GARDEN TO YOUR BASKET"

Quality Fresh Produce

	Product of USA Sweet N' Juicy Cantaloupes (Code 7205)	.99 ea
	Ontario Fresh Sweet New Crop Peaches N' Cream Corn	1.99 pkg
	Ontario Grown Fresh N' Crisp Head Lettuce	.69 ea
	Fresh From the Tropics Bananas	.39 lb
	Ontario Fresh Summer Sweet Bunch Spinach or Bunch Carrots	.99 bunch
	Ontario Grown Tender-Fresh Zucchini	.79 lb
	Ontario Fresh Large Size Pickles New Drop	1.99 basket
	Ontario Fresh Green Onions	2/1.00

Oven Fresh Bakery

	Delicious White Chocolate Raspberry Mousse	2.19 8 cake
	Great for Pasta Salads Fresh Mixed Fusilli	.90 100g
	Fresh from Our Oven Egg Twist Bread	1.59 loaf

The Butcher Shop

	Ontario's Finest Poultry Fresh Chicken Drumsticks	.99 lb 2-18 kg
	Cut from Canada Grade AA-AAA Beef Sliced Thin Beef Leg Cutlets	3.99 lb 8.80 kg
	Cut from Canada Grade AA-AAA Beef Beef Bone-In Blade Steak	1.99 lb 4.39 kg
	Our Very Own Great Canadian Beef Burger	6.99 -box 1.02 kg
	Fresh Ground Chicken	1.99 lb 4.39 kg

The Butcher Shop
Inquire with our Meat Manager about the availability of your favourite meats & fish at 471-0777. All our meats are Canada Grade A government inspected.

Fresh & Frozen Seafood

	Ocean Jewel Shell-on Shrimp Sizes 51-60	7.99 454 g bag
	Fresh Small White Atlantic Salmon	3.49 lb 7.69 kg

The Delicatessen

	Citidy Smoked Turkey Breast	6.99 lb 1.54/100g
	Flavoured Havarti Cheese	5.99 lb 1.32/100g
	Pillars Hungarian Salami	6.99 lb 1.54/100g
	Brandt Honey Ham	4.99 lb 1.10/100g
	Siena Porchetta	6.99 lb 1.54/100g

Brand Name Groceries

	Perf Plus 2 in 1 Shampoo	5.99 1L Bottle
	Old South Frozen Concentrated Orange Juice	.99 355 mL
	Kraft Salad Dressing	1.99 475 mL
	White Swan Bathroom Tissue	1.99 8 Roll
	Montclair Multipack Spring Water	3.49 6x1L
	Kraft Peanut Butter	3.99 1kg
	General Mills Regular, Honeynut or Apple Cinnamon Cheerios	2.99 ea 525g 575g
	Pop-Secret Popcorn	1.79 255g 310g
	Golden Graham Treats	1.99 175g
	Bugels Corn Snacks	1.69 142g-170g
	Value Packs Yoplait Yogourt	3.99 16x100g
	Kraft Mayonnaise	2.69 750 mL
	Lays Potato Chips	1.49 170g
	Coke, Sprite or Canada Dry Soft Drinks	3.69 12x355 mL 2L Bottle 1.19

NUTRITION FACTS... FOOD SAFETY
Preventing Food-Born Illness
• Avoid cross-contamination through sanitation and cleanliness.
• Thoroughly wash hands, utensils, and food-cutting areas with soap and warm water before and after food preparation.
• Do not reuse a dish, cutting-board or counter area that raw meat has been on until after washing it with hot soapy water.
• Don't leave cooked food at room temperature for more than 2 hours.
Source: Nutrition for Healthy Living, Marcy J. Leeds

BUSINESS HOURS
 WED. JULY 14: 8 am - 9 pm
 THURS. JULY 15: 8 am - 10 pm
 FRI. JULY 16: 8 am - 10 pm
 SAT. JULY 17: 7 am - 8 pm
 SUN. JULY 18: 9 am - 6 pm
 MON. JULY 19: 8 am - 9 pm
 TUES. JULY 20: 8 am - 9 pm
 9275 Hwy. #48 (905) 471-0777
 16th AVE. #1 Hwy. 7
 9275 Hwy. #48

* We reserve the right to limit quantities. No refunds. Savings based on regular prices of conventional The Garden Basket Food Markets. Although we strive for accuracy in both copy and illustrations, errors may occur. We reserve the right to correct any errors. * Specials only available while quantities last. * Some photos are representative.

(905) 471-0777