

LIVING

Honouring their fathers

Youngsters reveal what they love about dear old dad, and some Father's Day secrets.



SHAWN LINCH



THEODORE TSANG



SARA MCQUIRE



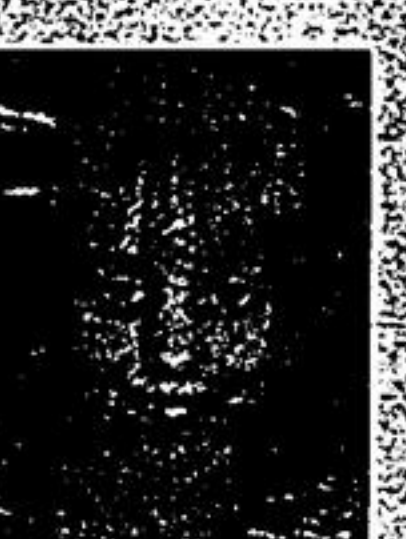
ARMAAND JHINGHN



ALEC MCCLEAVE



DAVID TRAUNERO



SIMONE HYTINEN

BY JOAN RANSBERRY
Staff Writer

Fathers are like snowflakes — no two are alike and each is the best.

In keeping with tradition, we set aside one day a year to honour our fathers, and tomorrow is the day.

When it comes to Father's Day, the children across York Region are ready.

A handmade clay box, complete with an inscription, says it all: "I wrote Papa on it. That's french. It means daddy," said Sara McQuire, a Grade 1 student at Dickson Hill Public School in Markham.

When you're a dad, apparently you're a dad forever. "Except, when you turn into a grandfather. Then it stops," Sara explained.

Megan MacKay, 7, isn't sure if her father likes being a dad. But, the Dickson Hill student is pleased he took the job.

"His name is Dan. He's good to me and my little brother. I'll give him a present. I'll spend \$20. That's all I've got," Megan said.

Theodore Tsang, 6, will give his dad a flower tomorrow. "I haven't made up my mind but I think it will be a daisy," said Theodore, in Grade 1.

Theodore is proud of his daddy. "He works in drugs," Theodore said. "He goes everywhere on airplanes. He goes to Ottawa. That's where the sick people are."

When the senior Tsang is globe trotting in the name of medicine, Theodore isn't left to fend for himself. "I have a dog... and I have a mother."

Much thought has gone into Shawn Linch's Father's Day gift.

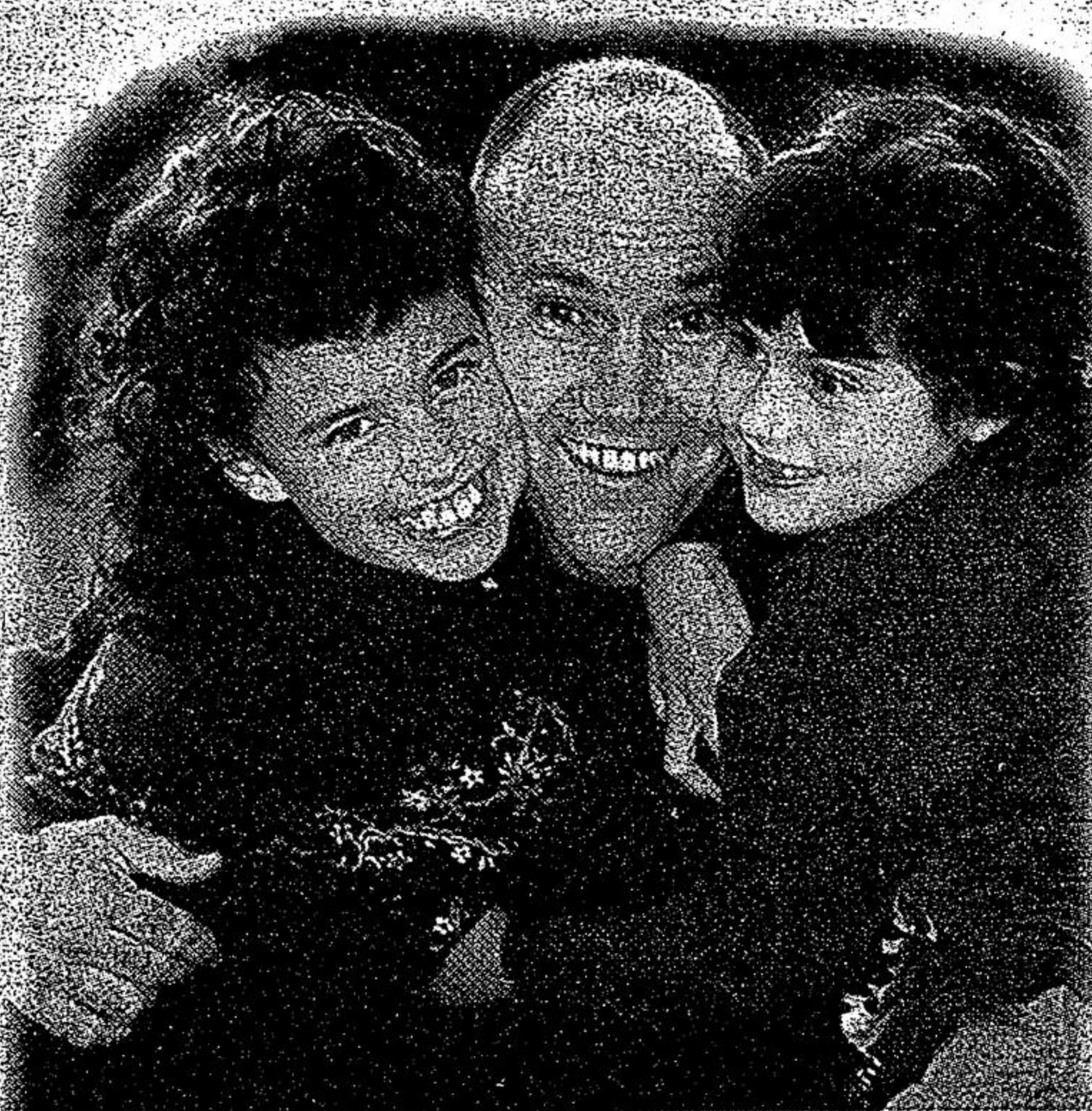
"I'm buying daddy new socks," said Shawn, 6. The Reesor Park Public School student has a clear mental picture of the new socks.

They will have tiny little small stripes going this way and that. I think I'll pick blue. A dark blue, not the light blue ones. The socks will come below his knee. Daddy will wear them so they look the same. And, the feet will be in them. I'll give him the socks in the early morning so he can wear them all day.

Beginning tomorrow, Meredith Berggren's father will be a new man. "He's getting a bow tie. It will be beautiful. It will have many colours," said Meredith, in Kindergarten at Reesor Park.

Meredith added, "My daddy is nice to people but he's best to me. I don't get to see him when he plays squash. When he's away, I wait."

Armaand Jhinghn's father will get the royal treatment on one condition. "He has to be sick," said Armaand, 5.



STAFF PHOTO/STEVE SOMERVILLE

Richmond Hill dad Rob Klützler gets huge Father's Day hugs from daughters Vera, 9, and Sonya, 6.

"I'll make him toast with butter, jam, peanut butter, bananas and eggs, cold cereal and as much water as he wants."

And after this hearty breakfast, sick or not, it'll be party time at the Jhinghn house in Markham. "We'll cover the floor with balloons. I'll take a sharp knife and pop them. My daddy says I'm a good popper. Daddy will sit there and watch me and he'll laugh and laugh," said the Reesor Park Kindergarten student.

While mommy keeps a close eye on her stove, Alec McCleave will whip up some bacon and eggs early tomorrow morning. It will be a special treat for daddy.

"Don't worry, I'll use a frying pan," said the Kindergarten student.

Father's Day is all the buzz at Stonehaven Elementary School in Newmarket. An old-fashioned tea party complete with well-brewed English tea is common at the Quarella home.

"And the guest of honour is always daddy," explained Grade 1 student Candice Quarella. "He bakes with me and then we have the tea party," Candice said.

Meanwhile, David Traunero said he'll give his daddy "a big hug" tomorrow. "And, I'd like to get him a new printer. But don't tell him."

Stuart Tyers, 7, has an excellent reason to hon-

our his father tomorrow. "He reads to me before bed and he listens to me," Stuart said.

Stuart's father can expect his life to change in about 20 years. "He'll stop doing dad stuff and be a grandfather. I'll be the dad then," explained Stuart.

A hand-drawn picture is hidden away in a secret place in Jaqklyn Cunningham's Newmarket home. Of course, it's daddy's present.

"He won't know where to find it. I drew it. It's very nice. Daddy will look at it and he'll say it's very nice."

Doug Nadeau of Newmarket will celebrate Father's Day in style, thanks to son Daniel, 6. Doug is getting a new shirt for Father's Day. Daniel has it all planned. "It will be a real shirt and he'll wear real pants," said Daniel.

"After daddy puts on the shirt, he'll go to the basement and paint."

Richard Occhipinti of Newmarket will have happy feet for Father's Day. He's getting a brand new pair of shoes, compliments of son Richard.

"I'm getting him black shoes and big shoes," said Richard, 6. "I love my dad a lot."

At high noon tomorrow, Carly Sythes will be in the kitchen. And cause it's Father's Day, daddy gets a free lunch. "I'm giving him bread, Carly said. Her father will deserve every crumb. "He's very kind. He gets me a Band-Aid when I'm hurt," said Carly, 5.

Simone Hyttinen, 6, is a little worried about her dad. "He spends too much money. He wastes all of it on me. He even bought me a Scoobie Doo movie," said the Grade 1 student.

Father's Day did not go unnoticed at Whitchurch-Highlands Public School.

Grade 1 student Myles Fisher was forced to put his plan together at the last minute. "Daddy gets a Father's Day card and her grandfather gets a box of chocolates. But Myles has a bone to pick with his mother. "I didn't know about this until right now. I need to be told things," said Myles, 7.

Dale Wideman knows how to show his children they're loved. "Daddy holds me upside down," said Amber, 7. "He holds my sister upside down too, but he doesn't do that to my mommy."

Grade 1 student Reese Garth notices when his father chauffeurs him about.

"He drives me to birthday parties. On the way, daddy tells me things will be all right. He gets me to the parties and he remembers to come back," said Reese, 6.

Jackianne Abbeys dad won't forget this year's Father's Day. "I'm giving him a steak. I'll order it either medium or rare," said Jackianne, 7.

—Photos by Joan Ransberry



DANIEL NADEAU



JAQKLYN CUNNINGHAM



MYLES FISHER



AMBER WIDEMAN



CARLY SYTHES



REESE GARTH



JACKIANNE ABBEY

INSIGHT INTO EYESIGHT

DR. H.H. WALJI, (Bons, BSc, MSc, OD, FIOS), OPTOMETRIST

DO YOU SUFFER FROM DRY EYES?

Dry, red, itchy, burning, watery, tired eyes could be symptoms of what is called Dry Eye Syndrome.

Dry Eye Syndrome is a disorder of tear deficiency or lack of tears on your eyes that leads to the

above symptoms. There are five common causes: An overactive tear drainage system; Aging eyes naturally become dry eyes; Dry working, recreational and home environments; Contact Lense wearing; Medications such as antihistamines and beta blockers. Depending on the severity of

your problem, the common range of options are supplemental artificial tears and tear gels.

At best, artificial tear eye drops or even tear gels can only temporarily soothe symptoms of dry eyes. They have to be applied several times during the day and night.

A safe and effective, but less well-known treatment is using small well-fitting tear plugs to close your overactive tear ducts. By blocking the tear drainage ducts, more natural infection-fighting tears

bathe and soothe dry eyes. This non-surgical method is the most effective way to provide long-term relief of your dry eyes.

In the interest of your better Eye Health, from the practice of:

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