

**BONELESS
RIB EYE
ROASTS**

We sell a disproportionately large number of prime rib and rib eye roasts in our store. They are a reliably good roast, largely because we hand pick every one that comes into the store. If one is sub par in eating quality ~ there is no one to blame but me (Evan). I get up early and go down to the meat packing plants with my meat stamp and go through the rails of beef in each of four different plants. Sometimes I find many of our quality ~ sometimes only a few. Last week I found so many that I got carried away, and stamped a lot ~ I mean a lot of them. The boys (and girls) at the store think I went overboard. My solution is simple ~ we'll put them all on sale at 20% off this week ~ steaks or roasts. Come and get them while they last!

Roasts reg. 8.95 lb.
Steaks reg. 10.95 lb.

20% OFF THIS WEEK

**HAWAIIAN
PINEAPPLES**

We normally sell only the DelMonte super-sweet golden pineapples. They're great ~ but in the times when they are in short supply (which is often) they can be anywhere from 5.99 to 7.99 ea., depending on the size. This week we were able to buy some Dole genuine "Royal Hawaiian" pineapples. They are great eating ~ Full of flavour and sweetness.

Extra Large Size

3.99 each

**OUR WILD BLUEBERRY
SAUSAGES**

When we made these originally the response was so-so at best, until people tried one or two and returned for quantities.

No surprise though ~ they are really good. We use fresh pork, wild blueberries and a touch of maple syrup. Reg. 3.99 lb.

1/3 OFF THIS WEEK

**SPANISH NAVAL
ORANGES**

These are extra-large size 42's (really big.) They're full of juice and they're really sweet ~ and so is the price!

While They Last! **99¢ lb.**

**FRESH
ASPARAGUS**

It's a sure sign that spring is actually coming (although it doesn't look like it today), when the asparagus starts to be available from the northern hemisphere rather than Peru or points southward. This is from Mexico, soon it will be from California, then Washington and finally from here ~ it's a start! Further, not only do we trim the bottom and display it in water, we store it in our coolers standing in water.

The best care in handling translates into the best eating enjoyment.

2.99 lb.

**DOREEN'S OLD-FASHIONED
MAC AND CHEESE**

If you've never tried one of our prepared dinner entrees, now's the time. Doreen and Jaana prepare fabulous dishes that appear routinely in the deli and/or frozen food section of our store. They are perfect for those evenings when you and your family are busy and hungry, yet want a wholesome, home-cooked meal. Macaroni and cheese, a perennial favourite with everyone, is one of our hottest selling dinners. We use extra-old cheddar (the older the better), elbows and buttered crumbs. All you need to do is pop it in the oven for about an hour. The kids will love it and you will too!

Reg. 9.99 Serves 3-4

25% OFF THIS WEEK

**OUR SOUR
CHERRY
PIES**

Whenever I think of dessert, which is often, I think of the bumper-sticker I once saw which read "Eat Dessert First Because Life is Uncertain."

In that vein we bring you what I think are the best pies we make ~ sour cherry. They're not too sour but they are slightly tart and extremely nice.

Reg. \$9.95 ea. 9" size

25% OFF THIS WEEK

**OUR
GARLIC
BREAD**

We make this garlic bread fresh daily using Vienna loaves. It's great warm with almost anything!

1/3 OFF THIS WEEK
Regular 1.99 ea.

**PEA SOUP
WITH OUR HAM**

I used to cause a lot of confusion by calling this 'French Canadian Pea Soup' because I thought that all pea soup was French Canadian. I have been corrected by our kitchen ladies and I now have it straight ~ it's pea soup with ham. Same delicious soup as before though!

Reg. 4.99 Serves 3-4

25% OFF THIS WEEK

SPECIALS IN EFFECT UNTIL CLOSING SUNDAY FEBRUARY 7
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HEALTH COUNCIL: Doctor fired as chairperson

Doctor questions dismissal motives

BY JENNIFER BROWN
STAFF WRITER

Newmarket's Dr. Carter Thorne wants the Minister of Health to explain why she no longer wants him serving as chairperson of the district health council.

Thorne was shocked to learn Tuesday that Health Minister Elizabeth Witmer will not be renewing his appointment as a member of the Simcoe York District Health Council.

The surprising decision to dump Thorne, along with another unnamed DHC member, has some York health officials wondering if the minister is reacting to recent DHC criticism of political decisions by her government.

Thorne had been appointed as chairperson of the DHC for a three-year term, ending in 2001.

"I just can't believe it was an administrative issue," said DHC director Graham Constantine, adding when he asked ministry staff why Thorne was not being reappointed, he was told it was "the minister's prerogative."

Jeremy Adams of the Ministry of Health would only confirm that four appointments to the DHC expired last month, including Thorne's. He said he did not have any information on reappointments.

Thorne says he has no idea why the province no longer wants him serving in the position.

"I don't know what it is, I really can't say. I'm just baffled by it," he said yesterday. "They don't tell you a thing. I

have drafted a letter to send to the minister expressing my disappointment and saying that I will continue to advocate on behalf of the community."

The DHC has been critical of the provincial government on two well-publicized occasions over the past few months.

In November, Thorne fired off a "report card" to the ministry asking it to follow through on Tory funding promises.

In his letter, Thorne listed seven areas where extra provincial funding had either been announced or recommended, but had not yet materialized.

"Our concern is that, in a growing area like York Region, we have increasing needs and have been promised funds but, in most cases, it hasn't been received," Thorne said at the time.

Former DHC member Dr. Jim Maclean, who served for six years on the council, says the decision not to continue Thorne's term is unfortunate.

"I think it's a shame," said Maclean, acting president of Markham Stouffville Hospital. "I think Carter was an excellent chair for the DHC and a real visionary, committed to high-quality health care. This does a real disservice to all of York Region and Simcoe County."

The DHC will hold its regular monthly meeting Monday night and members will decide then how they will fill the position of chairperson.



Pat Robinson
CIP

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