

## BONELESS CHICKEN BREASTS WITH PORCINI MUSHROOM SAUCE

From our Entré Freezer this week we'll have our Chicken Breasts in Porcini Cream Sauce available. Jaana poaches our free range boneless breasts in white wine and chicken stock, slices them and then drowns them in this delicious sauce.

Is it Good? You Bet!

Regular \$14.95  
Serves 2-3

**25% OFF**  
THIS WEEK

## QUEEN ELIZABETH CAKE

We were digging through Doreen's 'Archives' a couple weeks ago and came across this old-fashioned family recipe that I'm sure has been a favourite in many a family.

It's a moist lightly-spiced cake using some pecans and dates - topped with a melted mixture of brown sugar, cream, butter and coconut. Fit for a Queen!

8" size  
Reg. \$12.95

**8<sup>95</sup>**  
INTRODUCTORY PRICE

## POTATO AND LEEK SOUP

This is one of our most popular soups - and good news - we've purchased a new robot-coupe food processor of an industrial size to make sure that we can make adequate amounts, hitherto a problem for us.

Jaana, our soup diva (and summertime salad diva) starts with potatoes and leeks which are cooked in stock, seasoned with Pernod and white wine and then pureed in her new machine which in her words does "an awesome" job. The result? Awesome potato and leek soup in great quantities - and this week at an even greater price!

Reg. \$4.99 ea.  
Serves 4

**25% OFF**  
THIS WEEK

## OUR HOT PEPPERETTES

We use lean beef and lean pork, a good number of chilis, lots of black pepper, some salt and we then smoke them. They've got lots of spark so it's best to be close to something cool... maybe a beer?

8" Size.

**2/99¢**

## BERETTA ARBORIO RICE

The Northern area of Italy is largely comprised of the Po River Valley, the Po River joining the Adriatic Sea at Venice. In this large fertile plain much is grown, but especially Arborio Rice. What makes this rice unique is its shape (more rounded kernels) and its more glutinous texture once it's cooked. The main dish that it's used for is to make 'Risotto'. This dish is a slower-cooked one which absorbs a large amount of broth and basically the flavour of whatever you introduce to it. While many famous recipes exist (Risotto Milanese is one), we suggest Risotto with Porcini mushrooms, the new crop now being available. We have recipes for Risotto with Pocini (the most heavenly mushrooms) and three others available, including Milanese. We hope you enjoy them.

500 g Reg. \$2.99 pkg.  
1 kg. Reg. \$5.99 pkg.

**1/3 OFF**  
THIS WEEK

## JAANA'S PORCINI SAUCE

This is a creamed Porcini Sauce made in our kitchen. Although we sell it as a pasta sauce, its great with a grilled steak, roast or grilled pork and roast or grilled chicken. Try it with almost any meat and you'll be pleasantly surprised.

Reg. \$6.99 ea.

**25% OFF**  
THIS WEEK

## OUR PUMPKIN LOAVES

The coffee (or tea) cake of the season. It's made with pumpkin and it's wonderfully spiced. Baked daily in our bakery.

Reg. \$3.99 ea.

**1/3 OFF**  
THIS WEEK

## PORCINI MUSHROOMS

When you mention these mushrooms to anyone from the Northern Appenine region of Italy, I guarantee you that their eyes will light up. They are a sacred part of their cuisine (to test my theory, ask Arnaldo at our meat counter!).

They are available to us in dried form only, usually in small packs of 20 or 30 grams (they go a long way) and in this case with no stems - just the head of the mushroom.

(As a guide, they reconstitute to 15 times in volume).  
Reg. \$7.95 pkg 30 g.

**1/3 OFF**  
THIS WEEK

## NEW ZEALAND ORANGE ROUGHIE

The Canadian Fisheries Chart lists Orange Roughie as having the lowest fat content of all listed fish. We list Orange roughie as one of the most flavourful and versatile fish available. The fillets, which are boneless, come in generous serving sizes and are just the thing to have if you're planning an indulgent dessert.

## COCOA-BARRY BAKING CHOCOLATE

As a confirmed chocoholic I can assure you that there are many, many qualities of chocolate. Some is extended with filler, some is so artificial that you can actually taste the impurities. Some has such a low cocoa content that it doesn't appear on the label. Cocoa-Barry is the chocolate that we use in our kitchen - it's as good as it gets. This chocolate comes in large slabs which we (I) cut into usable chunks - and sample the crumbs, just to make sure! It can be used for anything you use chocolate for - including eating it straight from the block. Available in white, milk or dark.

Reg. \$7.95 lb.

**25% OFF**  
THIS WEEK

## OUR ITALIAN SAUSAGES

~ SWEET OR HOT ~

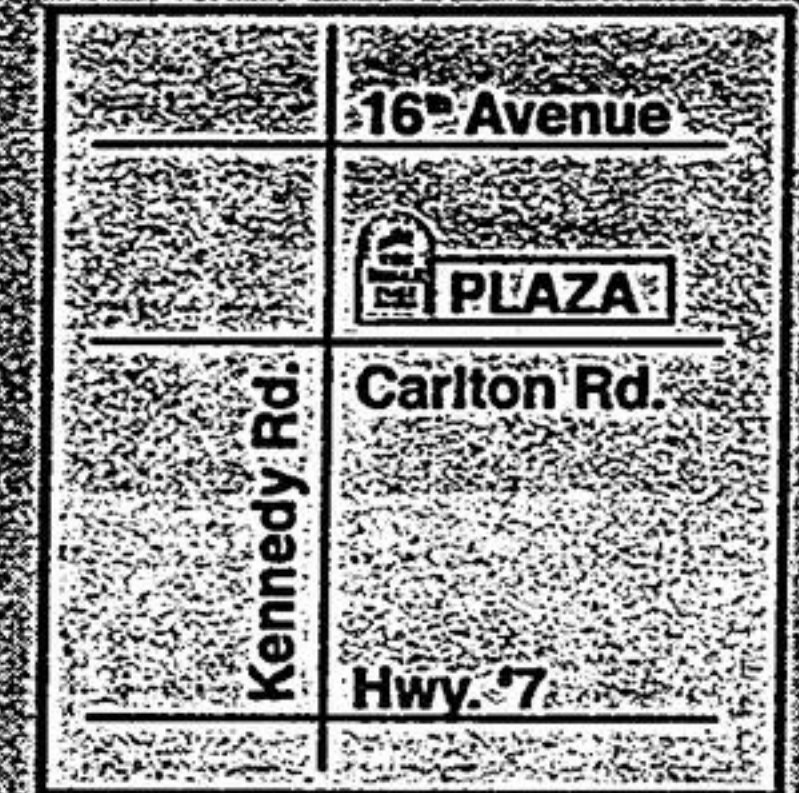
These are the Italian sausages to have! We use coarse-ground fresh pork, fennel, rosemary, garlic and pepper. Put the bite on some this week and you'll be back for more.

(The hot are really hot).

Reg. \$3.99/lb.

**1/3 OFF**  
THIS WEEK

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