

Make children understand that you are in control

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■ Briefly explain to the child what he has done.

■ Avoid long lectures or spanking.

■ Give the child quiet time to think about how she misbehaved.

■ Give him no interaction during "time out" and nothing interesting to do.

■ Make it clear who is in control.

The paper also states that if the child attempts to leave the time-out place, parents should make him return, and then reset a timer. (Time out should last about one minute for each year of the child's age.)

Eric Kirsh, supervisor of special resources with the Jewish Family and Child Service, is responsible for child abuse investigations. He says that the discipline must fit what the child has done and must be immediate, effective and meaningful to the child.

Sending a boy or girl to his or her room can actually backfire, since it may turn out to be a fun place to go.

He'll lose sight of why he's being

disciplined," points out Kirsh.

Age is also a factor. "Spanking is never age appropriate. No child should be hit, and no adult should be hit. But parents must discipline in an age-appropriate manner," Kirsh says.

The Jewish Family and Child Service formalized its position on discipline in a 21-page booklet in 1993.

"What we're saying to people," explains Kirsh, "is there's a real distinction between discipline and punishment. Punishment, on the other hand, usually involves some kind of external force or external control."

The booklet, entitled Physical Punishment of Children Position Paper, can be obtained in suite 318 at

The Promenade mall. It describes methods used to train children in self-control and loving obedience.

"Basically," clarifies Kirsh, "the goal is to help children accept responsibility for their own actions and to eventually internalize those controls, which cannot be taught through hitting. Hitting only teaches you that, if you're bigger and stronger, you can get what you want in this world."

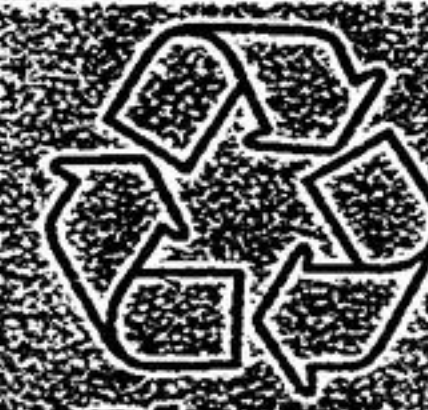
Although spanking is frowned upon, at least in most professional circles, children's agencies would not automatically remove a child from her home if they learned she was being hit. It would depend on the circumstances.

"There's a fine line between appro-

prate discipline and spanking a child, and whether or not the spanking crosses the line and becomes abusive," says Hurst. "We know that some parents spank their children, but that doesn't mean they're being abused. It's when a child is being abused, neglected or harmed that we would then be involved. There's never any black-and-white answer."

Watching a child being spanked in public often leaves the witness feeling bewildered. Is it best to intervene or stand by silently?

"We live in a more permissive society," says Birenbaum. "I think more people would intervene when they think the child is at risk or if the parent is out of control."



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Economist & Sun

Stouffville Tribune



Markham Stouffville Hospital Introduces Our Current Board Officers



David Graham
Chair

David Graham, a Chartered Accountant and Director, Toronto East Tax Services of Revenue Canada, has been a resident of Unionville for 27 years. Participating on virtually every Board Committee since joining the Board in 1990, David has also served as Treasurer and Vice-Chair of the Board. David's many community activities have included the Central United Church, Markham Centennial Community Centre, Unionville Ratepayers Association, Assistant coach for minor hockey and minor softball and assistant cub pack leader.



Marlene Story
Vice-Chair

Marlene Story, a lifetime resident of Markham/Stouffville, is Executive Vice-President of Maple Leaf Food Franchise Operations. Since joining the Board in 1993, Marlene has been a member of Governance and Quality Committees and chaired both the Community Relations and Audit & Finance Committees. As Vice-Chair, Marlene will broaden her scope on behalf of the Hospital. Marlene has also served on the Board of Directors of the Canadian Franchise Association and was elected President of the Association in both 1983 and 1984.



Barbara King
Treasurer

Barbara King, a Unionville resident, joined the Hospital Board in 1996. Barbara has chaired Governance Committee and as Treasurer will chair the Audit & Finance Committee. Her current volunteer activities include St. Justin Martyr Church and Dickson Hill Public School. Barbara is presently a consultant with the Warren Group and teaches finance for the University of Toronto.



Elizabeth Woodbury
Secretary

Elizabeth Woodbury was appointed President and Chief Executive Officer of Markham/Stouffville Hospital on October 1, 1997. Elizabeth was previously the President and CEO of Whitby General Hospital and held positions with The Toronto Hospital and the TD Bank. Elizabeth holds a B. Comm. (Hrs.) from Queen's University and an MHA from the University of Ottawa. She is a Certified Health Executive.

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FOCUS ON FAITH

Spiritual unity group tours country

Upstream - A growing army for reconciliation is coming to the York-Durham area later this month.

This is no sombre political tour, but rather a moving street party, a celebration of unity with music, dancing and drama. A group of concerned citizens set out from the West Coast in June

1995 on a five year pilgrimage for reconciliation right across Canada. Since then they have travelled year round, staying in community after community, making friends, knocking on doors and hosting community events in their mobile theatre - The Band Wagon. Upstream numbered but a half dozen

when they started out, but now has grown to over 30 full time volunteers ranging in age from 2 to 52.

Upstream will be in the Town of Uxbridge Sept. 23-27 and Oct. 4 and will be hosting performances nightly at 7:30 in the Band Wagon in River Valley Parking Area. There is no charge for admission.

The tour is planned to extend till the year 2000, with stops in each community long enough to make friends with residents and long enough to

address the many areas of division that threaten Canadian unity.

All members of this tour are volunteers who share a love for Canada and a determination not to stand idly by while it falls apart. They approach the issue therefore, more from a spiritual perspective than a political one. The members belong to many different churches. This venture is under the auspices of "Upstream Christian Initiatives" Box 158, Surrey, B.C. V3T 4W8, (604) 856-7825.

MARKHAM MISSIONARY CHURCH
Evangelical Missionary Church of Canada

Sunday, September 6th, 1998
10:30 a.m. Pastor Thurton Speaking
6:30 p.m. No Evening Service

Wednesdays, 7:00 p.m.
Prayer & Bible Study Fellowship

Call church for additional program information
5438 Major MacKenzie Dr. East
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(905) 294-5081 (905) 294-5383 (fax)

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THE BAHAI FAITH FROM A-Z

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KNOWLEDGE

God's greatest gift to human beings is their intellect. The pursuit of knowledge is therefore a divine calling and the means for carrying forward an ever-advancing civilization. But the beginning of all things is the knowledge of God.

For further information about the Baha'i Faith please call Feriala at 905-771-8171 or 1-800-433-3284

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