

# Best of Markham

## Markham Warehouse Outlet

### MARKHAM WAREHOUSE OUTLET

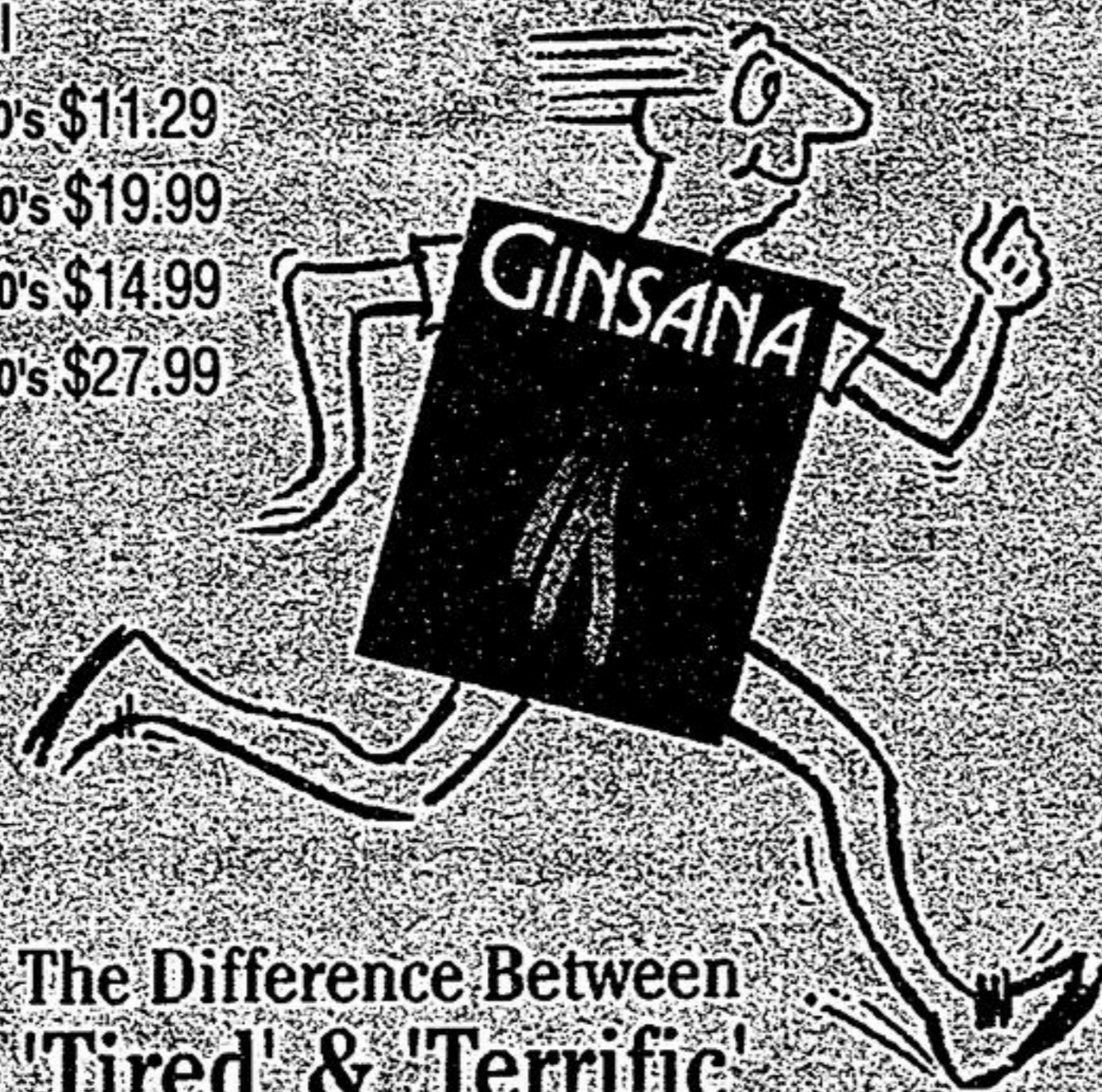
330 STEELCASE RD. E.  
MARKHAM, ONT.

Tel: (905) 475-5366

WE ACCEPT: VISA, M/C, DEBIT CARD AND AMERICAN EXPRESS  
OPEN MONDAY - SATURDAY 10:00 AM TO 6:00 PM



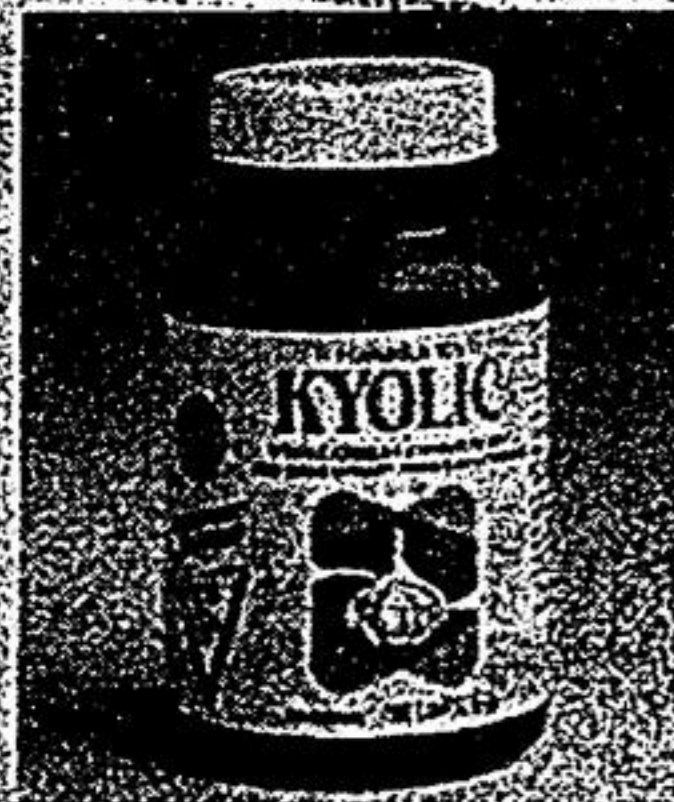
Ginsana 250ml  
Ginsana 100 30's \$11.29  
100 60's \$19.99  
200 30's \$14.99  
200 60's \$27.99



### The Difference Between 'Tired' & 'Terrific'

After 25 years of extensive research, Pharmaton scientists in Switzerland have successfully developed the first standardized, high-potency ginseng extract - G115™, made from the highest quality Panax ginseng, C.A. Meyer, the active ingredient in Ginsana. No other ginseng product on the market today can compare with the power of Ginsana. In fact, to date, over 1,400 scientific papers have been written in support of ginseng's wide variety of benefits. Ginsana, with the guaranteed potency of the sought after active ingredients.

Try Ginsana, and discover the difference between tired and terrific!  
Available at fine health food stores and nutrition centres nationwide!



Ginkoba 54's \$18.99  
Kyolic Garlic  
100-105 from 90's \$10.99 to \$15.99  
180's \$20.29 to \$29.99

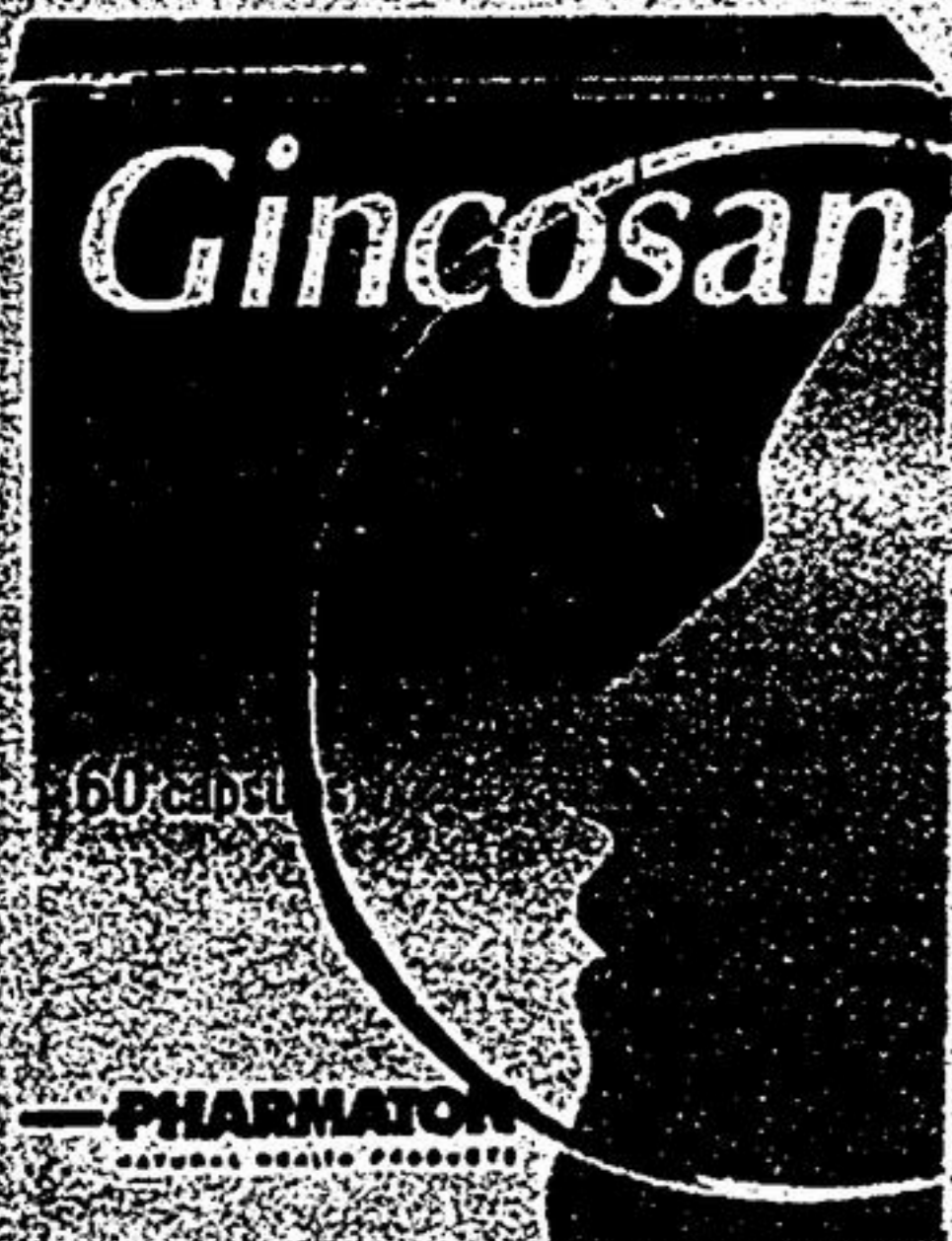


Every second of the day, our sensory organs are bombarded by over ten million units of information. Is it any wonder we sometimes feel overwhelmed?

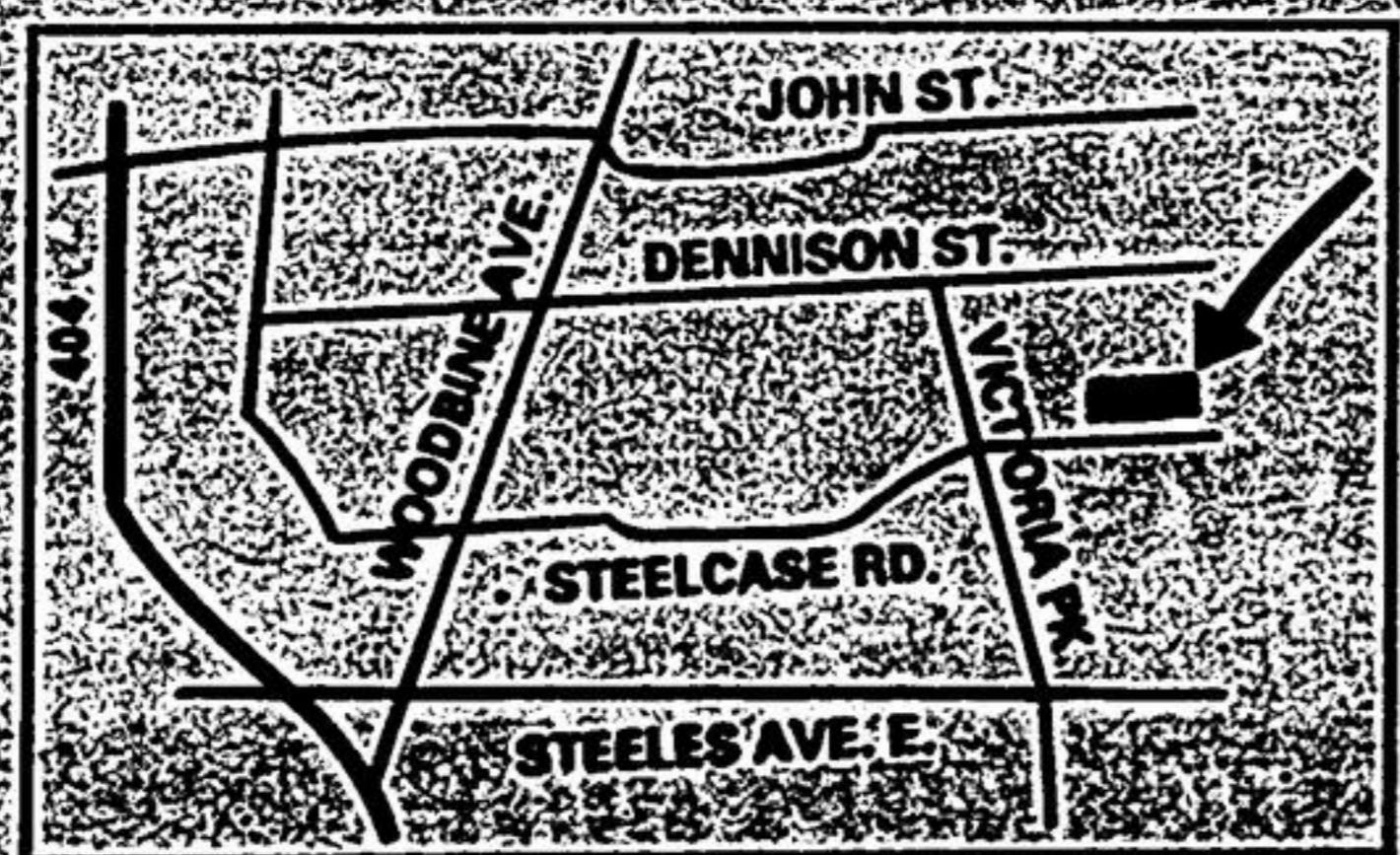
In today's increasingly hectic and fast-paced world, we can all suffer from poor concentration, mental stress and even exhaustion caused by information overload and lack of time. Nothing is more important than good health - and (though we take it for granted) our brain deserves at least as much attention as our body.

**GINCOSNA™ MAKES SENSE**  
A powerful combination of standardized extracts of Ginkgo biloba GK501™ and Panax ginseng C.A. Meyer, new Gincosan from Quest offers the unique and complementary properties of both.

Look for it at fine health and nutrition centres today and start your program of mental fitness.



Gincosan 30's \$14.99  
Gincosan 60's \$28.99



Bring In This Ad And Save An Additional 10% Off Our Already Low Everyday Prices

One of the greatest developments in the last 25 years is the awareness of nutrition and how it affects our health and fitness.

Markham Warehouse Outlet, a unique 4,000 square foot store, provides a wide variety of vitamins, herbal, sports nutrition, granola bars, nutritional cereals, natural foods, cosmetics, dietary and homeopathic products for the environmentally and health-conscious consumer.

Recently, Markham Warehouse hired a full-time certified nutritional therapist and a personal trainer to help answer clients' questions.

In addition to everyday low prices and weekly specials, Markham Warehouse offers an array of literature on the products they carry. This gives the consumer a broad base of knowledge to go along with uncompromising service.

Visit the Markham Warehouse Outlet  
Monday to Saturday from  
10 a.m. to 6 p.m. at  
330 Steelcase Rd. E. or  
for details call 905-475-5366.

# Best of Markham

## Wine Not, Markham

You can go to any make-your-own wine store and order a kit that will make a nice Chardonnay, but when you go to Wine Not you will make wine that is unique to Wine Not.

"We customize the recipes," said Craig Cats, who owns the Markham location of Wine Not with his wife Pirjo.

Wine Not was started in 1993 by the Cats family. They now have 36 locations throughout Ontario.

Craig said people go to Wine Not because of the family's knowledge of wine and wine making and their unique recipes that pro-

duce a large selection of high-quality wines.

Wine Not wines are found at hotels and restaurants throughout the province, at weddings and other places where people like to celebrate with an excellent glass of wine.

You can make your own red and white wines as well as fruit and ice wines at their clean, friendly and modern facility.

For details call 294-9463 or visit the store at 15 Heritage Rd. Unit 1.



15 Heritage Rd., Markham ~ 294-9463  
Hours: Mon.-Fri. 11 a.m. - 7 p.m. Sat. 10 a.m. - 4 p.m.

### "JACKS' SUMMER SPECIAL"

#### • PREMIUM WHITE BURGUNDY

A medium bodied white combining a robust fruitiness enjoyable not only at the cottage pool or backyard but also as an excellent table wine to compliment any meal.

Reg. 112.00

**NOW ONLY 99.00**

#### • PREMIUM BERGAMAI'S "OUR WAY"

Our Beaujolais style with a little extra. The smooth, long and supple finish makes this wine very unique and is fast becoming one of our most popular crowd pleasers this summer. This light and easy red has a fruitiness best appreciated chilled.

Reg. 112.00

**NOW ONLY 99.00**

OFFER EXPIRES AUGUST 31, 1998 No other discounts applicable

Pricing includes all taxes, shrink tops, corks, labels and customizing