

WE SALUTE YOU DAD!

A proper weight shift is essential when playing golf

Everyone can use some improvement with their golf game — including dad.

Gerard Waslen, director of golf at the Golf Dome, offers these tips to help dads improve their game.



This year, give dad the gift of golf lessons.

You should be standing tall, the belt buckle pointing to the target and balanced on your left foot.

The turn from the starting position to the finishing position should be smooth and balanced. Good balance promotes good tempo. Proper tempo gets the club to accelerate at impact.

Tip Two:

When faced with a chip shot that is just off the green, use your seven or eight iron.

Try to set up like you are putting the ball. Position the ball just slightly on your left side to insure hitting down on the ball.

Keep the blade low, making a slow and rhythmic stroke like your putter. After impact, keep your right wrist bent and left wrist straight.

Tip Three:

The most important fundamental of golf is the golf grip.

The most common error in the grip is the placement of the left hand (right hand for left golfers). The left heel pad must stay on top of the club.

To test your own grip, hold the club with your left hand, turn your hand so you can see the palm and open your fingers. If the club runs through your heel pad, you are gripping the club with your palm.

The club should run diagonally across your hand, from the base of your pinky to the first joint in your index finger.

Study pictures of the golf grip to get a better idea how to grip the club. If you are looking for better results in your golf game, spend some time improving your grip.

You will hit better golf shots!



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