

Quality
Tender

MEATS & POULTRY

Cut from Ontario's
Finest Pork
**Family Pack
Pork
Chops** **2.49**
lb.
5.49 kg

Cut from Ontario's Finest Pork
Fresh
**Center Cut Pork
Loin
Chops** **3.99**
lb.
8.80 kg

Fresh
**Lean
Ground
Pork** **1.99**
lb.
4.39 kg

Great for BBQ
New Zealand Lamb
**Loin
Chops** **7.99**
600 g
Box

Beef Schneiders
Steakettes **2.29**
454 g pkg.

Fresh
Chicken Breast
(Bone-In)

2.29
lb.
5.05 kg

Connoisseur
**Black Forest
Ham**

4.99
lb.
1.10/100 g

THE DELICATESSEN

Cherry Hill
**Medium
Cheddar
Cheese** **4.49**
lb.
.99/100 g

Dofino
**Havarti
Cheese** **5.49**
lb.
1.21/100 g

Bittners
**Streetvender Sausages
or Knackwurst** **2.99**
375 g pkg.

Finnish
**Lappi
Cheese** **6.99**
lb.
1.54/100 g

Brandt
**Beerwurst
Sausage** **3.99**
lb.
.88/100 g

SEAFOOD

All seafood items subject to availability

Ideal for Salads
Fresh
**King Krab Legs
or Flakes** **2.99**
12 oz. pkg.

Fresh
**Rainbow Trout
Fillets** **5.99**
lb.
13.21 kg
Delivered
Fresh
Daily



We would like to thank the
following sponsors:

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Kisko

BAKERY
Delicious
**Strawberry
Shortcakes** **1.99**
(8")

Tasty
**Belgian
Waffles** **3.99**
pkg.

Fresh
In-Store Baked
**Black Russian
Bread** **.79**
loaf

Tasty
Muffins
assorted
flavours **1.69**
6 pack