

**Flyer Inserts For Saturday, June 13, 1998**

- |                           |                   |                              |
|---------------------------|-------------------|------------------------------|
| Wal-Mart                  | Lever 2000*       | Aurora Canadian Tire         |
| Markville Shopping Centre | Zellers*          | Dominion*                    |
| New Homes and Interiors*  | Weston Produce*   | Dominion - Newmarket         |
| Sears*                    | A & P*            | BiWay - Newmarket            |
| Petsmart*                 | Stouffville IGA*  | IGA - Aurora                 |
| Biway                     | Home Depot*       | Sears - Newmarket            |
| The Bay                   | Sobeys*           | Shop & Save - Newmarket*     |
| Shop & Save Canada*       | Dominion*         | Reeds Jewellers - Newmarket* |
|                           | Brices Furniture* |                              |
|                           | 2-4-1 Pizza*      |                              |

\*Selected areas only.

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Stouffville  
**THE TRIBUNE**

# Rapid detoxification used as part of drug treatment

■ From page 7 ■

lacked self-confidence, there was anxiety, insomnia, nausea and vomiting. I felt my organs coming alive. At the worst point, it felt like they were jumping out of my body. I would never recommend anyone go cold turkey."

He then entered the Oak Ridges clinic, receiving medically prescribed methadone, a drug that dulls the desire for opiates. He tried that for about a year before hearing about rapid detoxification from an employee.

But what first appeared to be an instant cure turned out to be only the first step on the road to recovery.

Despite the treatment, patients must take a daily dose of the drug Revia for nine months. In Derek's case, Revia blocks the high created by Percodan, eliminating the sense of euphoria.

Six other patients have used the Oak Ridges clinic for rapid

detoxification.

Once put to sleep under general anesthesia to ease the trauma of withdrawal, patients' bodies are then flooded with naltraxone and naloxone - two opiate antagonists which cut the withdrawal time to four to six hours.

The drugs displace any traces of the highly addictive opiates that are found in heroin, methadone and other opiates. Naloxone and naltraxone essentially eliminate the body's craving by purging the system.

The Oak Ridges clinic uses the services of two anesthetists - one from Mount Sinai and another from Humber River hospital. The clinic's two physicians, both former emergency room doctors, Dr. Jeff Daiter and Dr. Michael Varenbut, handle any complications the patient may encounter. They are also assisted by a registered nurse. Patients can go home the same day, but they may be kept overnight in the clinic.

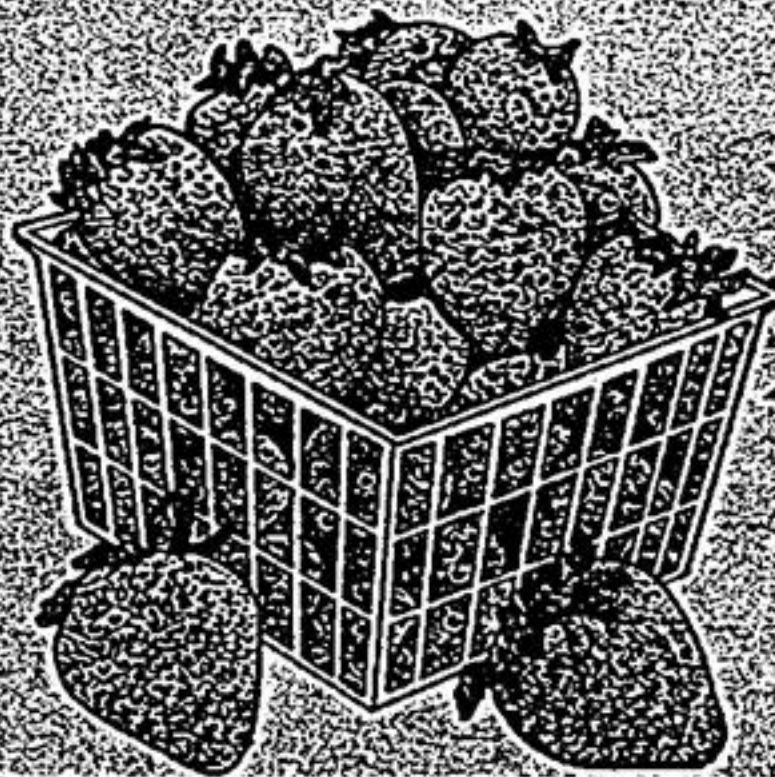
In the days following his treatment, Derek said he experienced the sweats and an upset stomach, but he attributes that to the procedure more than withdrawal from Percodan. While rapid detoxification has been used in Israel, Australia, Egypt and Spain for about a decade, the process only came to Canada in October, when a pair

■ Please see page 9 ■

## STRAWBERRIES

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READY PICKED AVAILABLE  
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## Zdanowicz Farm



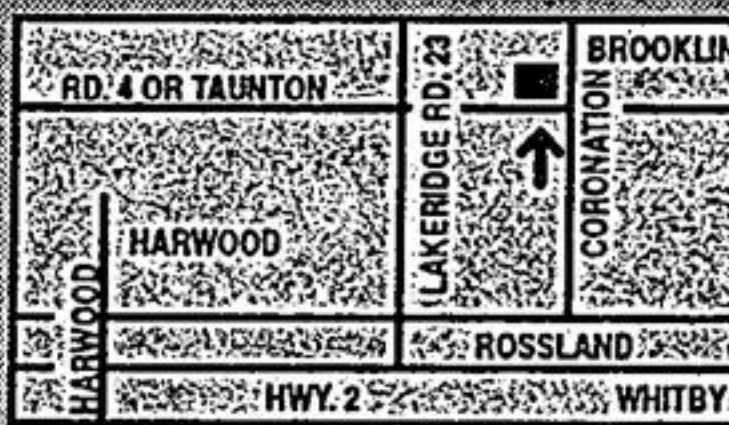
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