

QUALITY TENDER MEATS & POULTRY

THE DELICATESSEN

Ontario's Finest Poultry

FRESH CHICKEN WINGS *Great for B.B.Q.* **1.69**
lb. 3.73 kg

Fresh **STORE MADE SAUSAGES** **2.49**
lb. 5.49 kg
Hot or Sweet

Fresh Store Made **LEAN BEEF BURGERS** **3.99**
4/pkg. Large 6 oz.

100% Pure Beef Lean **GROUND BEEF** **1.89**
lb. 4.17 kg

Cut from Ontario's Finest Pork **CENTRE CUT PORK CHOPS** **3.99**
Bone-in lb. 8.80 kg
Thick for B.B.Q.

Jane's Hot & Spicy or Honey Hickory **CHICKEN WINGS** **9.99**
2 lb box

Bittner's **BLACK FOREST HAM** **4.99**
lb. 1.10/100 g

Cherry Hill Mild **CHEDDAR CHEESE** **4.49**
lb. .99/100 g

Connoisseur **PASTRAMI** **4.99**
lb. 1.10/100 g

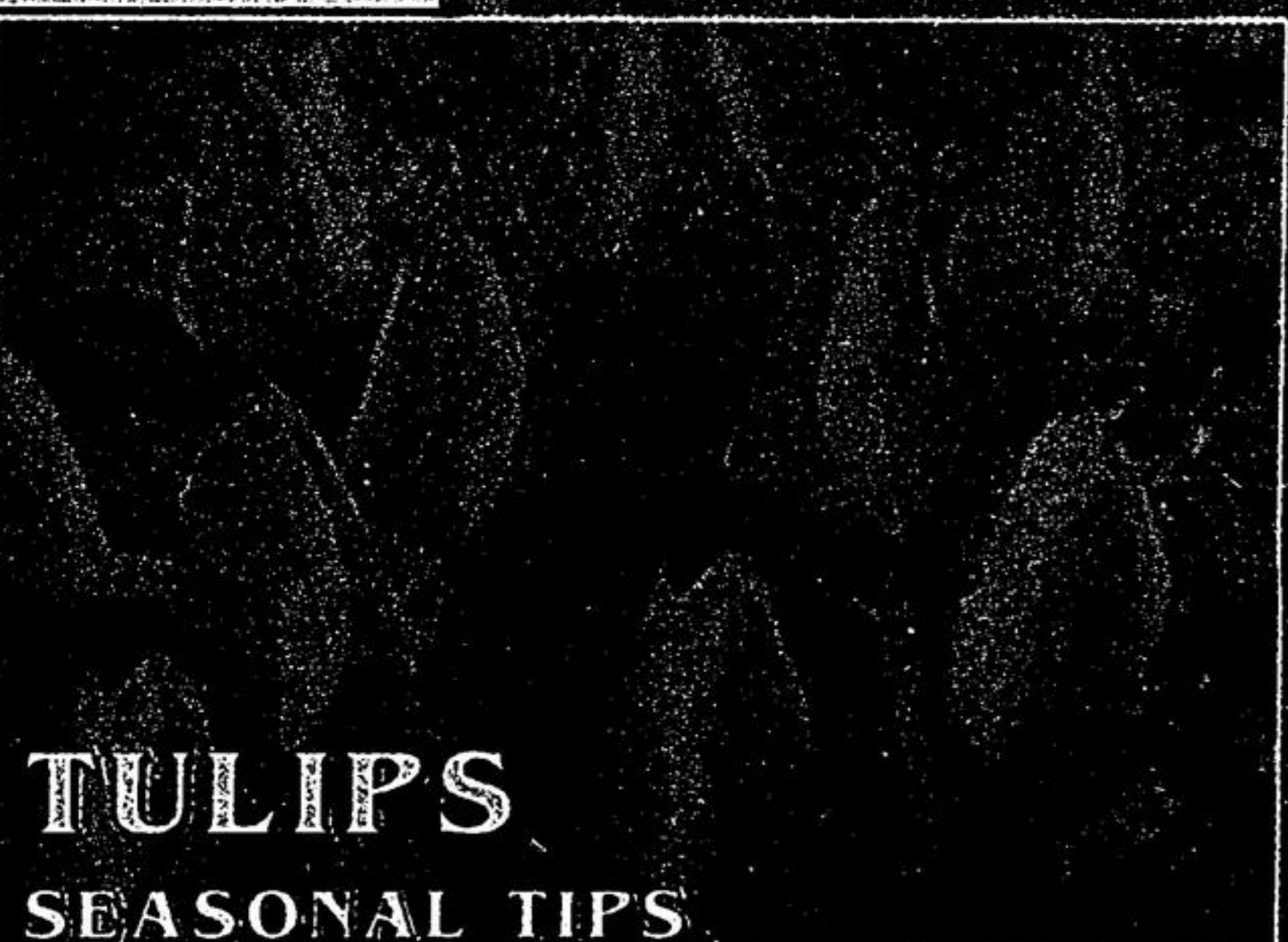
Bittner's Street Vendor **SAUSAGES or KNACKWURST** **2.99**
375 g

French Brie **CHEESE** **6.99**
lb. 1.54/100 g

Brandt **KOLBASSA COIL** **4.49**
lb. .99/100 g



Gardening Tips



TULIPS SEASONAL TIPS

EARLY FALL: Planting or cold-treating - Plant bulbs in the fall and protect them with mulch.

EARLY MID WINTER: Planting after cold treatment - Plant new bulbs in mild areas.

SPRING: Deadheading - Pull off faded flower heads and allow leaves to die naturally.

EARLY SUMMER: LIFTING & FERTILIZING - Lift bulbs, clean, dry and store in a dark, cool place until the fall. Add fertilizer to bulbs remaining in the ground.

A LACK OF BLOOMS may be the result of overcrowded bulbs. Dig up Tulips in late Spring or early Summer after foliage has almost died down. Divide by pulling small bulbets from the base of the bulb and then replant.



IMPATIENS Beautiful And Versatile Bedding Plants

CARING FOR IMPATIENS

Impatiens are easy to grow and bloom well in the shade. Regular watering is an important factor in growing good, healthy plants. Fertilize occasionally during the growing season. Some varieties are more tolerant of sun. The plants grow to a height of 6 to 18 inches.

For fuller growth, cut off the top third of your seedlings with scissors right after you plant them.

LAWN CARE TIPS

Lawns are best watered in early morning when temperatures are cool and less evaporation will take place. For most lawns, apply 2.5 cm of water over the entire surface of the lawn (use a container placed in the middle of the lawn as an easy gauge for measuring water distribution).

Lawn cutting height is important. During dry periods the lawn should be cut at a much taller height for deeper

root systems and cut shorter in cool, wet weather. It is advisable never to remove more than 40% of the leaf area at any one mowing.

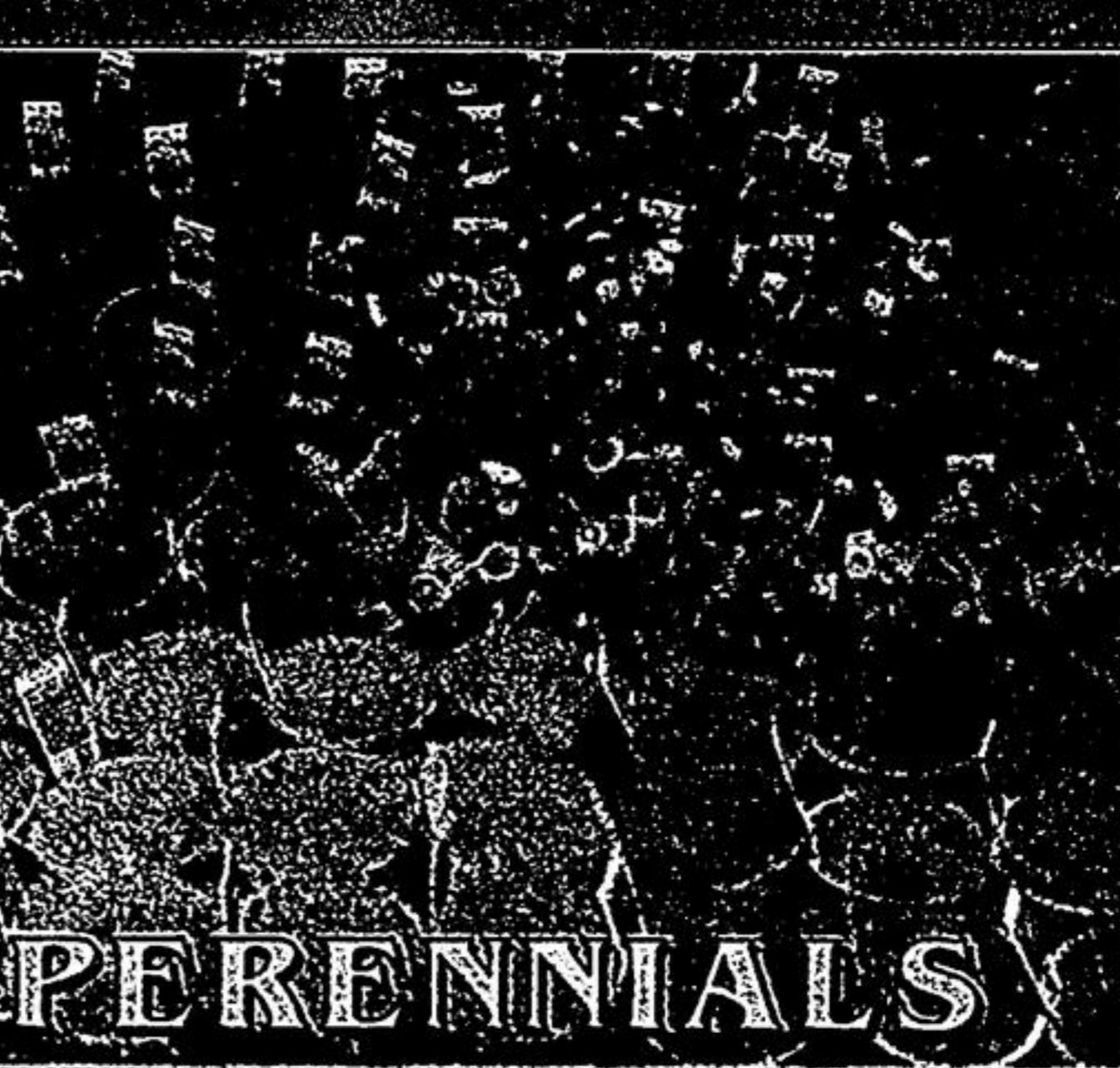
The quality of the cut may be improved if the lawn mowing pattern is varied. Mow in opposite directions from week to week.

Fertilizing your lawn seasonally will help to eliminate most lawn problems.

SEAFOOD

SNOW CRAB LEGS **9.99**
680 g box

Fresh **SALMON FILLETS** **6.99**
Delivered Fresh Daily lb. 15.41 kg



PERENNIALS

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Perennials come in a variety of shapes, sizes, colours and textures that you can create many different looks for any size yard.

Investing in perennials is an investment in tomorrow. All perennials will spread as they grow from year to year, increasing in the number of blooms produced each season.

Using low lying perennials and a few stones can create a low maintenance rock garden, or you can create a shady woodland garden using large-leaved perennial (ie: Hostas variety).

Perennial herbs, when planted, will add spice to your kitchen as well as a robust aroma to your garden.

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