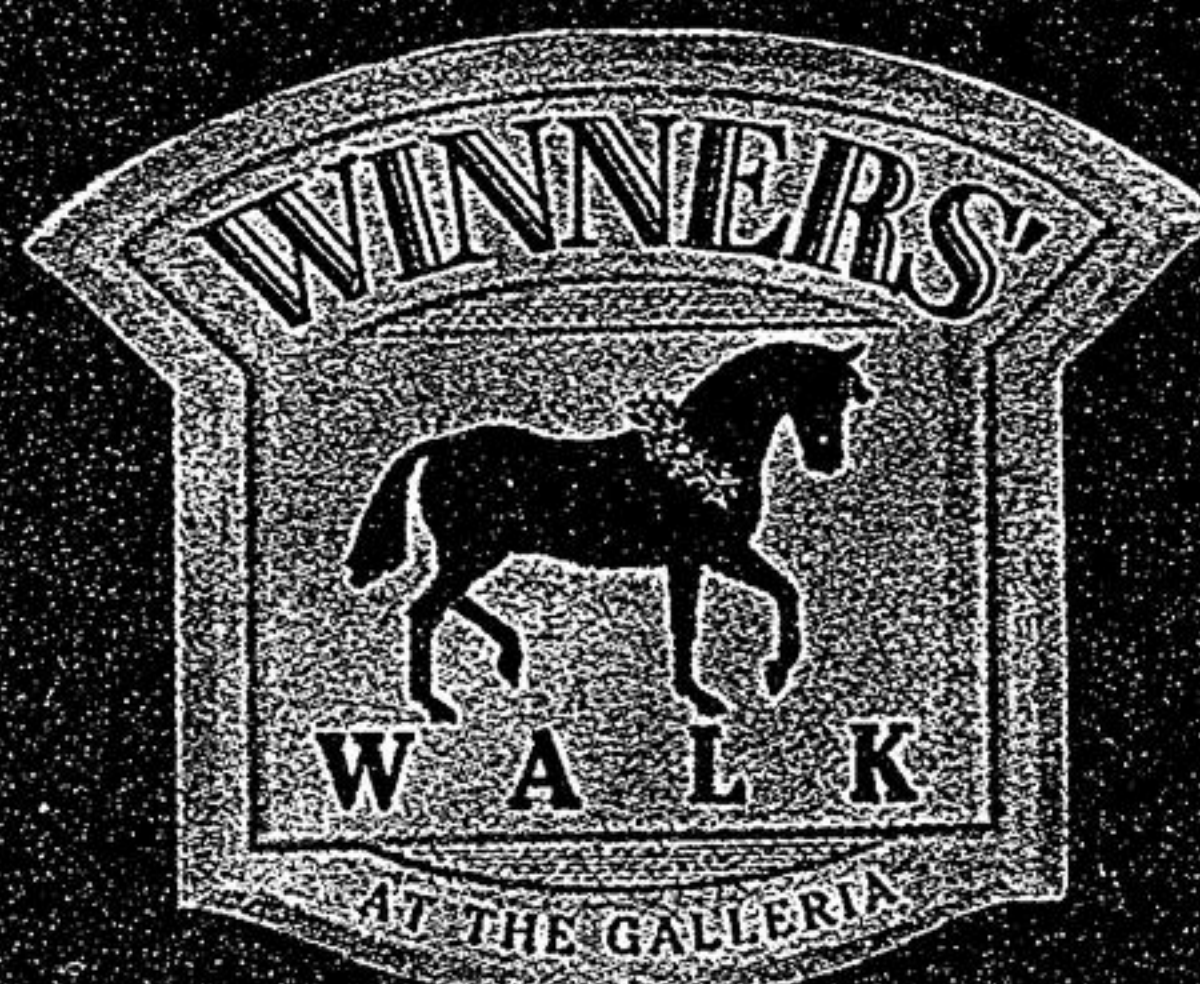


# Best New... NOWWIVES

## Featuring...



## The Legacy Run makes it easy to support the hospital

*Tie up your sneakers, grab the kids and take stroll through the Rouge River Valley*



The Legacy Run takes place along the streets of Legacy, throughout the trails in the Rouge River Valley and on the nine-hole golf course.

### LISA CARTWRIGHT Features

Everyone from seniors to couples with children to marathon runners can participate in the Legacy Run, a five kilometre run/walk in support of Markham Stouffville Hospital.

The Legacy Run allows every member of the community to get involved, said Chris Sherriff-Scott, the vice president of Minto Markham Partnership.

The Legacy Run allows a cross-section of people to be able to do something positive for the hospital.

The Legacy Run - or walk - only costs \$20 to enter. With the entry fee, participants receive a race kit, t-shirt, a food voucher and a chance to win a number of great prizes. Participants are also encouraged to collect

sponsors for the event.

The April 19th run begins at 10 am along the streets of Legacy. It continues along the beautiful trails adjacent to the Rouge River Valley and through the nine-hole golf course.

Depending on whether participants are walking or running, it should, at the maximum, take just under an hour to complete.

After the race, prizes will be awarded to the overall winner as well as the winners in each age category and to the person with the most pledges.

### A long history

The run has been in the planning stage for over a year. During that

time organizers of the Legacy run talked to other people to see what they did to make their inaugural run successful.

"We took advantage of their kindness and our inaugural event is four to five years, both financially and organizationally, ahead of what their inaugural event was.

But, advice alone wasn't what has made the event successful, said Sherriff-Scott.

Both members from the corporate community and the residents of Markham got involved to make it successful.

Corporations like Nike Canada, IBM, Emerson Electric, Miller Paving and The Markham Economist & Sun among others have sponsored the event and six corporations have entered teams.

"Everyone is quite enthusiast. The event is a success already. (And) what has made the event a success is the people in the community who stepped forward.

The goal is to raise about \$50,000 for the hospital. To date,

\$25,000 has been raised, mainly through corporate donations.

"We are very pleased to be able to help an institution that is the focal point in Markham."

*Legacy is located at the northwest corner of 9th line and 14th Avenue.*

*Participants will be directed to the registration booth which will be located in the park near the children's playground. There will be a bag drop at that location as well.*

**What:** The first annual 5K Legacy Run/Walk

**When:** Sunday, April 19, 10 am

**Where:** Legacy, northwest corner of 9th and 14th Avenue in Markham

**Registration:** People can either pre-register at Markville Shopping Centre and Markham Stouffville Hospital from April 15 to 17 from 5 pm to 8 pm and April 18 from 11 am to 5 pm. They can register on the day of the event. People can register from 8 am to 9:45 am.

**Cost:** \$20 entry fee if they register prior to the event, \$30 on the day of the event. Entry fee includes Racing Kit, a food voucher and a chance to win a number of great prizes.

**Other:** Pledges are encouraged. All money will go to the Markham Stouffville Hospital.

**For Details:** call the hotline at 472-7373 ext. 3990