

Project Linus makes blanket donations to hospital

Security blankets will be handcrafted and given to sick children at Markham Stouffville Hospital.

As most parents know, even the most well-adjusted, carefree child can form a fierce attachment to a security blanket.

For those who are seriously ill or suffering from trauma, however, having a blanket of their own can provide special comfort in a frightening world. It was this realization that led Denver resident Karen Loucks-Baker to found Project Linus, named for the character in the Peanuts cartoon, whose blanket is an extension of himself.

The Newmarket chapter of Project Linus

was established by Marie Lindgren after she read about a Thornhill woman who was collecting blankets for sick children in Toronto hospitals. Lindgren is now providing blankets to York Country Hospital and York Central Hospital on a monthly basis and her goal is to offer the service across York Region.

On March 31, Lindgren will make Project Linus's first donation to Markham Stouffville Hospital and she is seeking volunteers willing to make blankets so that the organization can continue its work.

The blankets can be knitted, crocheted, woven or quilted, said Lindgren. They should not exceed 40 by 60 inches in size and must be washable, but patterns and colours are up to the individual crafter.

Donations of yarn are also appreciated, so we might supply some of our volunteers. Each blanket will be labeled with the words "Made with tender loving care by Project Linus," and tagged with the crafter's name.

Donations can be dropped off at the York District School Board office, 60 Wellington St. West in

Aurora, The Hill Knittery, 10720 Yonge St. at Elgin Mills Rd., or Lewiscraft in Upper Canada Mall, Newmarket.

All donations should be labeled with the crafter's name and address or telephone number, so that we may thank them, said Lindgren.

For more information call (905) 898-2023.

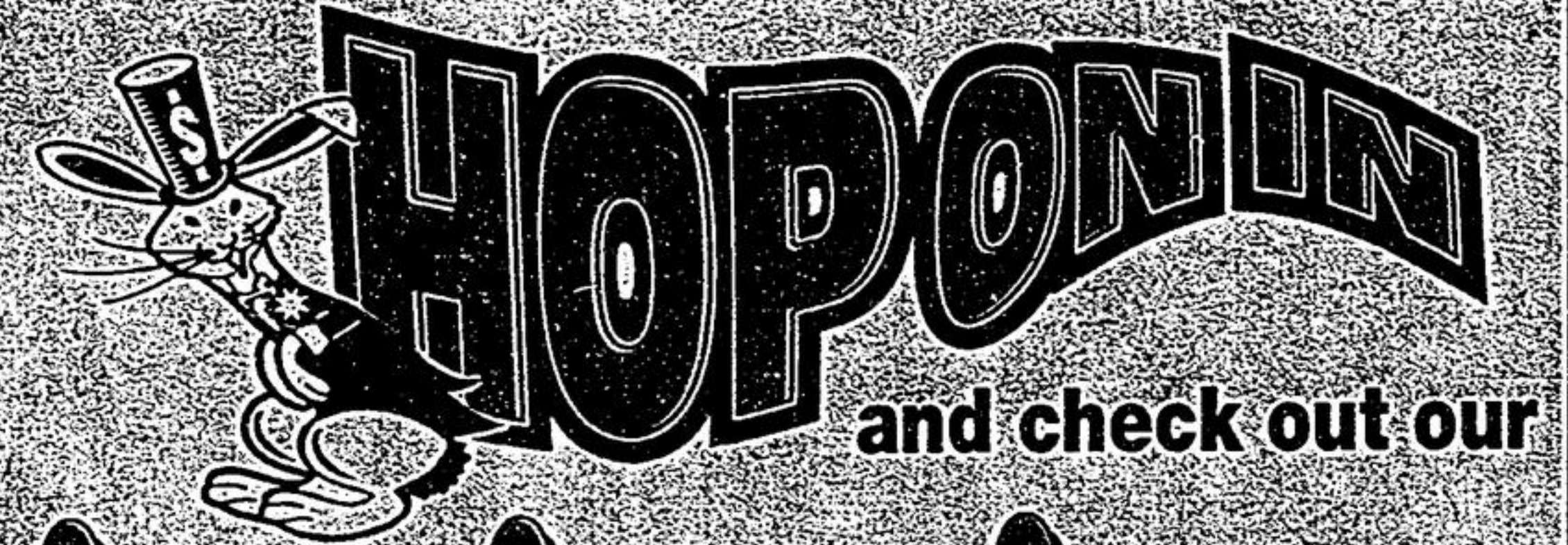
Alzheimer book a guide to living with the disease

The Alzheimer Society of York Region is pleased to announce the release of Susan Hart's second book, titled *The Lady From the Centre*. This is a sequel to her first publication, *Through Our Eyes*.

The Lady From the Centre is a well written, concise account of the Alzheimer Disease process, as experienced by a caregiver. It is a grass roots, hands-on, daily approach to living with the disease.

The book offers answers and explanations to questions that families are often too fearful or embarrassed to ask. It is meant to be a guide based on personal experience with anecdotal information on the disease process and its somewhat devious and intricate course.

The book retails at \$7.50 and is available direct from the Alzheimer Society office at 800 Davis Dr., Unit 6, Newmarket or by calling (905) 895-1337 or (905) 731-6611.



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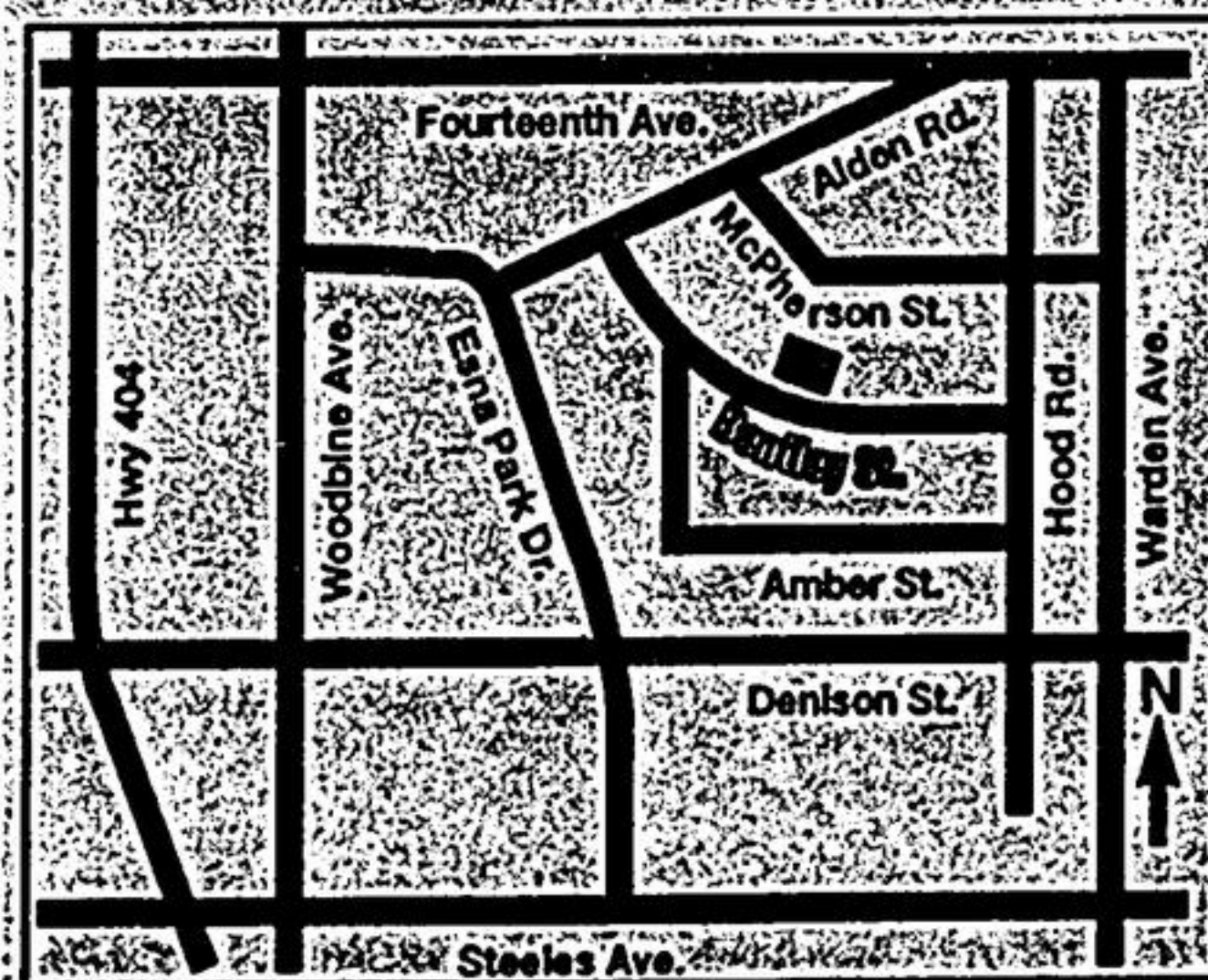
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