



548 Carlton Rd.



DOREEN'S TURKEY A LA KING!

This dish is fit for royalty. It's made with king-size chunks of our free-range turkey (white and dark) and Doreen's labour-of-love sauce, which includes sautéed mushrooms, sweet onions, red, yellow and green pepper bits and lastly, sherry.

This dish is fully cooked - all you need to do is warm it.

Serves 3 to 4 people for the un-princely sum of \$13.95 regularly but this week it's ...

25% OFF

OUR BEEF BURGERS REGULAR OR TERIYAKI

The item to put you in a warm-weather mood - and thrill your kids too! Our burgers are back for the season.

Why buy our burgers?

Not only do they come seasoned and ready-to-go, they're leaner than others and hardly shrink at all when you grill them. There's no Burger like ours!

Reg. 3.49 lb. 1/3 lb. size

1/3 OFF THIS WEEK

DOREEN'S SCALLOPED POTATOES

This recipe is a hand-me-down to Doreen from her mom. They're so delicious we have them at home on any occasion that we can get away with.

Many of you would never know we make them because, until now, we've been unable to make them in any reasonable quantity. Things have changed for the better with our acquisition of an industrial vegetable slicer (awesome). We now have the baking capacity to keep up with any demand we can imagine (touch wood). All you must do is warm them. They'll serve 4 people. It's down-home food made extraordinarily well.

Reg. \$9.95

25% OFF THIS WEEK

CLOSED THIS COMING MONDAY MARCH 16TH

We'll be closed for 1 day to make some changes in our store. See you Tuesday the 17TH

APPLE & ALLSPICE SAUSAGES - WITH CIDER -

Apples and pork is already a good flavour combination. Add the Allspice and Lapp's Cider and you'll be very pleasantly surprised!

... and yes, we use spy apples!

Reg. 3.99/lb

1/3 OFF THIS WEEK

MAPLE CREAM COOKIES

When we tried these we had to buy them. When I was a kid (not that long ago) we always had Maple Leaf shaped cookies but they never tasted like these. They're from Bromont, Quebec.

400 kg. size.

\$3.99 Pkg.

WHAT'S FOR EASTER

It might seem a touch early to think about what's for Easter dinner, but the event is not that far away. Let me tell you what we'll have and you can formulate your plans accordingly.

* As you all know, we're in the ham business - we'll have our Maple Sugar Hams, our traditional smoked bone-in Easter Hams and our Black Forest Hams. Plus, our new Honey-Baked Ham - we'll have samples out shortly for you to try.

* We'll have a good amount of Brenda Forsythe's lamb available. This is, bar none, the best lamb available (to our knowledge) in Ontario. Certainly we'll have other Ontario Lamb available, but the Forsythe lamb is worth the \$1.00 lb. premium.

* Prime Ribs of all shapes and sizes, boneless or frenched. You can choose ours which I personally hand-pick or we'll have some "U.S.D.A. Prime" Prime Ribs (like at Ruth's Chris Restaurant) for a \$3.00 lb premium - really great beef.

Any questions about further items can be directed to me (Evan) at 940-1770. Thanks.

PRODUCE NEWS

* We'll have a limited supply of fresh white Belgian Asparagus.

* A fresh load of California Organic Oranges has arrived \$1.49 lb

* Fresh hot-house rhubarb is now available if you're in the pie-making mood. Centre-cuts are \$2.49 lb.

* Really nice California Strawberries are back after an 'El Nino' hiatus.

OUR MINSTRONE SOUP

The Vegetable Soup of Vegetable Soups - Italian style, made with hearty vegetables, beans, tomato, pesto, lots of garlic and onion. It's a bit sparky and a lot filling!

Reg. \$4.99 Serves 3-4

25% OFF THIS WEEK

RASPBERRY LEMON LOAVES

From our bakery we're featuring our tried-and-true Raspberry Loaves - the perfect mate for a cup of tea or coffee! We've changed the recipe ever so slightly and I think that they're better than ever!

Reg. \$3.99 ea.

25% OFF THIS WEEK

THOUGHT FOR THE DAY

"You can't set the course for where you're going until you know where you are!"



SPECIALS IN EFFECT UNTIL CLOSING SUNDAY MAR 15th

Hours: Mon. - Thurs. 9:00 - 7:00 Fri. 9:00 - 8:00 Sat. 9:00 - 6:00 Sun. 10:00 - 5:00

548 Carlton Road, Unionville

940-1770

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FREE HEALTH SEMINAR

"Treating ADD/ADHD NATURALLY"

* Please Pre-register *



THE MEDICINE CABINET

548 Carlton Rd. Unit 210

Unionville, Ontario,

(N.E. corner of Carlton Rd. and Kennedy Rd.)

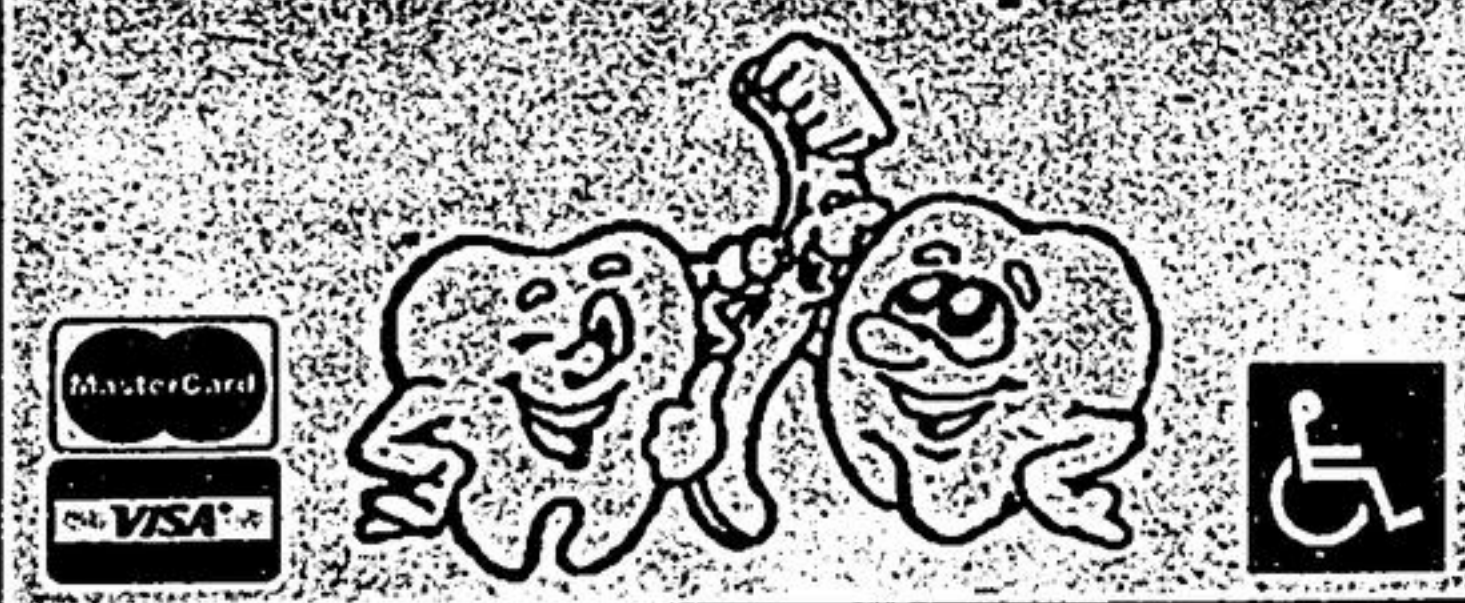
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We welcome new patients!



The Bridle Post

548 Carlton Road, Suite 211

(at Kennedy Road)

2nd Floor - Above The Village Grocer

Our entrances are at both the North and South sides of the building

905 - 477 - 7999