

5th annual Toronto North Woman's Show

February 7 & 8, 10 am to 5 pm at the Radisson Hotel, Markham

Woman's Show Feb. 7 and 8

Sunday, February 8

10:30 am

How to talk so teens will listen
Dr. Jack Muskat, registered psychologist
 how to communicate and create better relations with your teenagers

11:45 am

Detoxification
The path to improved health and beauty
Dr. Sheila McKenzie-Barnswell
 editor in chief, lifestyle and wellness publication

or

Where the jobs are in the new millennium
Connie Campbell, director of Career Fit
 will discuss the way to the current labour market trends

1 pm

There's no business like your business
Gwen McIver-Knox, The woman's way program of Centre of Entrepreneurship, Centennial College
 (also speaking at 3:30 pm)

or

Tibetan Empowerment Ceremony
 Lama Lhanang offers participants the Tara (Great Mother of the Buddhas) ceremony of love, protection and compassion, encouraging women to live their true purpose and to be powerful in this world through their feminine nature.



or

Achieve Your fullest potential
Dr. Wayne Carman, MD, FRCS
 discusses the current dos and don'ts of cosmetic and laser surgery

2:15 pm

Energy and life energy
Dror Rotkovitch, BSc, Natural Health Therapist
 discusses the ability to create and tap unlimited natural energy

or

Attitude is everything
Nina Spencer, corporate speaker
 there is only thing more contagious than enthusiasm and the lack of it

3:30 pm

Take the step... the bridge will be there
Grace Cirocco, international trainer
 offers an experiential and inspirational session with practical solutions so you can take the step and get more out of life.

or

Family law - questions and answers
Ronald Minken, BA, LLB
 discusses how the laws have changed. Protect yourself, get your answers from the experts.

Register at the show reception - additional seats can be purchased.

For details, contact INJOY Promotions Inc. (905) 479-9969 or visit their website at www.injoypromotions.ca

Please see page 19 for the list of hourly on-stage demonstrations.



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SERVICES
 • massage & shiatsu therapists
 • esthetician
 • chiropractic services
 • sports injury specialist
 • nail salon services and lockerroom amenities



CHILDREN
 • supervised childcare (Open 7 days a week - see Club for hours)
 • youth squash lessons and programs

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