

Flourless chocolate cake rich, superb

SUSAN BUGEJA
Special

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My husband loves chocolate so for his birthday I made a flourless chocolate cake.

This is a decadent rich cake that is perfect for people with allergies to wheat.

Whenever you are cooking with chocolate the results are going to be much better if you invest in a good brand of chocolate, there are many good brands of chocolate such as Bernard Callebaut and Lindt.

I am lucky to have a new Bernard Callebaut chocolate store in my

neighbourhood.

My cake was rich, dense with a superb taste of chocolate. I garnished the plate with homemade mint chocolate ice cream and a puff of whipped cream for a grand finale to a delicious meal. (If you don't have rum in the house then just buy a miniature bottle at the LCBO).

Flourless Chocolate Cake
8 oz. chocolate
1/3 cup light rum
1 tsp vanilla
8 eggs, separated
1 cup sugar

Preheat oven to 350 degrees.
Butter a 10-inch spring form pan

and line with waxed paper.

Chop the chocolate into small pieces, combine with the rum and the vanilla extract in a medium-sized bowl, place the bowl over simmering water and melt the chocolate, making sure no water touches the chocolate as this will cause the chocolate to seize.

Separate the eggs and beat the egg yolks with 1/2 cup of sugar until light and pale yellow in colour.

Beat the egg whites with the other 1/2 cup of sugar until stiff peaks form; set aside.

To put the cake together, fold the chocolate mixture into the egg yolks, fold the

egg whites into the chocolate yolk mixture, combining thoroughly, but gently.

Pour the batter into prepared spring form pan and bake for 40 minutes or until a cake tester comes out clean.

Cool the cake on a cake rack. It

COOKING

will fall a little and may develop a few cracks. Sprinkle icing sugar over the top and serve.



An Important Notice to York Region Voters



The York Region Board of Education wishes to confirm that all polling stations at York Region public schools will be fully operational for the November 10, 1997 Municipal Election.

We have been assured that the provincial strike, should it continue, will not impede your ability to vote.

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Chair of the Board

Bill Hogarth
Director of Education

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