



GRAND OPENING: Shadow Lake Centre opened a fully accessible house last Saturday called Crystal Place for people with physical disabilities to use for their vacations. The house is named after Doreen Crystal, a long time supporter of the centre. On hand for the official ribbon cutting were Andre Desroches - chair of Shadow Lake Centre advisory committee, Donna Britten - president of the Metro Toronto Association for Community Living, Elaine Goldhar - MTACL past president, Hovey Dekter - Doreen Crystal's sister, Shirley Desroches - MTACL board member, and Mary Anne Welsh - former MTACL president. Shadow Lake Centre, in the Musselman's Lake area, is an outdoor recreation centre for people with developmental disabilities, and is also a popular retreat for many community groups.

Photo by LORI EMMERSON

Classes offered for parents to be

If you are expecting a baby, join other couples for eight evening classes provided by York Region Health Services, Public Health. Discuss how to have a healthy baby, relaxation, breastfeeding, preparing for baby, labour and delivery and adjustment of parenting. Weekend classes are also available. Register early (12-16 weeks). For details or to register call York Region Health Services, Health Connection line at 773-3230.

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Friday, October 3, 1997
Saturday, October 4, 1997

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