

# Learn to braid garlic as an edible and decorative craft

**KATE GILDERDALE**  
Correspondent

Garlic has been credited, among other things, with having properties which ward off evil and for being beneficial to health.

One indisputable fact about this versatile plant is its ability to vastly improve the flavor of everything from pasta to roast lamb. And although this season's crop is late because of a cool spring, the wait has been worthwhile, according to Cathy and Helen Bartolic of Stouffville's Perennial Petals.

The Bartolics, who operate a small, family-run farm growing unusual plant varieties which can be used for drying, are offering a garlic braiding

course this Saturday from 11 a.m. to 2 p.m.

"The participants not only learn about this plant relative of the onion, but are involved in digging, cleaning and braiding the garlic," said Cathy.

"Once braided, accents of ribbon and dried flowers are added to make it a truly useful and attractive wall-hanging decoration for their kitchens. These new garlic gurus have so much fun that the braiding course almost becomes a mini-garlic festival."

While it has long been considered a healthy addition to the diet, recent scientific studies indicate that garlic may significantly reduce cholesterol levels and lower blood pressure.

"For most of us, garlic is a wonderful flavoring used in salads, sauces, soups, salad dressings,



**PRETTY AND EDIBLE.** Denise Bruno shows how decorative a braided garlic can be. Stouffville's Perennial Petals will offer a course Saturday on how to create a functional, edible decoration.

stews and breads, with only imagination limiting its use in cooking," said Cathy.

"Many people are now roasting

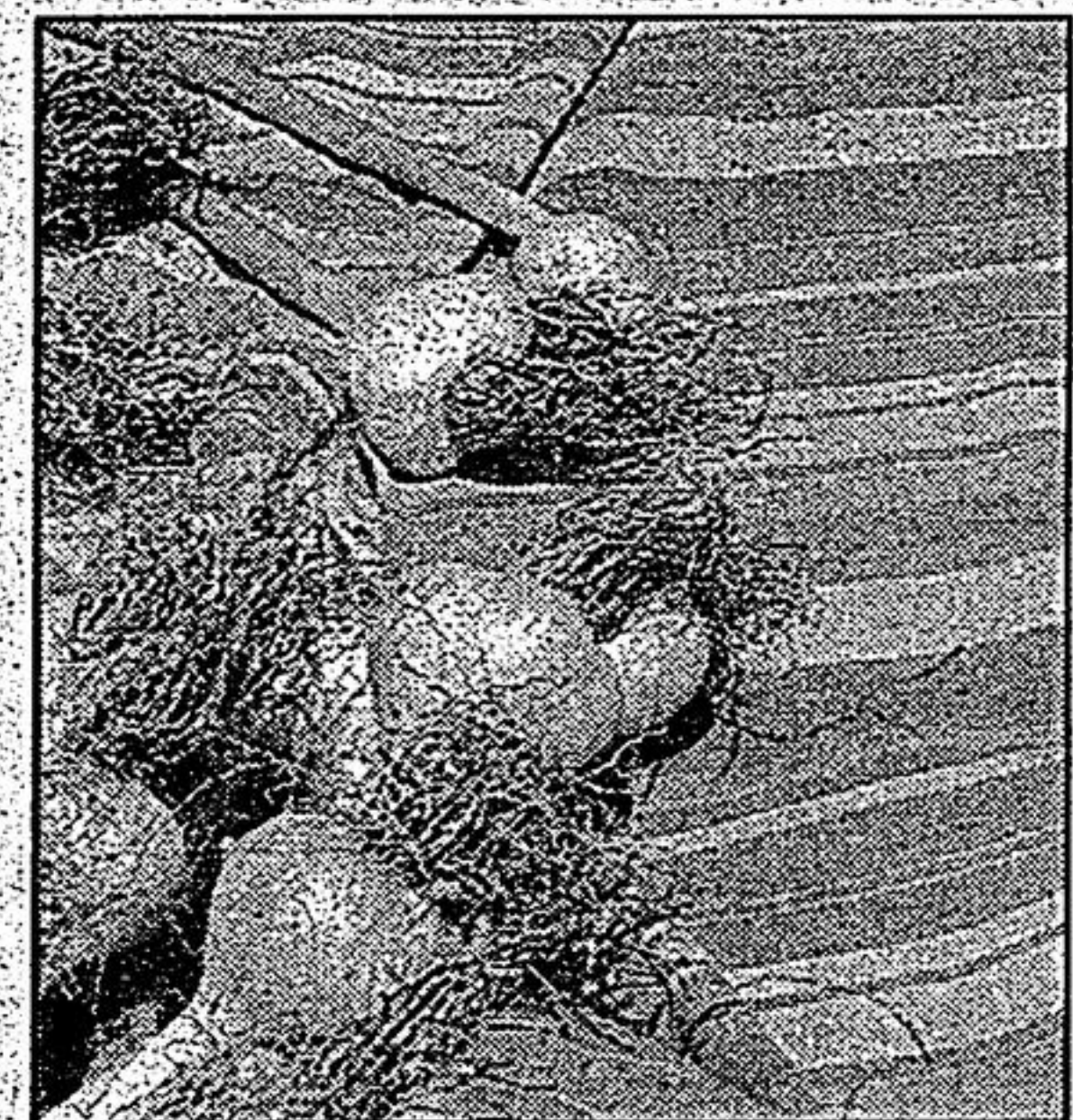
whole bulbs of garlic as part of a meal."

For those who find raw garlic too strong, roasting is a wonderful alternative and results in a much milder, more subtle flavor.

Anyone who would like to attend Saturday's course can register in advance by calling (905) 887-5151. The \$45 course fee includes lunch.

Perennial Petals is on the north side of Stouffville Road, just east of Bruce's Mill, and is open mid-July until Thanksgiving.

Hours are 9 a.m. to 5 p.m. Saturdays and 10 a.m. to 4 p.m. Sundays. Upcoming events include workshops on edible flowers, pressed flower cards, pumpkin arrangements and Christmas ornaments.



## World wide whoosh.

Face it, surfing the web is not exactly like hitting the fast lane with an alcohol-fueled funnybike. It's slow. The time it takes to surf and search can become downright painful, and forget about downloading if you want to watch your children grow up. Until now, the Internet has been a waiting game.

Shaw is turning the world wide wait into a much more expedient experience. It's called WAVE, and it brings you extremely high-speed Internet access through cable.



The idea is simple: cable provides the biggest pipeline to your computer giving you the fastest

access speeds and download times possible. Now you can surf on speeds up to 10,000 kbps. That's computer jargon for faster than anything else.

The result: WAVE lets you log-on instantly, throttle from site to site within seconds and download in a flash. All with no disruption to your telephone line or television service.

WAVE. The fastest Internet access available.

Sign up with WAVE before July 31 and you'll receive \$100 off the price of installation and a 60 Day Money-Back Guarantee on your monthly fees. Visit us at [www.shaw.wave.ca](http://www.shaw.wave.ca) or call (416) 290-6400.

**\$100 off WAVE installation and a 60 day Money-Back Guarantee.**  
Offer expires July 31.



### Three performers going at an impressive rate.

ACCORD



Choose from our sporty coupes and elegant sedans, including EX-Rs with VTEC engines, V6 Sedans and Special Editions.

With our Odysseys designed for 6 or 7 passengers, you'll find plenty of seating at our event.



ODYSSEY

CIVIC SEDAN



Easy maintenance and outstanding fuel economy means you won't be making many pit stops.

Accords, Civic Sedans & Odysseys. At this rate, there is no second place.



GREAT RATE. STRAIGHT RATE.

**3.8%**

FACTORY FINANCING UP TO 60 MONTHS  
ON ALL NEW '97 ACCORDS, CIVIC SEDANS & ODYSSEYS.

LIMITED TIME OFFER

\*Finance offers are from Honda Canada Finance Inc. and are available for a limited time. O.A.C. 3.8% financing is available on all 1997 Civic Sedans, Accord and Odysseys for 24, 36, 48 or 60 month terms. Finance example: \$20,000 at 3.8% per annum equals \$449.79 per month for 48 months. C.O.B. is \$1,589.92 for a total of \$21,589.92. Down payment may be required. See your Dealer for details.

**NORTH MARKHAM HONDA**

**4611 Hwy. #7, Unionville** (west of Kennedy Rd.)  
Committed to Serving you Since 1966

North Markham Motors Ltd.

**477-2451**



BUY WITHOUT COMPROMISE.