

# Falls prevention tips at presentation

York Region Health Services is holding a Falls Prevention Presentation on Thursday, June 5, from 10:30 to 11:30 a.m., followed by a Falls Prevention Clinic, Thursday, June 12, from 10:30 a.m. to 2 p.m. The presentation, by a public health nurse, will identify rea-

sons for falling and prevention tips. A public health nurse will complete individual fall risk assessments, including blood pressure check, balance test and falls' history. The presentation and the clinic will be held at Fairpark Manor, 85 Fairpark Lane, Sutton. To register call 722-9750.

# Goodwood celebrates 121st anniversary

Goodwood Baptist Church is celebrating its 121st anniversary on Sunday, May 25.

The guest speaker is Rev. Brian Plouffe of Lakeside Baptist Church in Haliburton. The morning soloist will feature soloist Lloyd Knight beginning at 11 a.m. and the evening service features trumpet player Paul Noble beginning at 7 p.m.

A time of fellowship and refreshments will follow the evening service.

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# Garage sale today

Orchard Park Public School is having a garage sale today from 8:30 a.m. to 1 p.m.

The school is located at 276 Sunset Blvd.

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