

OUR BLACK FOREST HAMS

Most everyone who lives in this area has heard about our maple-sugar hams. It's time now that you hear about our black-forest hams and what makes them so good.

Like our other hams, we begin with selected legs of pork. We trim them clean and cure them in a low-salt brine. We then smoke these hams overnight using solid oak (not shavings) so that the smoke lingers and permeates. Sounds simple right?

The difference between ours and almost everyone else's is that we don't use the modern ham-making machinery which 'extends' the weight (and changes the texture) of ham.

This modern procedure necessitates the use of an 'edible casing' to contain the additional absorbed moisture of these factory-produced hams. Our feeling is that the old way is the only way to produce an authentic ham.

Try our real black-forest ham; we're very proud of it!

Regular \$1.79/100 gms.

1/3 OFF
THIS WEEK

FOUR-YEAR OLD CHEDDAR

We ran this cheese in our ad last week and I apologize that we sold out. Luckily we were able to buy another batch of the same great cheese. So here it is — same great nip — same great taste ... and the same great price.

1/3 OFF
THIS WEEK
TOO!

OUR APPLE PIE

... and speaking of great cheddar, how about a slice of great apple pie to go with it? Our pies are available with a pastry top, crumble top or my special lattice top. This is a long weekend dessert extra-ordinaire because (a) it travels well (b) it waits for you while you complete all your chores and (c) it's large enough to serve you and your friends — and it's delicious.

Reg. \$8.95 ea.
9" size **25%** OFF
THIS WEEK

OUR CENTRE CUT PEAMEAL BACON

Get your knives out and sharpen them up folks, 'cause our peameal deal is back! That's right, our centre cut only, low salt, next-to-no-fat peameal by the piece is on sale this week at 1/3 off.

Reg. \$4.50
By the Piece ~

2.99
lb.

COMING NEXT WEEK

- 1) Fresh Cheddar Sausages!
- 2) A Tart of a Deal!

VILLAGE
GROCER
QUALITY FOODS

OUR BEEF

BURGERS

REGULAR OR TERIYAKI

What would a long weekend be without a burger Bar-Be-Que?

The answer is: A Bust!

Our burgers are made fresh and lean in a large 1/3 lb. size. You can get them with our regular seasoning or with our homemade Teriyaki Sauce - both are great.

Regular \$3.49 lb.

P.S. If you need buns, we've got large size burger-bar buns. They hold the works!

25% OFF
THIS
WEEK

ENGLISH BREAKFAST SAUSAGES

1/2 PRICE
THIS WEEK

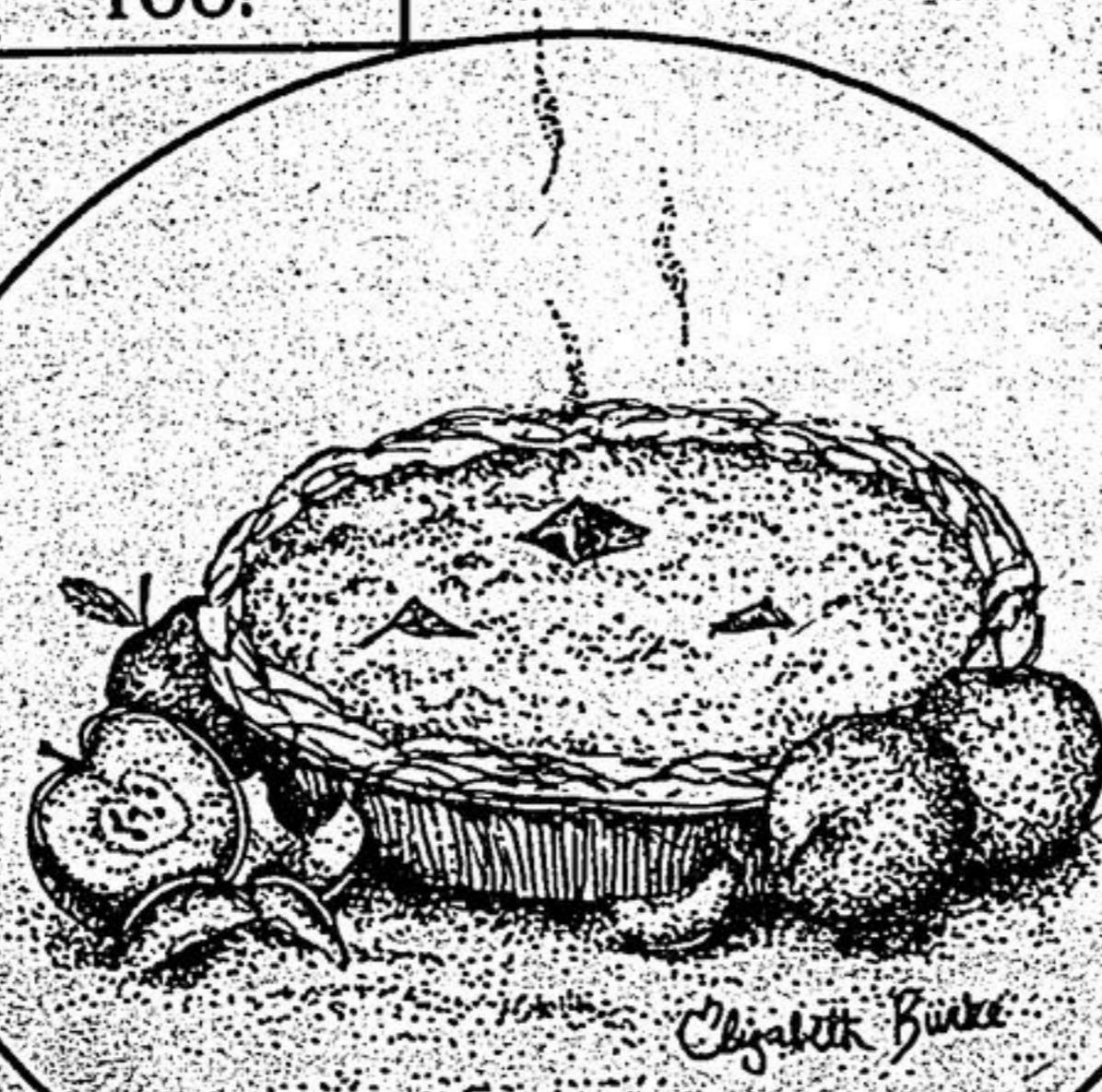
Our recipe for English sausages was given to me by one of our customers. Her brother in England had used it to win numerous sausage-making competitions. You'll find them to be mild with a subtle background flavour of herbs. If you haven't tried them yet, this is the time.

CURRIED SQUASH AND APPLE -SOUP-

Every time Jaana (our Soup Diva) makes this soup, she puts it in our large meat cooler to chill.

It absolutely fills the cooler with the most exotic and enticing aroma you could imagine. It's a wonder that any of it at all makes it out into the store for sale — it's that good!

Reg. \$4.99 ea. **25%** OFF
THIS
WEEK
Serves 3 - 4



OUR FAMOUS BROCCOLI AND CAULI SALAD

This is a great salad which we make with fresh Broccoli and Cauliflower, homemade bacon bits and a sinfully delicious secret mayo dressing.

Reg. 1.59/100 g

1/2 PRICE
THIS
WEEK

TIP OF THE WEEK

MIXED GREENS WITH MAPLE APPLES AND SPICED PINE NUTS

We think that this salad, our modification of a recipe from The Ontario Harvest Cookbook, would complement almost any of your holiday weekend dinner fare. 6 cups washed, dried and torn mixed greens (we suggest a combination of spinach, radicchio and boston lettuce or our mixed organic greens).

1 small red onion, thinly sliced
1/2 cup pine nuts, toasted until they're golden and fragrant
2 apples, peeled, cored and sliced (Granny Smith's would be good)
1/4 cup maple syrup
1/4 cup apple cider
1/3 cup canola oil
2 tablespoons cider vinegar

In a skillet combine apples, maple syrup and cider and bring to a boil over high heat. Reduce heat to medium and simmer, uncovered 3 or 4 minutes, until apple slices are tender. Remove apple slices & set aside. Increase heat to high & boil until syrup mixture is reduced to 2 tablespoons. Whisk in oil and vinegar and boil for one minute. Add to greens, toss, then top with apples and pine nuts. Serve immediately!

'We try to make sure that we have adequate supplies, but when they're gone, they're gone. It's best to shop early to avoid disappointment'

SPECIALS IN EFFECT UNTIL CLOSING MONDAY MAY 19TH

OPEN HOLIDAY MONDAY 10 a.m. - 5 p.m.

Tues.-Thurs. 9:00-7:00 Fri. 9:00-8:00 Sat. 9:00-6:00 Sun. 10:00-5:00

548 Carlton Road, Unionville

940-9086

Area artists sought for second Art in the Park

Local fine artists should have already received their registration forms for Art in the Park '97, The Tribune's summer art festival, to be held in July.

However, if you are a fine artist, and have not received one, now is the time to act. Artists have until June 20 to register for the event, but applications must be received by that date to be ensured of a position. "We are hoping to have many more artists than last year," said Andrew Mair, the festival chairman. Almost 500 invitations have been sent out to fine artists across the province. The goal of the festival is to increase The Tribune's donation to the North Durham Health Service (Cottage Hospital) over last year. Art in the Park '96 raised more than \$16,000, and saw close to 6,000 people come out to view and purchase the works of almost 200 artists.

Artists who have not received an application should call 649-2292.

ROXY Theatres of Uxbridge

NOW SHOWING!

Fathers Day (PG) Sun.-Thurs. 7:00 p.m. Show Only
Fri.-Sat. 7:00 p.m. & 9:00 p.m.
Matinees 1:15 p.m.

The Fifth Element (AA) Sun.-Thurs. 7:15 p.m. Show Only
Fri.-Sat. 7:15 p.m. & 9:30 p.m.

Back By Popular Demand

Cats Don't Dance (G) Matinees only 1:00 p.m.

KOLYA

Tickets available at the Roxy for this month's Art Film showing of "Kolya".

Sunday, May 25th

(Get your tickets soon, limited numbers available)

24 hour Movie Hotline 852-ROXY (7699)

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