

## Permanent Tooth Replacement With Dental Implants



If you are missing one tooth or more, dental implants could restore your smile and all that goes with it.

- Talk, laugh and smile with confidence.
- Eat all types of food comfortably.
- Live without gum irritation or mouth pain.
- Regain full function without damaging the surrounding healthy teeth.
- Improve your appearance with a more youthful, natural look.

All treatment is done in the comfort of our office.

To find out if you are a candidate for dental implants, call for a free consultation.

David Bernhard, DDS - General & Implant Dentistry  
1 Mintleaf Gate, Markham, Ontario L3P 5X4  
472-2091

## Stress is only bad when it can't be managed

Not all stress is bad for you. Stress only becomes a problem when you can't manage it, said Patricia Catherwood, CAMT from Uxbridge.

But there is help. Aroma massage therapy stimu-

lates, strengthens and balances organs, improves circulation and cleanses the body of toxins. This is done by using essential oils

### HEALTH

each oil is used for a different condition - which are massaged into the body.

The oil penetrates the deepest layer of your skin, entering the bloodstream and cell walls.

**Reflexology** Reflexology (or homeostasis which means being in a dynamic state of balance) also reduces stress, improves circulation, cleans the body of toxins, balances the whole system

and revitalizes energy. This is a natural healing process. It's based on the principle that there are reflexes in the hands and feet that correspond to parts of the body.

For the body to be healthy, everything must work together.

This article was submitted by Patricia Catherwood, CAMT. Her services run from \$20 to \$45. For details: 905-852-7969.

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Imperial Centre, 37 Sandiford Dr., Suite 301, Stouffville, Ont.

## CORRECTION NOTICE

We wish to draw your attention to the following in our "Great Gifts For Great Moms" Flyer.

Page 18 12 Volt Cooler/Warmer, 37-0193  
Comes with 10' cord not 12' as stated

We wish to draw your attention to the following in our current "75 Years Great Outdoor Sale" flyer.

Page 4 Item 6, Lawn Ornaments, 59-1041.  
Copy reads: Save 16 to 25%  
Should read: Save 15 to 25%

Page 7 Shimano/Bob Izumi Spinning Combo, 78-5520-8.  
Description should read: "Rod and Reel not as shown"

Page 12 Item 3, Sandbox, 50-3983-2.  
Copy reads: 59.99  
Should read: 64.99

Page 17 Class II & III Hitches, 40-7004X.  
Copy reads: Sale 118.49 to 254.99  
Should read: Sale 118.99 to 254.99

We wish to draw your attention to the following in our current 1997 Annual Catalogue.

Page 27 Item 10, 2 Handed Hand Truck, 60-0512-8.  
Copy reads: 23.99  
Should read: 39.99

Page 71 Item 14, Keyed-Alike Locks, 46-1596-8.  
Illustration is incorrect.

Page 184 Bike Computers, Transposition Error.  
#73-1254... 29.99 Should read #73-1245... 19.99  
#73-1245... 19.99 Should read #73-1254... 29.99

Page 185 Bike Saddles  
Copy reads: 73-7488, 19.99  
Should read: 74-7470X, 14.99  
Copy reads: 73-7470X, 14.99  
Should read: 73-7488, 19.99  
Copy reads: 73-7491, 24.99  
Should read: 73-7472, 19.99  
Copy reads: 73-7472X, 19.99  
Should read: 73-7491, 24.99  
Copy reads: 73-7492, 29.99  
Should read: 73-7493, 14.99  
Copy reads: 73-7493, 14.99  
Should read: 73-7492, 29.99  
Copy reads: 73-7481, 29.99  
Should read: 73-7483, 19.99  
Copy reads: 73-7483, 19.99  
Should read: 73-7481, 29.99

Page 220 Under Item 18, Big Jon Captain's Pak Downrigger.  
Copy reads: 78-4296-8 - Manual Model... 169.99  
Should read: 78-4298-4 - Manual Siderrigger... 299.99

Page 278 Computer Code Readers, 25-100X.  
Price should read: ea. 20.99 to 84.99

Page 297 Item 8 & 9, Accel Superstock #41-3840X... Kit for 34.99 is referring to Item #8 only

Page 298 Item 3 Submersible Trailer Lights, 20-3947-2  
The trailer light kits is non-submersible.

We sincerely regret any inconvenience we may have caused you.

note D319/320/Ann. Cat. 29/97A

## HEALTHY LIVING LECTURE SERIES Back for 1997!



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Wednesday May 14, 7:30 - 9:00 pm

DENTISTRY - THE AMALGAM CONTROVERSY  
DR. MORLEY M. LEM, D.D.S.

Wednesday, May 21, 7:30 - 9:00 pm

MENOPAUSE - YOUR NEEDS AND YOUR CHOICES  
HELEN CHANG-MEYERS, N.D. with  
DR. ANNIE HUM, M.D.

Wednesday, May 28, 7:30 - 9:00 pm

MEN'S HEALTH FORUM  
DR. DAVID SAUL, M.D.

Wednesday, June 4, 7:30 - 9:00 pm

ATTENTION DEFICIT DISORDER AND LEARNING CHALLENGES  
DR. LUIGI CASTAGNA, M.D.

FOR MORE INFORMATION PLEASE CONTACT:  
MARIA, HOMELIFE REMEDIES, (905) 471-9902

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## "Good-bye Plus Sizes... Hello new wardrobe!"

says Lisa of Woodstock, Ontario. Lisa is excited about being able to shop for new clothes anywhere - not just in the plus department. She also loves her new-found energy. "Thank you to Roseglen for teaching me better eating habits. I've lost 62 lbs. and 82 inches... and I've never felt better!"

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