

Development plan has up to 900 homes

(From page 3)

Forhan Jr. said he expects residents of Ballantrae and other areas will welcome the development once they see what it's all about.

The new community will be made up of 900 homes and an 18-hole champion golf course, a club house, a swimming pool and a tennis court.

An open space area is includ-

ed and could be used for jogging or strolling. Most of the residents of the new development will be 50 years and older. The new community will be a condominium setup with residents owning the houses and the lots, while all outdoor upkeep is done for the residents. The plan is to build about 60 homes in each of the next 15 years. Of those, 80 per-

cent will be one storey bungalows, while the rest will be link homes. The 1,200 to 2,000-square foot houses will sell for between \$190,000 and \$280,000, said Forhan Jr.

The information centre will be well staffed. Individual booths will be set up, giving residents a chance to explore all aspects of the proposal, including the golf course. If

residents can't attend the public sessions, they can visit the Forhan Group's office in Newmarket to collect information.

CORRECTION NOTICE

We wish to draw your attention to the error in our current '75 Years Spring Cleaning Values' flyer insert.

Page 1 - Cascade Cleaners, 99-1484-8 & 99-0947-4 Illustrations should be transposed

We sincerely regret any inconvenience

note 314 -97 All Zones

ADVERTISING CORRECTION

In our Spring Fashion/Home insert, included in this newspaper this week. Please note the following: Page 50-Featured Retreat sports shirt does not have a button down collar. Page 53-Tommy Hilliger navy chino pants are price incorrectly. Copy should read: \$78.00. Inadvertently, the errors listed appeared in our advertising. We sincerely regret any inconvenience or confusion to our customers.

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Water system concerns residents

(From page 3)

While local council didn't go along with putting growth on hold, a water study was ordered. A report will be ready in mid April.

The new communal water system may not be able to handle the demands of close to 1,000, Watson said. Last week, the Forhan Group, acting on behalf of developer Schickedanz, sent the town its report outlining water supply facts and how they relate to the proposed site.

Group spokesman Bob Forhan Jr. said the subject of water is also a critical matter for the developer. If there wasn't a guarantee that there'd be

lots of water and lots of good water, Schickedanz Bros. Ltd. "would not proceed," with the development, stressed Forhan Jr. The water issue has been well explored by the developer "We're confident water is not a problem," said Forhan Jr. One of York Region's mandate is to provide enough water and problem-free water to communities, Forhan Jr. stressed. "The region must provide the water and provide good water. And, keep in mind: the region then monitors the water."

Unique clinic fills void in health care

Many individuals who become injured or develop some sort of persistent pain become frustrated because they can not find quality long term solutions. One to One Injury & Pain Clinic specializes in treating these individuals. "This usually occurs because a patient either has a problem that OHIP covered services can not adequately resolve or the patient can not find and/or afford the advanced therapies they require," says Simon Wakefield RMT, CNT, Physical Rehabilitation Therapist Clinic Director. "We can offer quality options to these individuals," he adds. "We have various programs to meet almost anyone's needs." Some of the conditions One to One Injury & Pain Clinic successfully treats include auto accident injuries, whiplash, recurring or persistent upper/lower back pain, tendonitis, asthma, sciatica, all types of headaches, TMJ (jaw pain), sprains/strains, arthritis, sports injuries, fibromyalgia and much more.

The clinic welcomes even the most stubborn and difficult to treat cases. "We don't mind if you have had multiple whiplash injuries spanning 20 years or if you have been told you have an "untreatable" condition such as fibromyalgia. As an example most of our fibromyalgia patients report feeling 75-100% within a few months," Wakefield says.

The clinic's primary goal is to remove dysfunction and return tissues to their normal pre-injury state, instead of compensating for or masking a

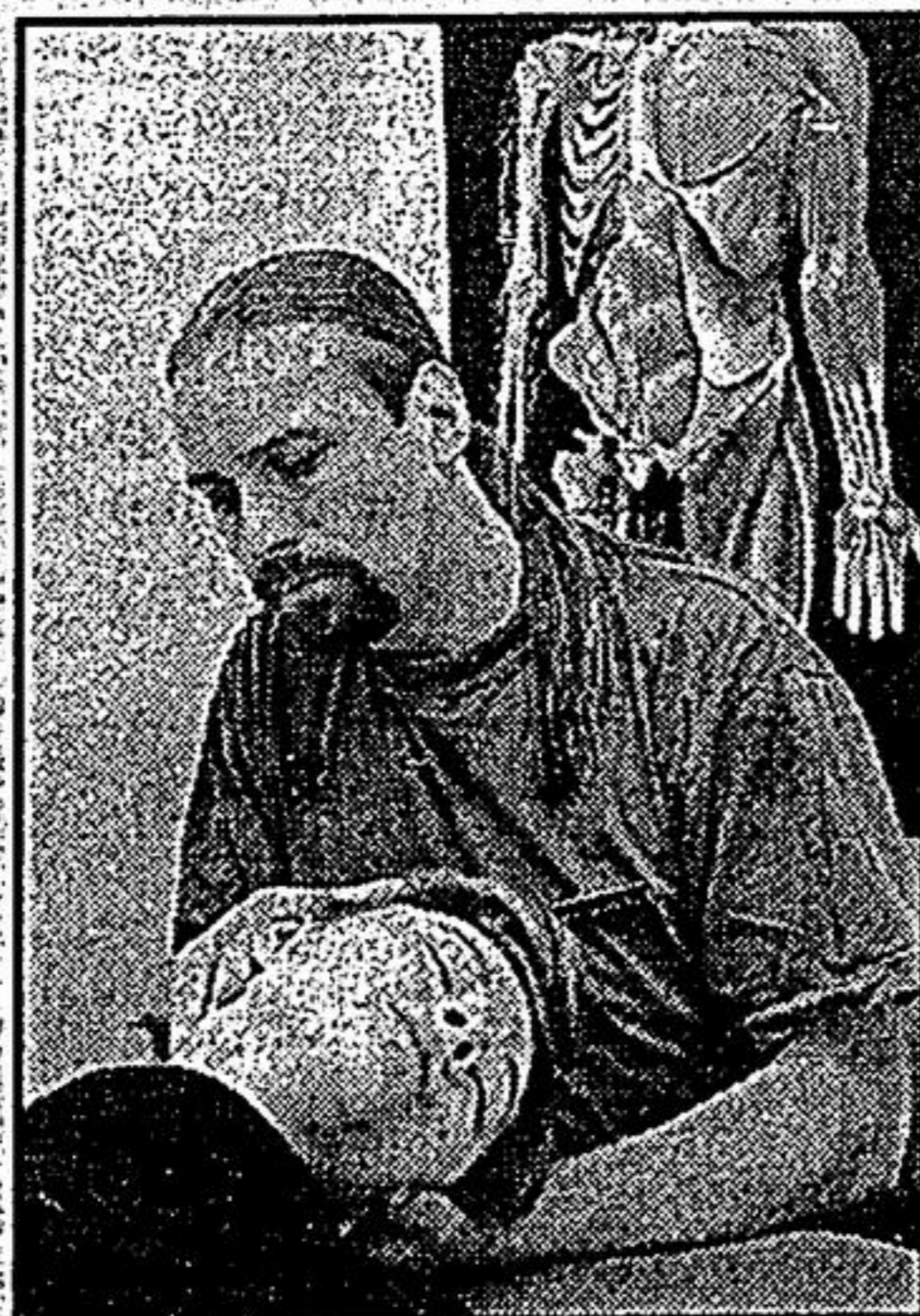
problem. "If you reduce someone's pain but don't correct the underlying dysfunction, the benefits to the patient tend to be short lived," says Wakefield. "We want to correct the problem, not a symptom of the problem. This creates superior, long term effects and often shortens the duration of therapy needed by the patient."

The clinic accomplishes goals by using advanced

relaxing massage, myofascial therapy and general therapeutic massage. All Massage Therapy is only performed by a "Registered Massage Therapist" (RMT), of which the clinic has two. "We also have lots of uninjured people come in to the clinic for just Massage Therapy because the services are offered in a clean, safe, clinical setting," says Wakefield.

The cost of clinic services are covered by no-fault auto insurance, employee and group health care plans, extended health insurance, Workers' Compensation Board claims and personal payment. "Regardless of the method of payment, clinic costs are extremely reasonable," says Wakefield. "The most rewarding part of the job is when someone tells you they feel 100% and no longer require treatment."

He adds, "I am excep-



Simon Wakefield from One to One Injury & Pain Clinic

tionally proud of the work being performed at the clinic."

Health care providers, insurance companies and individuals are invited to contact One to One Injury & Pain Clinic at (905) 472-6340. The clinic is located at 144 Main St. N., Suite 207 in Markham.



Steve Gogas
Sales Consultant

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&
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