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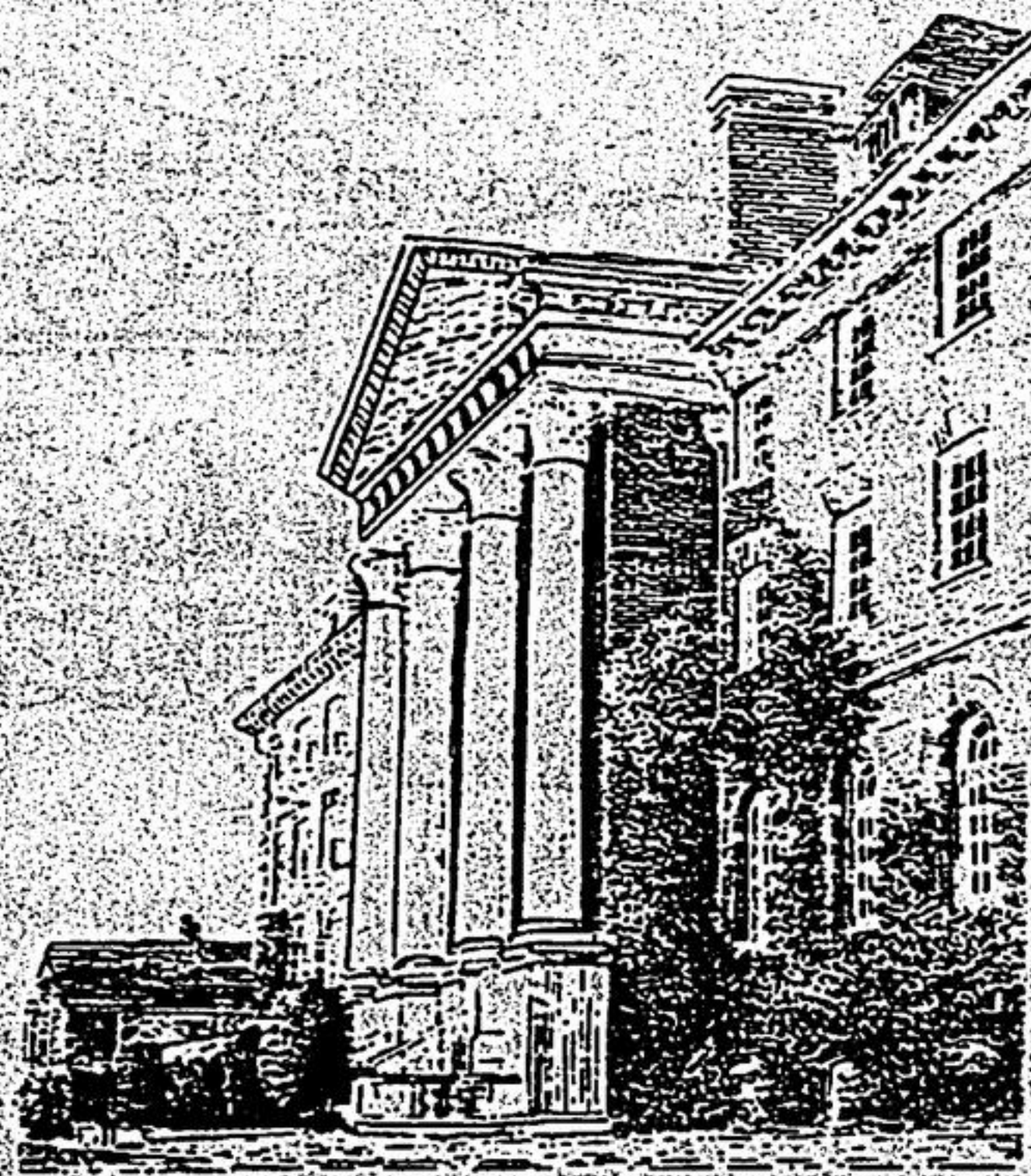
THANK YOU FOR YOUR SUPPORT!

Pickering College

Caring for Children since 1842
A Coeducational Independent School from Grades 4 to OAC

*Pickering College is now accepting applications to
 Grades 4 and 5 for September 1997.
 (Boarding spaces available from Grades 7 to OAC)*

Traditionally small classes (16 to 18 students) and personal attention in a strong academic environment develop the potential of every individual student. Daily after school sports, instrumental music and use of computers in the classroom are features that help prepare Pickering College students to be confident members of the community.



Please join us at our Open House,
 Wednesday, April 9, 1997 at 7:00 p.m

For further information please call the
 Admissions Office at (905) 895-1700 Ext. 252
 or by fax at (905) 895-9076
 16945 Bayview Avenue
 Newmarket, Ontario
 L3Y 4X2

(We are presently interviewing for a limited number of students in
 Grades 4 to 8, available immediately.)

Weekend Lamaze workshop offered to expectant couples

By KATE GILDERDALE
 Correspondent

Preparing for the birth of a new baby is an exciting, if sometimes bewildering, experience for first-time parents.

Kawartha Lamaze, which conducts a continuing series of evening childbirth classes at Port Perry Community Memorial Hospital, is also offering a prepared childbirth weekend for couples at the Wigamog Inn Resort in Haliburton in May.

The weekend provides an alternative to the evening series, said Sandra Carrier of Kawartha Lamaze. "A specialized childbirth program in a weekend getaway provides expectant couples with the convenience of preparing for the birth of their baby in a relaxed atmosphere away from work and home."

The Lamaze method, which is highly recommended by hospitals and health care professionals, covers all aspects of childbirth including relaxation and breathing techniques, alternative birthing methods and available options in medication and obstetrical treatments.

"Preparation for childbirth can help you take on a more active role in the birth of your baby and assist towards a more satisfying birth experience," explained Carrier. "Kawartha Lamaze is dedicated to providing knowledge and current information on pregnancy, childbirth and the newborn, with an approach that combines caring and understanding, while respecting the individual needs of women, their partners and their families."

Other services offered by the organization include early pregnancy information evenings, a refresher series for those who have previously attended preparation classes and private classes to meet individual schedules.

This year, Marilyn Wanamaker, a third-year nursing student from Sir Sandford Fleming College, is working with a certified childbirth educator through Kawartha Lamaze and will be presenting a free prenatal/parenting information day from 10 a.m. to 4 p.m. April 26 at Port Perry United Church on Queen Street.

Information on Kawartha Lamaze will be available and tables will be set up for other exhibitors. Anyone who is interested in participating in the event, or who would like further information on prenatal courses, can contact Carrier at 705-786-3217.



Les Sortilèges

WED MAR 26 AT 8 PM

Rippling ribbons, early Canadian buckskin and jangling tambourines... it's a living, breathing mosaic of international folkloric dance!

TICKETS: \$20.

Black Umfolosi

APRIL 3 - 5 AT 8 PM

A powerful mix of shield-waving, boot-stomping Zulu war dances and hauntingly serene songs of love and hope.

TICKETS: \$20.

Sponsored by Radisson



by NOEL COWARD

APRIL 8 - 11 AT 8 PM

APRIL 12 AT 2:30 & 8 PM

Angrily divorced, Elyot and Amanda are honeymooning with new spouses in the same Riviera town. Two adjoining rooms, one shared terrace leads to the perfect comedy!

TICKETS: \$19. - \$29.

Sponsored by Bell

Markham Theatre for Performing Arts
Call (905) 305-SHOW

(905) 305-7469 • GST and Handling Charges apply • NW Corner of Warden Ave. & Hwy #7

