

Valentine's Day

History of Valentine's Day

Duke of Orleans sent first card from prison cell in 1415

Valentine's Day is a time to express feelings of love and affection. But how did this custom begin?

Several historical events have contributed to our current version of Valentine's Day, says Kendall Woods, manager of corporate communications for Carlton Cards.

The Romans chose to celebrate the feast of Lupercalia during the month of February. It was held in honor of the pastoral god Lupercus and Venus. Maidens placed their names in an urn located in the public square. Bachelors would then select the names of their new mates. Later, people believed that February 14 was the day when birds chose their mates. As a

result, pigeons and doves have come to symbolize fidelity.

In 469 A.D., Pope Gelasius proclaimed February 14 as the date to honor the martyr St. Valentine. The Pope made this proclamation in an effort to make Lupercalia more Christian in nature. Some historians believe that after emperor Claudius II banned weddings, St. Valentine performed secret ceremonies to bring loved ones together. Others believe that while imprisoned for refusing to denounce his faith, he fell in love with the jailer's daughter, sending her notes signed "From your Valentine." Charles, Duke of Orleans, is credited with sending the first Valentine card from prison in 1415.



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- ✓ **VISION PROBLEMS**
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- ✓ **HEADACHES**
Sudden, severe and unusual headaches.
- ✓ **WEAKNESS**
Sudden weakness or numbness in the face, arm or leg, especially on one side of the body.
- ✓ **TROUBLE SPEAKING**
Sudden trouble speaking or understanding speech.
- ✓ **DIZZINESS**
Sudden dizziness or loss of balance.

HEART AND STROKE FOUNDATION
Seek immediate medical attention if you have any of these symptoms.

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Saturday and Sunday Feb. 8th and 9th 1:00 to 5:00pm
at the Art of Walter Campbell Gallery

52 West Beaver Creek Rd. Unit 6, Richmond Hill, Ontario. Phone: 905-709-2284

Gallery Hours:
Tues. to Sat.
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