

SCORE BOARD

WHITCHURCH-STOUFFVILLE GIRLS HOCKEY ASSOC. JUNIOR HOUSELEAGUE
 Pizza Pizza 4 vs Credit Union 4
 Pizza goals: Andrea Sadowski (2); Lindsay Hambleton; Crystal Pearce. Assists: Meghan Bradbury; Megan Miller; Pearce (2); Sadowski.
 Credit Union goals: Shannon Blackman (3); Ashley Hill. Assists: Hill (3); Lindsay Wortzman, Sarah Hill.
INTERMEDIATE HOUSELEAGUE
 EMS Carpets 9 vs Pronto Automotive 2
 EMS goals: Brandy Ferrill (4); Kate Ross (2); Lindsay Cameron (2); Alison Grant. Assists: Logan Pattimore.
WEEK OF JAN. 20-24
JUNIOR HOUSELEAGUE
 Moller Insurance 3 vs Pizza Pizza 2
 Moller goals: Cassandra Sparks (2); Elizabeth Knox. Assists: Kimberly Round.
 Pizza goals: Michelle Drake; Crystal Pearce. Assists: Lindsay Ham-

bleton (2); Meghan Bradbury.
 Credit Union 0 vs Pet Valu 3
 Pet Valu goals: Stephanie Gilberto (3). Assists: Jennifer Napier (2); Erica Burgess (2); Shannon Hagarty.
 Pizza Pizza 0 vs Pet Valu 2
 Pet Valu goals: Erica Burgess; Allyson Gaunce. Assists: Corliss Boon; Shannon Hagarty.
 Moller Insurance 2 vs Credit Union 0
 Moller goals: Cassandra Sparks - unassisted.
INTERMEDIATE HOUSELEAGUE
 Angie's Eatery 2 vs EMS Carpets 4
 Angie's goals: Christina Davis; Chantal Aschwander. Assist: Carlie Buffan.
 EMS goals: Dee Nagymarosi (2); Brandy Ferrill; Jessica Allen. Assists: Ferrill, Allan, Nagymarosi.
 Play-It-Again Sports 4 vs Pronto Automotive 2
 Play-It goals: Melanie Paterson (2); Nicole Cormier; Kelly Morrison. Assists: Laura Mahoney (2); Kelly McDowell; Becky Grieve; Lisa Zarzorny.
 Pronto goals: Christine Hartnoll (2); Elizabeth Knox. Assists: Joanne Crymble.
SENIOR HOUSELEAGUE

Sports 0.
 Angie's goals: Laura Beaton; Carlie Buffan; Karen D'Andrea; Lauren Gainsbrook. Assists: Melanie Macchiorine; D'Andrea; Cainsbrook; Beaton; Buffan.
SENIOR HOUSELEAGUE
 Randy's Appliances 2 vs Pizza Pizza 5
 Randy's goals: Anna Durante; Mandy Varidenberg. Assists: Morgan Dubkowski; Lisa Krisman.
 Pizza goals: Stephanie Hughes; Rachel MacMillan; Andrea Meyer; Pam Boyce; Melissa Brown.
 Assists: Meyer, Hughes (2); Brown.
 Smalley's Christmas Trees 3 vs VIP's 2
 Smalley's goals: Sarah Smalley; Leslie Steiner; Tina Dart. Assists: Stephanie Rand; Katie Shanahan.
 VIP goals: Lindsay Osaka; Ashley Barton. Assist: Logan Pattimore.
WEEK OF JAN. 20-24
JUNIOR HOUSELEAGUE
 Moller Insurance 3 vs Pizza Pizza 2
 Moller goals: Cassandra Sparks (2); Elizabeth Knox. Assists: Kimberly Round.
 Pizza goals: Michelle Drake; Crystal Pearce. Assists: Lindsay Ham-

Pizza Pizza 3 vs Smalley's Christmas Trees 5
 Pizza goals: Pam Boyce; Melissa Brown; A. Papadopoulos. Assists: Andrea Moyer; Stephanie Hughes.
 Smalley's goals: Tina Dart (2); Michelle Dulude (2); Amy Robson. Assists: Dart.

DON VALLEY NORTH LEXUS - TOYOTA ATHLETE OF THE WEEK



KAREN RIGG

Last year Karen Rigg decided playing on a Representative Women's Slo-Pitch team left her winters free. She decided to take her considerable athletic abilities to the ice and joined Markham Women's Ringette. Although having skated very little in the past, through hard work, power skating lessons and her competitiveness, she has become a very solid defensive player. Last week, while playing forward, she scored 3 goals in one game. Karen now plays on a competitive Recreational Ringette team which plays in 4 tournaments a year.

DON VALLEY NORTH LEXUS - TOYOTA
 3120 Steeles Ave. E.
 East of the 404 (Pkwy.) 475-0722

PARENTS BOWL FREE!

Hey, kids... what a great deal!
 During the month of February, bowl at **UXBRIDGE BOWL** with our new **PROSCORE** automatic computer scoring system, and Mom or Dad can bowl free!

(maximum of one parent per child)
 (Each parent must be accompanied by a child bowling at the regular children's rate of \$2.50 per game).

MOM OR DAD!

When you bowl at **UXBRIDGE BOWL** for free during February, make sure your child completes the **LUCKY DRAW COUPON** below for a chance to win a new Mountain Bike

(One draw each for boys and girls - must be 13 or under).

(Reservations recommended)

69 Brock St. W. 852-3141

UXBRIDGE BOWL

WIN A BIKE DRAW

Name _____
 Address _____
 Phone No. _____
 Date of Birth Mo. _____ Day _____ Year _____ (UT-197)

A Prayer for Spiritual Qualities

O God! Refresh and gladden my spirit. Purify my heart. Illumine my powers. I lay all my affairs in Thy hand. Thou art my Guide and my Refuge. I will no longer be sorrowful and grieved; I will be a happy and joyful being. O God! I will no longer be full of anxiety, nor will I let trouble harass me. I will not dwell on the unpleasant things of life.

O God! Thou art more friend to me than I am to myself. I dedicate myself to Thee, O Lord.

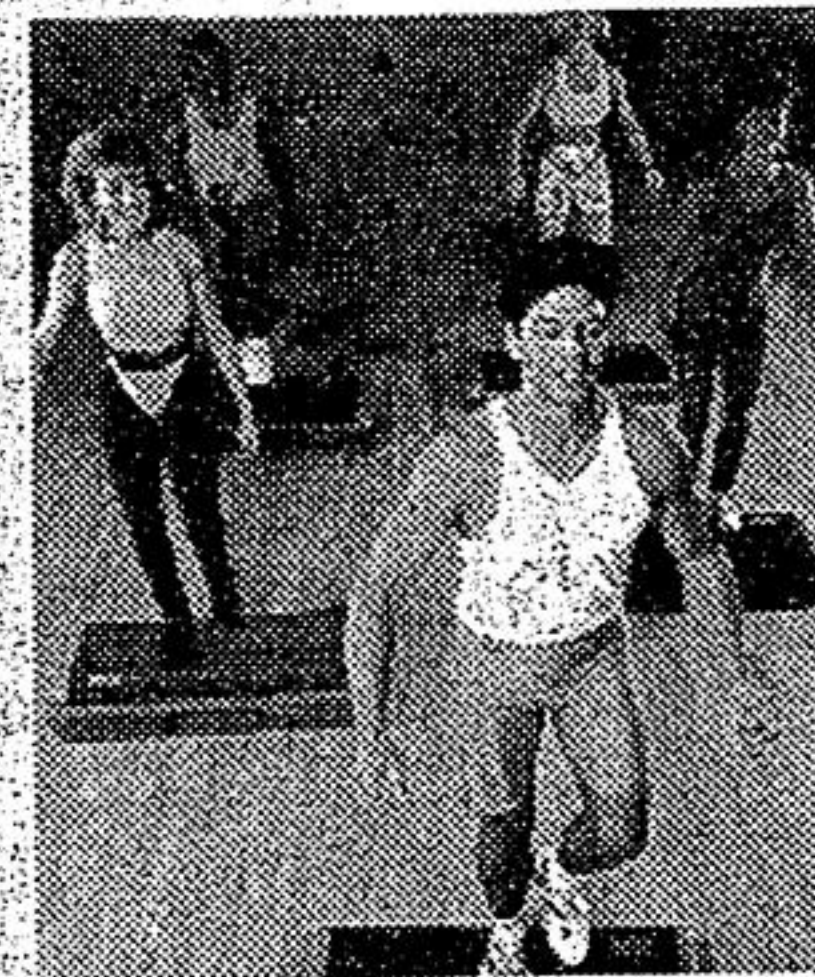
-Abdu'l-Baha

With loving greetings from the Baha'i Community of Whitchurch-Stouffville

1-800-433-3284 <http://www.bahai.org>

30 DAYS FREE!

Take the Fitness Challenge



Push - pull... and push back! There is nothing like a workout on the best fitness equipment money can buy. It will make you feel great, look great, and even trim off a few pounds.

Our fitness instructors will design an exercise program especially for your needs - and even more importantly, we'll help you stick to it!

Start today... the rewards are yours!

Call Now!

416-475-9288
 3500 Steeles Ave. Markham

GoodLife
 FITNESS CLUBS

*First time members only. Some restrictions may apply. Limited time offer.

On February 5th Ken Prentice brings Ross Dixon to Whitchurch-Stouffville.

And that means you can choose from a comprehensive range of investment products, like mutual funds from over 1,300 companies including Trimark, Dynamic, Templeton and Spectrum United. We shop the market for the

best GIC rates from over 50 institutions. We offer RRSP loans at prime, and special investment options like the Ross Dixon "Best Choice" plan. And because, unlike most financial institutions, we're completely unbiased,

we can be honest and objective about which vehicle is best for you and why.



The best choice is here.

18 RINGWOOD DRIVE STOUFFVILLE 642-9507