

Putting on the McRitz

Silent Auction & Dinner



McDonald's Restaurants
Hwy. #7 and McCowan

Prizes to bid on include:
 • 4 day cruise followed by 4 days at Disney World for 2 people including airfare and car rental. Donated by Cruise Holidays of Markham.
 • An evening for 2 in the York Tower Suite at the Sheraton Parkway.
 • 1 Year fitness membership at the Works Fitness and Aerobics Centre.
 • An evening for 2 at the Radisson Hotel.
 • An evening for 2 at the Embassy Suites Hotel including manager reception and buffet breakfast.
 • Limited edition Robert Bateman print "The Panda".
 • All artwork currently on display at the McCowan Rd. McDonald's Restaurant.

FROM NOVEMBER 1ST TO 5TH YOUR VISIT TO McDONALD'S IN MARKHAM COULD BE EVEN MORE FUN. McDONALD'S IS RUNNING A SILENT AUCTION IN SUPPORT OF THE MARKHAM-STOUFFVILLE HOSPITAL ITEMS FOR AUCTION PLUS THE HIGHEST BID SO FAR WILL BE POSTED EACH DAY. SIMPLY FILL OUT A BALLOT WITH YOUR BID AND THE HIGHEST BIDDER WILL GET THE ITEM ON NOVEMBER 6TH AT 7:00 P.M. McDONALD'S WILL CLOSE ITS DOORS TO REGULAR CUSTOMERS AND SERVE A FOUR COURSE TABLE SERVICE DINNER TO ADVANCE SALE TICKET HOLDERS. PRIZES, DRAWS AND MCFUN WILL BE PART OF THE EVENING ALONG WITH THE GREAT TASTE OF McDONALD'S. TICKETS ARE LIMITED AND ARE SOLD FOR A \$25 DONATION TO THE MARKHAM-STOUFFVILLE HOSPITAL FOUNDATION.



For More Information
Please Call
477-2891



HEALTHY LIFESTYLES

Shiatsu offers holistic approach to health care

One outlet from the build-up of stress and tension which can manifest itself physically in the form of knots, aches and pains, is shiatsu therapy.

Based on oriental medicine, the technique encourages viewing the body, mind and spirit as a system functioning as a whole. It's a form of massage in which systematic pressure is applied to the body using fingers, thumbs, palms, or elbows with the goal of stimulating the body's natural healing abilities.



Liz 'n' Paul
Hairstylist

Welcome Ross
To the Unionville Store
Ross would like to invite present and new clients to take advantage of his **Introductory Specials**:
 Ladies Wash, Cut & Blow Dry \$20.00
 Men's Wash, Cut & Blow Dry \$12.00
 Perms from \$25.00 (cut extra)
 Children - \$8.00

20 Fred Varley Dr.
(Off of Main St. Unionville)
LIZ 'n' PAUL
Hairstyling & Esthetics
(905) 477-3646

"The main difference between shiatsu and other forms of massage is that it has a deeper impact on the body which resonates in the entire body," says certified shiatsu therapist at Centre of the Emerald Heart, Shiatsu Bayview, Peter Sild.

Furthermore, shiatsu works via the nervous system which controls muscles and the lymphatic systems.

Those who can benefit from this massage include people who suffer from migraines, back pain, arthritis, asthma, insomnia and multiple sclerosis.

Clients experience a relaxing effect on the muscles, bones and nervous system, which in turn allows nat-
(Please see page 17)

Dr. Michael Pollak DDS

GENERAL & COSMETIC DENTISTRY

- Special Interest in Cosmetic Dentistry
- Bleaching, Bonding, Implants
- Porcelain Veneers



- Emergency Care
- General Dentistry
- Children's Dentistry
- Convenient Location - Extended Hours
- (Sunkist Plaza) • Hwy 48 & 16th Ave. Markham
- **472-2454**
- FREE DENTAL CONSULTATION

ADVERTISING FEATURE

Get all your personal care needs looked after by professionals at Neece Electrolysis and Maquillage Esthetique Inc.

Everything you need in personal care is now available right on Unionville's Main Street.

Neece Electrolysis, formerly housed on Hwy. #7, has moved to 139 Main St. Unionville, directly beside the long standing Maquillage Esthetique Inc.

Neece Electrolysis owner, Angela Martino, has expanded her business to the location in order to further accommodate her growing clientele.

This spot allows for greater privacy for my clients as well as more comfort in the two larger rooms in which we now work.

Indeed, the immaculate and stylish setting is enhanced with floral accents and a soft pastel interior which complements Angela's soothing demeanor.

Electrolysis, a process to permanently remove unwanted hair, is one way of tackling a problem common to many women.

The object of electrolysis is to create a situation in which clients no longer need the service, says Angela. Shaving, tweezing, and depilatory creams can actually enhance the problem in the long term. Electrolysis is the only permanent solution.

Electrolysis is a process in which a fine needle is inserted into the hair follicle, a minute amount of electrical current is applied to destroy the

lower two-thirds of the follicle and cauterizing blood vessels which supply the nourishment to the hair in order to stop further growth.

Angela is a certified specialist in the procedure and has been practising in Unionville for over three years. Needles used are disposable, she stresses. Furthermore, the process is safe and discomfort is minimal.

Angela welcomes Nasim Abbany, former owner of Bellasim Electrolysis

& Esthetics, to her staff.

Step next door to Maquillage Esthetique Inc. to further pamper yourself with anything from a simple manicure/pedicure to waxing, make up applications, or intensive skin and body treatments.

Owner Karin Bauer, provides a serene setting for clients who need only sit back and enjoy.

The salon also houses a boutique stocked with fun fashions, jewelry and

make-up to service all your personal care needs.

Karin is a professional who has trained extensively at the renowned Dr. Lam Advanced Skincare clinic in 1981.

The work done in the salon is more therapeutic in nature, she says, and is recognized by dermatologists and podiatrists. In addition, the six-year-old business is the leading store in eastern Ontario for Sothy's Skin Care line from Paris.

Karin has been at the Unionville location for two years and continues to provide services in a sanitary setting. Her four treatment rooms are always outfitted with fresh, clean towels as well as bathrobes and slippers for each customer.

The extra care provided at the salon is one of the reasons clients come from as far away as the Yukon, Ottawa and Montreal as well as Markham and the Greater Toronto Area.

Karin is pleased to welcome Nicky Singh, former owner of Hair & Beauty Obsession in Unionville, to her staff team.

Neece Electrolysis is located at 139 Main St., Unionville, Suite 205 directly adjoining Maquillage Esthetique Inc. which is in Suite 204.

For more information or to make an appointment call Neece Electrolysis at 946-8803, and Maquillage Esthetique Inc. at 477-8116.



Unionville Main Street's Neece Electrolysis and Maquillage Esthetique Inc. are staffed by professionals including (back row from left) Nasim, Esther, and Nicky, (front row from left) Neece Electrolysis owner, Angela Martino and Maquillage Esthetique Inc. owner, Karin Bauer. Visit them during their OPEN HOUSE Saturday Oct 21, 11a.m. to 3 p.m.