

Calendar

Tuesday, Sept. 26
PARENT FINDERS is holding its monthly meeting from 7:30 to 9:30 p.m. in the police building, 8700 McCowan Rd., Unionville. Parent Finders is a self-help group open to all members of the adoption triangle. Everyone welcome. Refreshments. No charge. For information call Joyce Ramer, 640-6230 or Parent Finders at (416) 239-1168.

STOUFFVILLE DISTRICT Secondary School P.T.L.G. meet four new principal. All parents welcome. 7:30 to 9 p.m.

SILVER JUBILEE CLUB Way to Wellness Program, today at 1:30 p.m. Topic: Healthy Aging.

SPECIAL NEEDS CHILDREN IN YORK REGION for parents/caregivers. Networking for Special Needs Kids group will be meeting tonight at 7 p.m. at the Resource Centre, 510 Penrose, Newmarket. (Arrive at 6:45 to view the new Snoezelen Room). This month's topic: Special Services at Home. Please join us to share information. For more info call 905-853-6179 or 905-853-2632.

Thursday, Sept. 28
WHITCHURCH-STOUFFVILLE NEWCOMERS CLUB Registration Night and first meeting of the year will be held at 8 p.m. in Stouffville United Church, 51

Church St. All ladies, new to town are invited. For further information, please call 642-4462.

Saturday, Sept. 30
GORY CARMAN MODELS International and Expressions Dance Studio are selling, swapping and trading their wardrobes from 4 p.m. to 8 p.m. Located at Expressions Dance Studio, 27 Winona Drive, Stouffville, Beside Video 99. Admission: \$5. For more information call 642-6900.

KICKSTART YOUR CREATIVITY, a one day seminar organized by the Latcham Gallery in Stouffville. Will include guest speakers, a panel discussion, lunch and a

tour of the exhibition and will also tour Ontario Craft Works. Contact the gallery at 6240 Main Street, or call 640-2395.

Sunday Oct. 1
ALTONA MONNONITE CHURCH is holding a commemorative service at 3 p.m. Guest speaker, Rev. Winston Thurton.

CLAREMONT BAPTIST CHURCH will be celebrating the 174th Anniversary of continual worship in Claremont. Speakers at 11 a.m., Rev. Blair Clark and Eric Adams. Pot luck supper at 5:30 p.m. preceding a musical evening led by Linda Evans and Reg Benoit at 7 p.m. For information call Pearl Burnell at 640-3156.

Beer store assists in fight against diabetes

There's gold in them beer bottles, a health volunteer has reported.

Don Drew, spokesman for the York branch of the Canadian Diabetes Association (CDA), has announced that a search to find 1.5 million beer bottles and cans province-wide has been launched.

The search includes Stouffville and Markham. On Saturday, Sept. 30 from 10 a.m. to 4 p.m., volunteers will be at beer stores in Stouffville and Markham to accept empty beer bottles and cans as donations to help the CDA's province-wide goal of \$150,000.

No community, including Stouffville or Markham, is immune to diabetes, Drew stressed.

There are 35,000 diabetics in York Region, Drew said the alarming part of the situation is "half the diabetics in York don't know they've got it."

Drew explained why the association opted for a beer bottle and can drive.

"With today's hectic pace, the time and effort to donate is difficult," said Drew. "This campaign presents an easy and affordable way to give to a worthy cause. Donating empties is a fun alternative to giving cash."

There is, however, nothing fun about diabetes, Drew stressed. "Diabetes doubles the chance of heart disease and stroke and is the

leading cause of blindness and amputation. In fact, diabetes is the third leading cause of death by disease in Canada," he said.

On a world scale, more than 100 million people are afflicted with diabetes, compared to 30 million a mere 10 years ago. Drew pointed out that by the year 2000, the number of diabetics in York Region will increase by 10 per cent. On a national scale, one in 10 Canadians has diabetes. By the year 2004, one in four Canadians over 45 years is projected to have diabetes, Drew said.

Diabetes is expensive. Health-care costs linked to the management of diabetes in Canada is between \$5 and \$6 million, the CDA reported.

"Research and its advancement is, however, very much a part of combating this diabetes."

Over the past 23 years, the CDA has been a "key player" in supporting the advancements of significant research findings, through the work of researchers who have become internationally known for their contributions to diabetes research, said Drew.

Beer drinkers in Markham and Stouffville are being asked to save their empty bottles and cans and on the 30th, take them to the local beer store.

—Joan Ransberry

STOUFFVILLE AUTO WASH

37 Winona Drive 642-2712
 (across from Canadian Tire Stouffville)

It's our **5th Anniversary**
 come celebrate on
October 1st, 1995
 with

FREE CAR WASH!

10 a.m. to 4 p.m.
 Automatic only

THANK YOU, MIKE & SHAWN



Stouffville Beer Store manager Peter Stoyanovski receives empties from Will Nahr, and gives money to Don Drew of the Canadian Diabetes Association in exchange. Photo: SAOIRO WITTEVEEN

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