

Markham Stouffville Hospital



Rehabilitation Day Hospital offers comprehensive programming

By RENA GALANIS
Advertising Features

The recently opened Rehabilitation Day Hospital at Markham Stouffville Hospital offers yet another dimension in patient care and convenience.

Patients come twice a week for therapies for a maximum of four months. Reassessment occurs eight weeks after the program to see if any modifications are required in their home program.

Services which make up the program include medical, nursing, physiotherapy, occupational therapy, clinical pharmacy, dietary, speech language pathology, social work, and recreation therapy.

It's a comprehensive, goal-oriented program designed to help physically disabled adults reach their potential at the physical, cognitive and social levels," says Kim McGurn, clinical registered nurse for the day hospital.

In order to qualify for services patients must:

- Be 18 years or older.
- Have at least one major medical diagnosis (eg. stroke, MS, etc.).
- Be committed to goals established.
- Be in need of two or more services provided.
- Be considered medically stable in order to allow for participation in the program.
- Not be a hospital in-patient.
- Have a family physician.

The program is ideal for patients who can't cope at home without services and are able to come out for the sessions required to help them stay in their home environment for as long as possible," McGurn says.

Therapists and other professionals in the program promote family participation "because living with someone who has a disability has an impact on every member of the household," she adds.

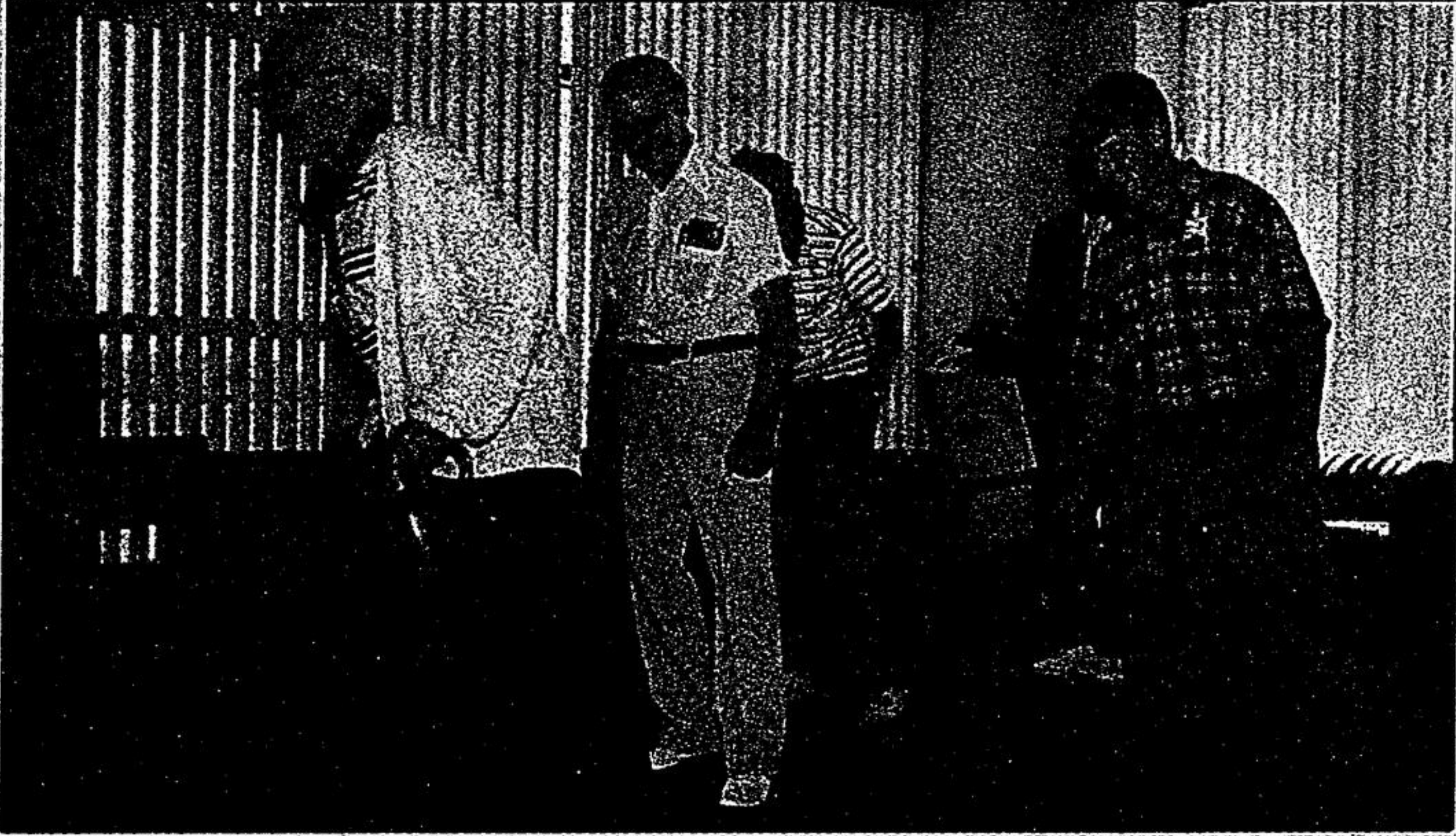
Furthermore, the hospital works together with Home Care, a community agency which assists physically disabled adults and also helps link them up with other local service groups such as the Aphasia Centre in Stouffville.

"Additional benefits to the program include shorter hospital stays and individualized services created in collaboration with the patient and their family," McGurn says.

The Rehabilitation Day Hospital offers services for 15 patients every day and is available through a physician's referral. Sessions run from 9:30 a.m. to 3 p.m. Monday to Friday but half-day sessions are also available for those not able to tolerate the entire day. Although treatment costs are covered through OHIP, all aids (walking canes, etc.) are not.

Visit the Rehabilitation Day Hospital booth in the hospital restaurant during the Wishing Well-ness '95 Community Open House this Sunday, Sept. 24 between 1 p.m. to 4 p.m.

For more information call them at 472-7387.



Recreation therapist, Matt McDonald, leads patients in a round of line dancing at the recently opened Rehabilitation Day Hospital at Markham Stouffville Hospital. Visit the facilities during the Open House this Sunday, 1 p.m. to 4 p.m. Photo/LORI EMMERSON

Meet board of directors at corn boil this Sunday

(From page 1)
ability in giving something back to the community in order to make it better," says chair of the quality committee, Flora MacDonald. "I was brought up with that kind of example and philosophy in my own family."

The Stouffville resident has been on the board for over two years and has a background in advertising but presently is a stay-at-home mom, raising her first child.

"The quality committee is at the heart of what the hospital is all about," she says. Ensuring the quality of care and service the hospital delivers is her priority.

"We have to bring unique and valuable services to the

community to make use of this excellent facility. In addition, looking at what's not excellent and making changes is also part of the job," says member Michael Daramola.

"We have to be critical," he says. "The hospital responds to a diverse community with a variety of needs."

Milliken Mills, must be addressed.

Part of my work with Markham Stouffville Hospital entails making new residents more aware of the hospital's offerings and services.

community to make use of this excellent facility. In addition, looking at what's not excellent and making changes is also part of the job," says member Michael Daramola.

"We have to be critical," he says. "The hospital responds to a diverse community with a variety of needs. It's our job to look at issues from all angles and come up with a democratic solution."

Residents are invited to meet the board of directors who represent them at the Corn Boil they are hosting during the Community Open House on Sunday, Sept. 24, 11 to 4 p.m.

Residents are also well-served by the public health services provided by the

Purchase of new capital equipment puts Markham Stouffville Hospital on frontier of patient care

By RENA GALANIS
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Markham Stouffville Hospital continues its progression with the use of new equipment, offering patients the most up to date technology in a variety of services in patient care.

This fall the hospital will open a regional prostate centre which will house an interactive computer system for patient education and will further allow them the opportunity to speak to knowledgeable staff about treatment options.

In addition, the hospital's purchase of new capital equipment, the prostatic vaporization equipment used in prostate surgery, allows for a less traumatic operation and decreased hospitalization, again making the patients' treatment more efficient and comfortable.

Surgery to treat prostate enlargement, called the Trans Urethral Resection of the Prostate (TURP) is standard and has been used for many years, says Markham Stouffville Hospital urologist, Dr. John DiCostanzo.

Major advantages through use of the new equipment include no fluid absorption and almost no bleeding, adds Dr. DiCostanzo's partner, Dr. Avidis Boudakian.

"Theoretically we can send patients home the same day because fluid (urine) is clear within only a few hours," he says.

Previously surgery was conducted through a telescope which was passed into the bladder. Tissue was then removed with a wire loop through the telescope until the channel sufficiently opened.

The procedure is now conducted in a similar fashion but instead of cutting, the new equipment literally vaporizes tissue through the passing of an electrical current through its rollerball tip.

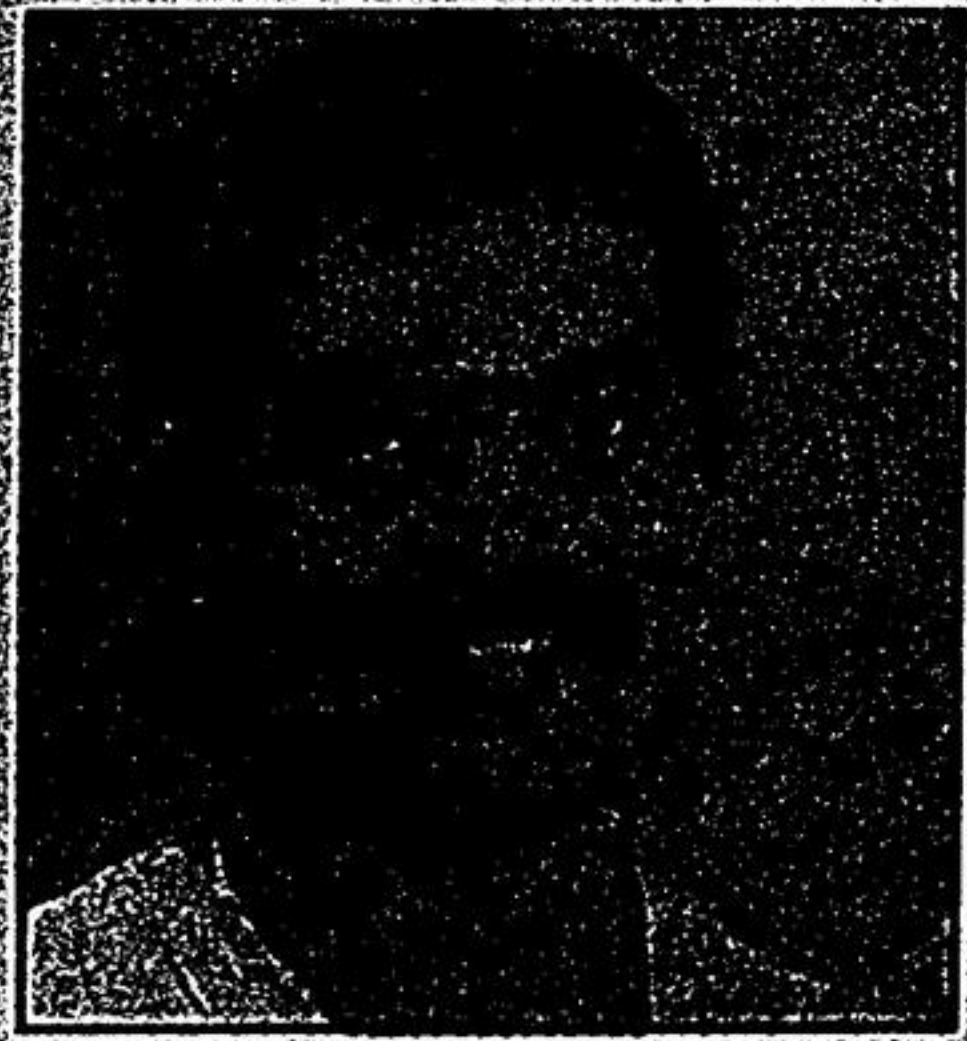
There is no bleeding and therefore no opportunity for fluid absorption and the end result is the same, Dr. DiCostanzo says.

In addition, there is less bladder irritation and patients go home within three days as opposed to seven which was the norm previously.

The purchase of this equipment was made possible through the generous donations by the Markham District Veterans' Association.



DR. JOHN DICOSTANZO



DR. AVIDIS BOUDAKIAN



The prostatic vaporization equipment used in prostate surgery allows for a less traumatic operation. The purchase of this new capital equipment was made possible through generous donations by the Markham District Veterans' Assoc.

Photos/LORI EMMERSON