

Dr. Michael Pollak DDS
GENERAL & COSMETIC DENTISTRY

- Special Interest in Cosmetic Dentistry
- Bleaching, Bonding, Implants
- Porcelain Veneers



- Emergency Care • General Dentistry
- Children's Dentistry
- Convenient Location - Extended Hours
- (Sunkist Plaza) • Hwy. 48 & 16th Ave., Markham
- **472-2454**
- **FREE DENTAL CONSULTATION**

Health

Day of fun planned at hospital open house

Markham Stouffville Hospital invites residents to come out for a community open house and health fair Sunday, Sept. 24 from 1 to 4 p.m. as part of the hospital's annual Wishing Wellness '95 celebration.

Get off to a nutritious start at the Corn Boil, which will be hosted by members of the board of directors representing the communities of Markham, Unionville, Thornhill, Milliken and Stouffville.

Senior management of the hospital will join board members to serve fresh corn, ice cream, lemonade and fruit drinks throughout the afternoon in the central courtyard area.

Kids can have fun and learn vital

safety tips when they attend the Bicycle Safety Rodeo hosted by State Farm Insurance employees, which will be held in the lower west end staff parking lot. With the passing of the new bicycle helmet law on Oct. 1, this is an excellent opportunity to get helmets and bikes checked out by representatives from the bicycle helmet coalition and the community services branch of the York Region Police.

Children will be invited to test their cycling skills on a specially constructed course and when the course is successfully completed, a photograph will be taken and each participant will be presented with a personal photo licence.

Clowns Pepper and Deedee will offer face painting in the central courtyard, while youngsters can learn to bathe dolls or practise their skills in mural design in the hospital restaurant.

Is a favorite teddy or doll feeling out of sorts? The staff at diagnostic imaging will be on hand to investigate the health problems of all manners of cuddly creatures with the help of an x-ray which children can keep and take home.

Visit Precious Friends Clinic in the ambulatory care area where a fracture clinic cast technician will apply a cast to your wounded teddy or doll. Visitors are invited to take a self-guided Behind the Scene tour to learn more about a variety of outpatient services including diagnostic imaging, cardio respiratory, day surgery, medical day/ambulatory care and rehabilitation services.

Down in our restaurant, visitors are invited to get their blood pressure checked, discover early warning signs of heart attacks and pick up vital information on a wide variety of health conditions and healthy lifestyle choices. You are also invited to bring in your expired prescriptions for disposal at the display hosted by our hospital pharmacy staff.

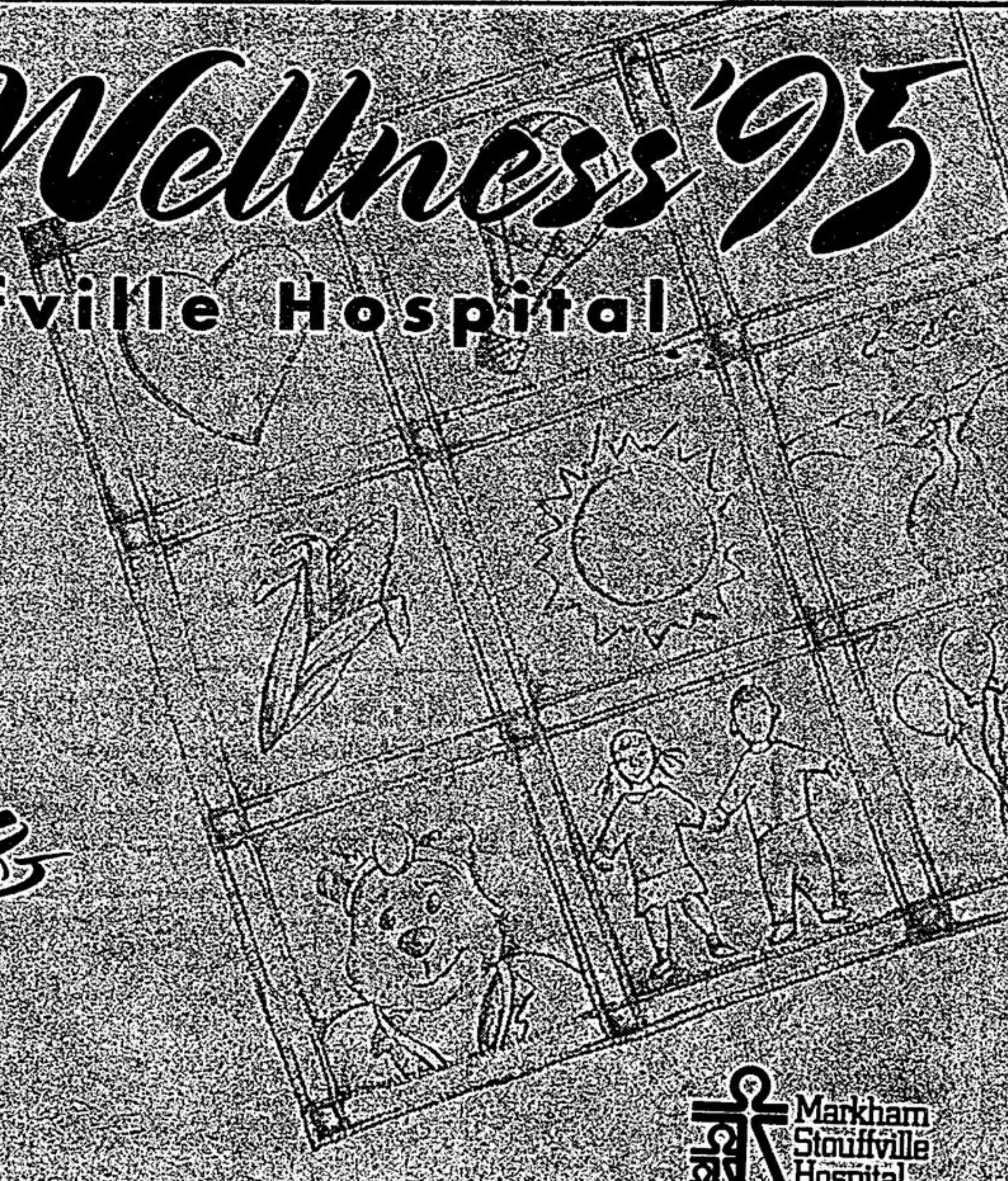
A guide map and full list of activities will be given to visitors upon arrival to the open house and parking is free.

Wishing Wellness '95
at Markham Stouffville Hospital

Presenting a patchwork of healthy advice and activities for your whole family at our

Community Open House & Health Fair

Sunday, September 24th
1:00 to 4:00 p.m.



Come and get to know your community hospital



TAKE A 'BEHIND THE SCENE' TOUR

- Diagnostic Imaging
- Diagnostic Cardio Respiratory
- Rehabilitation Services and Day Hospital
- Day Surgery
- Surgical Procedure Unit
- Medical Day/Ambulatory Care Unit
- Outpatient Lab Services



HEALTHY LIFESTYLE EXHIBITS

- have your blood pressure checked
- measure your grip strength
- tips on nutrition
- identify the signs and symptoms of heart attacks



CORN BOIL HOSTED BY HOSPITAL BOARD OF DIRECTORS



ENJOY FREE LINE DANCING DEMONSTRATIONS



CHILDREN'S ACTIVITIES

- Bring your favourite teddy or doll for an x-ray
- learn how to bath a baby
- face painting and balloon animals with Pepper the Clown
- visit with Dr. Bear
- **Bicycle Safety Rodeo** (sponsored by State Farm Insurance)
- bring your bicycle for instruction in cycling and helmet safety

32nd ANNUAL
MARKHAM ANTIQUE SHOW
SEPTEMBER 15, 16 & 17, 1995
MARKHAM COMMUNITY CENTRE
Hwy. 7 & 48
FRIDAY 5:00 p.m. - 10:00 p.m.
SATURDAY 10:00 a.m. - 6:00 p.m.
SUNDAY 11:00 a.m. - 5:00 p.m.
ADMISSION: \$3.50 per day
Preteens are free
HOURLY DOOR PRIZES
SPONSORED BY MARKHAM LIONS CLUB
FOR INFORMATION CONTACT LION FRED SHEEHY (905) 294-2763

GRAND OPENING
SEPT. 11, 1995
SOUTH MARKHAM MEDICAL CENTRE
2002 MIDDLEFIELD RD., UNIT #6 (NORTHWEST CORNER OF STEELES AT MIDDLEFIELD)
OFFICE HOURS
MON. - FRI. 9:30AM - 9:00PM
SAT. & SUN. 10:00AM - 4:00PM
(905) 201-8222
NEW PATIENTS WELCOME

Parking is Free. Call Community Relations at (905) 472-7000 ext. 6180 for information.