

Water safety book will make summer safer for families

(From page 10)
water safety service. The Canadian Red Cross Society.
Easy to follow, with color photographs and simple diagrams, the Swimming and Water Safety book is designed for all Canadians who enjoy the water. The video, Swimming Skills, explains each stroke step-by-step and is invaluable for everyone wanting to improve their swimming skill level. The posters, Strokes and

Diving, will primarily be used in community pools.
"These types of products have never been done before," said Lyon. "Although many people enjoy the water, not everyone has time to participate in swimming and water safety programs. This approach offers an alternative method of ensuring that Canadians prepare, stay safe, survive and have fun around the water this summer."

In 1993, 685 Canadians died in water-related incidents. Almost all water-related fatalities are predictable, understandable and preventable.

For children under 14 years of age, drowning is a leading cause of death, second only to traffic injuries. Children ages one to four are at significant risk for drowning, especially in bathtubs and backyard pools. Almost 84 per cent of drowning victims in Canada are male.

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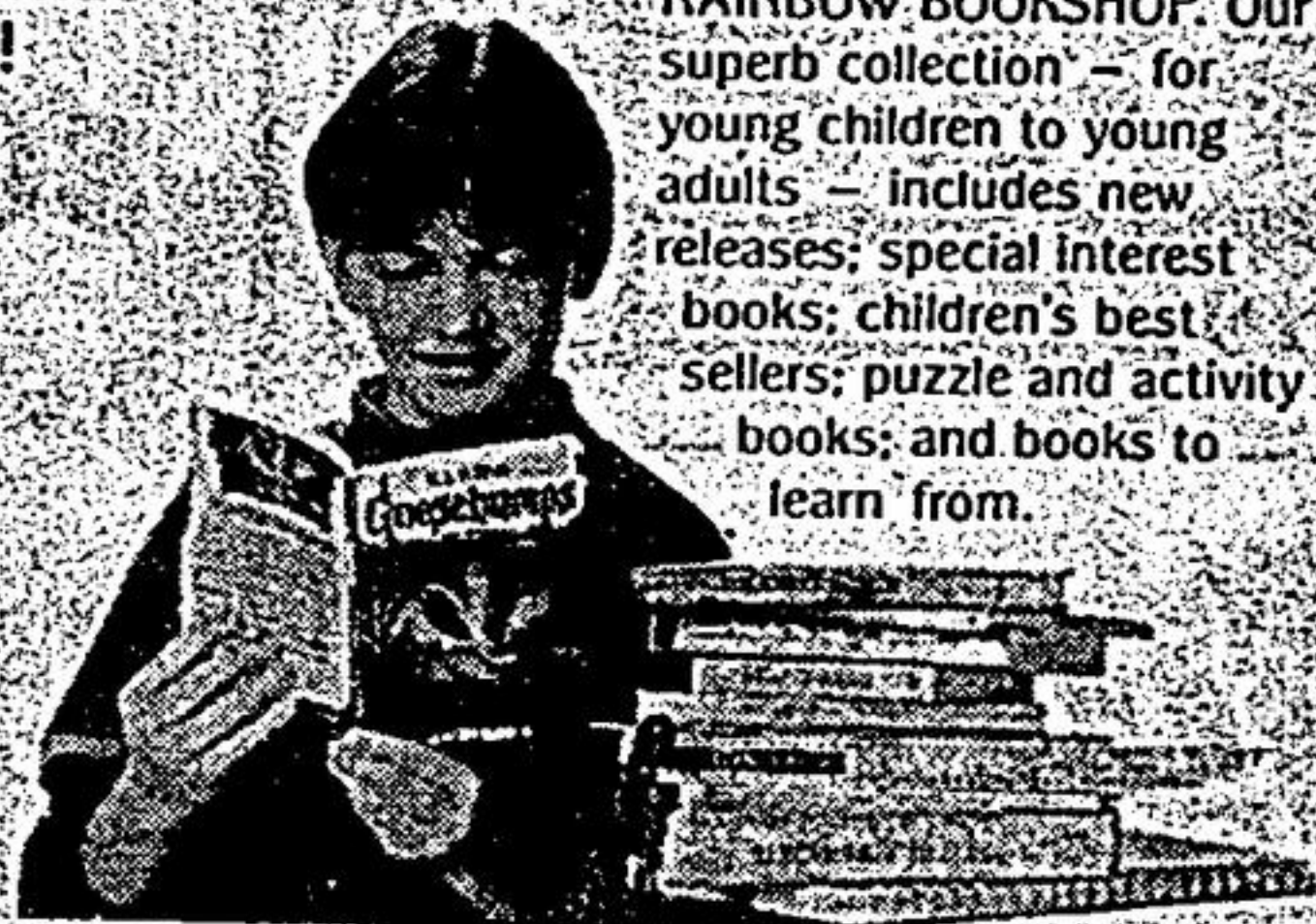
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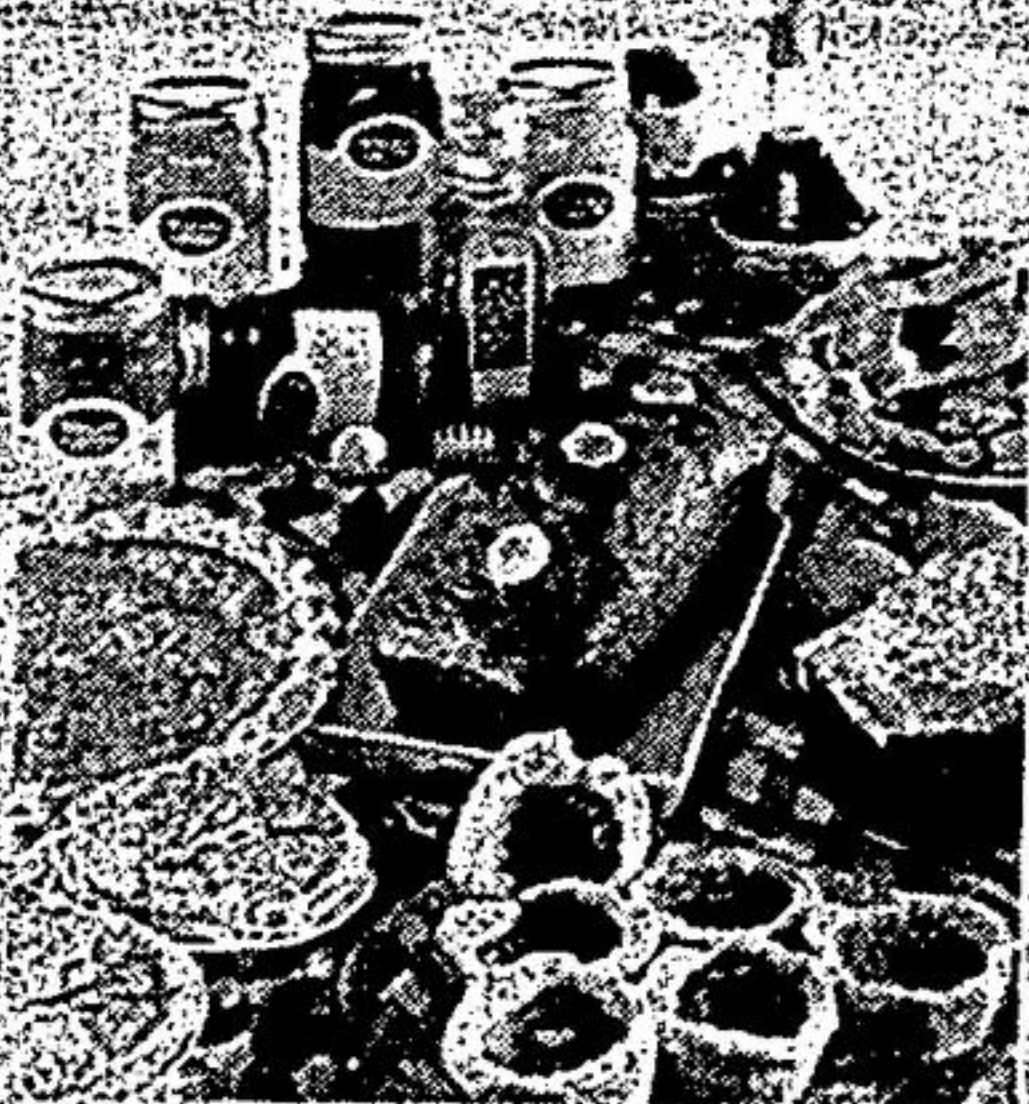
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