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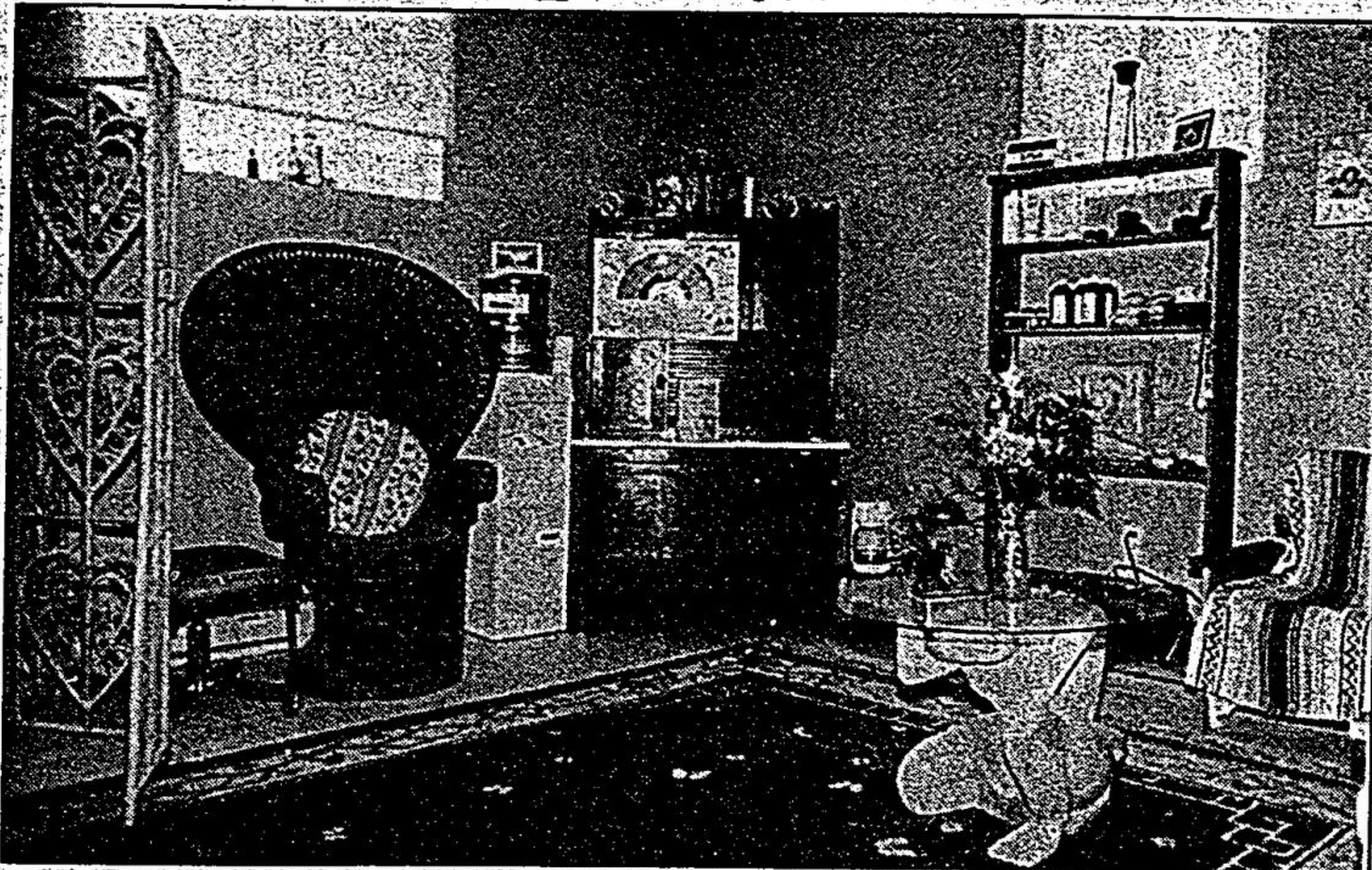
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Serenity Wellness Centre offers peace, tranquility, stress-relief



The Serenity Wellness Centre in Stouffville provides a peaceful setting for the services they offer. These include aromatherapy massage, facials, iridology, reflexology as well as all esthetic services.

The Serenity Wellness Centre in Stouffville offers professional spa treatments which help relieve stress and fatigue but are "also just a great way to pamper yourself," says the centre's esthetician.

"Some people come here for therapeutic reasons but everyone comments that they feel fantastic when they leave," Nilla L. Petta continues.

Services include massage, facials, aromatherapy, iridology, herbology, as well as pedicures, manicures, make-up and waxing.

Owner Julie Lee, is also a certified esthetician and her team of experts provide all the services to guarantee clients leave refreshed and feeling great.

The team implements "both Eastern and Western philosophies in skin and body care," Petta says, to utilize the best of both worlds and offer clients the most up-to-date techniques.

A delight for almost all of the senses, the Serenity Wellness Centre is a haven for the body and offers a natural way to deal with pressures and stress.

The smell of essential oils is immediately

noticeable upon walking into the spa. Calm music and sounds of nature fill the rooms and even the ambience is soft with candlelight used in some of the rooms.

In fact, the atmosphere helps to soothe the psyche as much as the services, Petta adds.

In addition, Serenity Wellness offers reasonable prices for their services. A one-hour aromatherapy massage costs \$50, a one-and-a-half-hour facial is also \$50, waxing ranges from \$8 to \$25 and a make-up session is \$25. Also, make-up for brides and bridal parties are a specialty.

"Everyone can benefit from a treatment," Petta continues.

"The clientele ranges in age and both men and women visit the centre. A visit here is a treat and it's also physically and emotionally relaxing."

Appointments for the Serenity Wellness Centre located at 6328 Main St. in Stouffville are available Tuesday 9 a.m. to 6 p.m., Wednesday 11 a.m. to 8 p.m., Thursday 9 a.m. to 8 p.m., Friday 9 a.m. to 5 p.m., and Saturday 9 a.m. to 3 p.m.

For more information call them at 642-4374.

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The Serenity Spa 9011 Leslie St., #110 Richmond Hill 881-7915	Serenity Wellness Centre 6328 Main St. Stouffville 642-4374
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