

SHOPPERS DRUG MART

CORRECTION NOTICE

An ad for Shoppers Drug Mart in the Stouffville Tribune, Wednesday Sept. 7th incorrectly listed our Stouffville Store as being open to midnight. This was an error and we apologize for any inconvenience this may have caused our customers. The correct hours for our store on Main Street in Stouffville are:

Monday - Friday 9-9
Saturday 9-6
Sunday 11-5

The Terry Fox Run
 for Cancer Research
 One Dream One World One Run
 Sunday, September 18, 1994

LUKE'S TAE KWON DO FITNESS CENTRE

SATURDAY, SEPTEMBER 10, 2:00 P.M.

Victor is proud to announce the official opening of Luke's Tae Kwon Do - Fitness Centre. As the only approved member of the Ontario Tae Kwon Do Association in Markham, we are pleased to invite you and your family to join us and witness an exciting Tae Kwon Do demonstration by the Canadian Tae Kwon Do National team members.

Master Victor Luke BPT

- World certified 4th degree black belt
- 1993 World Tae Kwon Do Silver Medalist
- 1993 and presently Canada's National Tae Kwon Do team member
- Member of Ontario Tae Kwon Do Association
- Certified CPR and first aid
- Bachelor of Physical Therapy

DEMONSTRATION BY CANADIAN NATIONAL TEAM AT 2:00 P.M.

COMPLIMENTARY FOOD & BEVERAGES

DRAW FOR FREE MEMBERSHIPS

Special Guests:

- Mayor Frank Scarpitti
- Mr. Young Su Choung (Cdn. Olympic Coach)
- Mr. Rocco D'Amico (Pres. Ont. Tae Kwon Do Assoc.)

(905) 294-7332
 80 Bullock Drive, Unit #8
 (N. of Hwy. 7, east off McCowan)

Registration Dates:
 Mon., Sept. 12 5 - 9 pm
 Wed., Sept. 14 5 - 9 pm
 Sat., Sept. 17 11 - 5 pm

FOCUS ON BUSINESS

Advertisement

Baking is a tasty art at Der Brot Korb

There's a wholesome new addition to Markham's Main Street: Der Brot Korb Bakery and Cafe. This cozy shop is aptly named. German for "The Bread Basket", Der Brot Korb serves up some of the tastiest European bread and pastries west (or east!) of the River Rhine!

Der Brot Korb bakes the way it should be done - with care and quality ingredients. Breads are baked fresh daily, using only the freshest of ingredients and absolutely no additives, preservatives, animal fats or sugar. Sweetened breads are made with pure honey.

Even the flours are as fresh as possible, since Der Brot Korb purchases the whole grains and grinds the flour just prior to mixing. Now that's fresh! Barbara Polc, owner/operator of the Markham bakery, picks up the baked goods from the company's head office in Newmarket every morning at 6:30. Barbara is anxiously awaiting the installation of ovens at the Main St. location so that they can begin baking their own breads, muffins and danishes.

"Our main goal is customer satisfaction," said Barbara. If the warm, friendly atmosphere and the excellent baked goods are any indication, she's on the right track!

The variety of breads ranges from plain white to totally exotic. Cheese bread is made with a blend of cheese, mustard, garlic and pepper. The Herb Bread is made with a mixture of parsley, basil, sun-dried tomatoes and oregano, and Italian Surprise is flavored with an onion cheese mixture. Bauern Brot is a delicious sour-dough bread made with buttermilk and fresh potatoes. Four flavors of baguettes are offered: plain, poppyseed, sesame seed and herb.

Also piled high on Der Brot Korb's shelves: pumpernickel, 100 per cent whole wheat, multi-grain (made with seven different grains), Walnut Bread, Muesli, Raisin Bran, Cinnamon Nut Bread and many more.

Rye breads include plain light, poppyseed, caraway, sunflower, dark, as



Barbara Polc and her staff are proud of the exceptional quality of their European-style bread and pastries, baked fresh daily.

well as a 100 per cent rye bread for people who are allergic to yeast. For those allergic to wheat, Der Brot Korb offers Spelt bread and Rice Bread, which are baked once a week by special order; order by Tuesday for delivery Thursday. Rice pizza shells, hamburger and hot dog buns are also available.

In fact, each type of bread is also available in bun form, so you can try many different types without purchasing entire loaves. Perfect for entertaining, as centre-pieces or for a buffet table, Der Brot Korb makes Party Wheels in two sizes. The small wheel consists of an assortment of 18 small buns joined in a round; the large includes 36.

On Saturdays only, Der Brot Korb offers several treats for their clientele. In the cafe, Barbara and her friendly staff offer French toast, made with their popular Cinnamon Nut Bread. Just one day a week, the bakery offers round loaves of delicious Corn Bread - a delicious accompaniment to a Tex-Mex meal, or a tasty snack on its own!

Those with a sweet tooth will love the wonderful selection of European-style pastries: tender cherry, poppy seed, apple or cheese strudels; poppy seed or hazelnut coffee cakes; a wide selection of danishes; German bread

pudding and other German-style home baked goods.

Drop by Der Brot Korb at lunch-time and enjoy a hearty bowl of home-made soup and a tasty sandwich made with the bun of your choice. Once the ovens are installed, Der Brot Korb will also be offering quiche, meat pies and chicken pies. Mmmmmmm.

Only open since July, Der Brot Korb has already become a responsible member of the community. At the end of each day, the leftover baked goods are donated to the Markham Food Bank. And to accommodate customers in wheelchairs, Der Brot Korb is having a wheelchair ramp installed.

Der Brot Korb is currently open six days a week from breakfast until 6 p.m. This fall Barbara will keep the bakery open Thursdays and Fridays until 7 p.m. on a trial basis, to accommodate people who work until 6.

In late November throughout the holiday season, Der Brot Korb will open Sundays as well, offering traditional German Christmas goodies: foil wrapped chocolate decorations for the tree, marzipans, stollen, and more.

Der Brot Korb is located at 42 Main Street North in Markham. Call 471-8820 to pre-order baked goods.

Der Brot Korb
 The European Bakery Cafe
 Fresh all day long:
 • Bread • Buns
 • Pastries • Lunches
 NOW! New at:
 42 Main St. N. (Hwy. 48)
 Markham, Ont.
 (905) 471-8820

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