

IMPORTANT NOTICE

TOWN OF MARKHAM MUNICIPAL FACILITIES WILL BE CLOSED FRIDAY, JULY 2ND, 1993

Only emergency facilities and swimming pools, namely Markham Centennial Pool, Milliken Mills Pool and Morgan Pool will be open on July 2, 1993.

Residents may call:

477-7000

for information in case of an emergency.

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(expires June 30, 1993)

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(expires June 30, 1993)

NOTICE
Starting July 2nd, the Service Department will be closed on Saturdays for the duration of the summer. Regular Saturday hours will resume Saturday, September 11, 1993.

4611 Hwy. #7 Unionville (at Kennedy Rd.)
NORTH MARKHAM MOTORS LTD.
PARTS & SERVICE HOURS
Mon., Wed., Thurs. & Fri.
8 a.m. - 5 p.m.
Tues. 8 a.m. - 9 p.m.
Saturday 9 a.m. - 1 p.m.



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From Where I Live
Bruce Stapley

George Steenson reflects on rich life

Back in 1957, as a 175 pound amateur weightlifter, George Steenson was bench pressing 300 pounds on his way to being named Mr. Northern Ireland.

Today George is pushing broom as a custodian with the York Region Board of Education, a bright light among a new breed of caretakers who are bringing a myriad of past experiences to the job.

For George, who has called Markham home for 30 years, life has been a veritable kaleidoscope of achievements, interests, and acquaintances.

Born in Northern Ireland, he attributes his Swedish-sounding surname to family folklore claiming the family came to Ireland with Erik the Red.

George got into weight lifting and body building as a teen back in the 1950s, long before such pursuits had become the rage they are today.

He was the Irish bench pressing champ in '57, and also picked up the Mr. Northern Ireland award around the same time.

He still sports a picture of himself as he was back then, rippling muscles and ultimately fit. He recalls how body builders were looked at somewhat strangely by others.

He also remembers, however, that steroids were unheard of. In his words, you had to take your vitamins with a knife in fork in that era.

He smiles when he thinks of a friend and fellow body builder who went by the name of Robert "Buster" McShane. He set a world record when he bench pressed 400 pounds, and used to train Irish Olympians. He would go from club to club encouraging members to get out there and compete.

McShane was also one of the first people to have a complete weight training machine in his home.

And while everyone doubted the need and the usefulness of such a device, he insisted the time would someday come when the machines would be commonplace.

George continued on with his body building after coming to Canada, and was named Mr. Toronto in 1957.

But a competitor's jealousy resulted in his losing his amateur status after George was paid to be on a CBC TV show in 1963.

Thirty years later, George admits he's abandoned the entire body building concept. He says he might get the weights back out if his 14 year old son was to express an interest.

These days, the weights have been replaced by home hobby.

(Please see page 7)

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Financing available on all models O.A.C., loss of income insurance available. No dealers allowed. *Vehicles listed are demos.