

# Senior games look for entrants

The eighth annual York Region Senior games are to be held from June 7-18 in the town of Aurora.

With the motto "Opportunity is Ageless," organizers are out to improve upon a participation record which has already seen the games go from five events involving 134 participants in 1986, to 16 events and 622 competitors in 1992.

The games, which are open to York Region residents 55 years of age or older, consist of friendly competitions centering around physically and mentally stimulating games. They are sponsored by the Town of Aurora, the Ontario Ministry of Culture, Tourism, and Recreation, and the New Horizons Program.

Activities include badminton, bocce, carpet bowling, contract bridge, cribbage, darts, euchre, five

and 10 pin bowling, golf, horse shoes, lawn bowling, shuffleboard, snooker, swimming, tennis, table tennis, and walking.

Events are to take place in various locations throughout the Town of Aurora.

Each activity carries an entrance fee ranging from \$3 to \$18. There will be a closing ceremonies banquet for participants and friends at the Aurora Canadian Legion June 18 at noon, with a cost of \$11.50.

Participants must be registered for each event by May 26.

Information and registration forms are available at any municipal recreation department in York Region, and at most senior clubs. For further information, contact the Aurora Seniors Centre at (416) 727-2816.

### Fascinating Facts

Purple Concord grape juice contains the same substance (resveratrol) found in red wine that helps reduce blood cholesterol in laboratory animals, according to researchers at Cornell University.

## RECREATION NEWS

### Aquatics/Camps/Tennis

The Parks and Recreation Department is now receiving registrations for all of our summer programs:

Tennis/Aquatics/Camps!  
Info Hotline: 640-6527.

### Pool Opening - June 12

That's right! It's just around the corner. The Town Pool, located in Memorial Park will be opening on Saturday, June 12.

Daily Admission Fees:  
Youth (under 18) - \$1.75  
Adult (over 18) - 2.50  
Adult and Tot - 3.00  
Senior (over 60) - 2.50  
Family (4 or more) - \$8.00  
Join us and stay cool!!

### Triathlon - Volunteers!

The 1993 Adidas - Strawberry Festival Triathlon is looking for energetic volunteers to assist with the following activities:

Awards Ceremony  
Course Logistics  
Contact the Parks and Recreation Department to assist with this event!

## Sheffield members dominate


Sheffield Judo Club members took a total of 12 medals when they went up against competitors from across the province at the 1993 Kiichi-Sai Open Saturday at Oshawa's Durham College.

The Stouffville club had seven firsts: Justin Howe (5 years old), Nathan Martin (5), Alex Martin (8 years old), Dustin Chee-a-tow (8), Florian Plan (10 years old), Brad Hancock (12 years old), and Jay Rosenberger (12).

Silver medal winners included: Maxwell Wert (5), Melissa Hancock (8), Kyle Chee-a-tow (8), Adam Howe (9), and Joe Spataro.

Other Sheffield competitors who finished just out of the medals were Eugi Plank, Gavin Howe, David Reid, Jerred Yakely, Trevor Chee-a-tow, David Manley, and Steven Manley.

The tournament was in preparation for the Ontario Junior Olympics to be held in June.



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**DON VALLEY NORTH LEXUS - TOYOTA**  
**ATHLETE OF THE WEEK**



**OSCAR LAI**

Oscar Lai, 15, became the first Unionville H.S. student to win a gold medal at the recent Durham York Secondary Schools Association championships at Ajax High School.

Lai, a grade 10 student, won the Junior Boy's title.

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**MARKHAM Sports**

**Congratulations To The Markham Gagers girls' basketball team. They won the silver medal at the Peterborough All-Star Tournament.**

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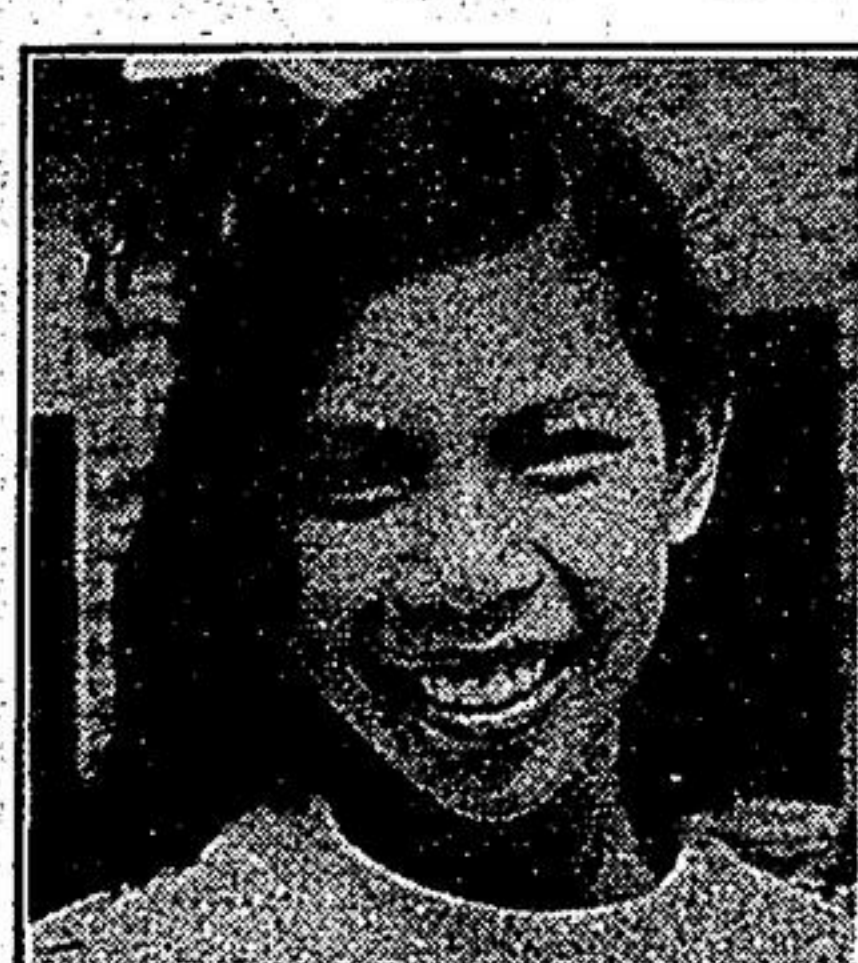
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**Economist & Sun & McDonald's present**

**CARRIER OF THE MONTH**




**Elizabeth Chin, 12, has been delivering for the Economist & Sun since April 14, 1989. Elizabeth delivers to 71 homes in the Markham area.**

Elizabeth's hobbies include playing rep baseball and gymnastics.

Congratulations and keep up the good work!

If you think your carrier for the Economist & Sun should be selected for Carrier of the Month, please call Megan Pike at 294-8244.

**ALWAYS GOOD FOOD, ALWAYS GOOD VALUE.**  The Economist & Sun would like to thank McDonald's for their support in co-sponsoring the Carrier of the Month.

**Economist & Sun**