

Trivia

Mr. Haney did the driving for first car across Canada

Q. Who was the first person to drive across Canada in a car?

A. With the Trans-Canada

Highway, anyone with time and patience can now make the drive across the country. But 80 years ago, two men set out to do what no one else had — drive across

Canada. Although the honor generally goes to Thomas Wilby, an aristocratic Briton, who made the journey to promote a coast to coast highway, it should be noted

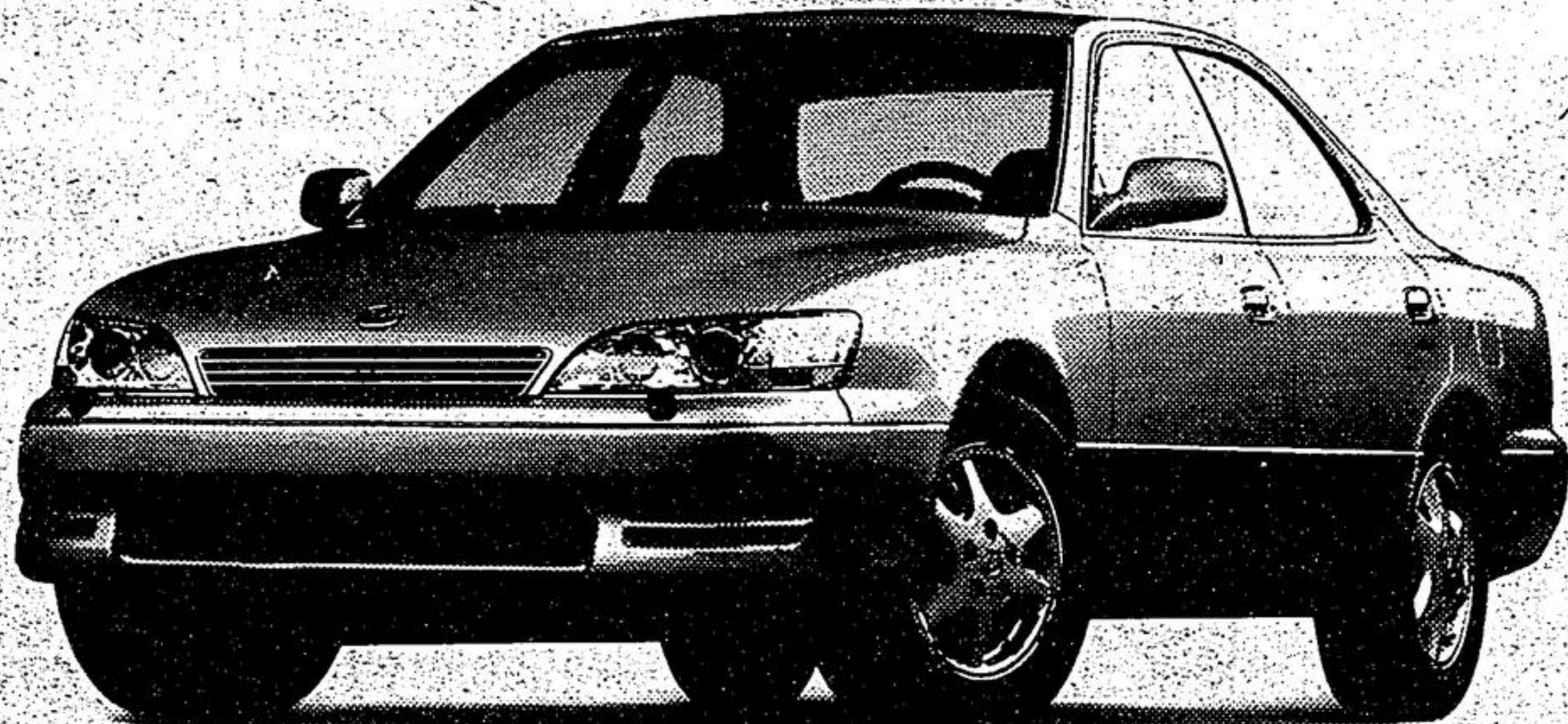
that he was accompanied by his chauffeur, F.V. Haney, who did most of the driving.

The two made the trip in a car made by the Reo Motor Car Co. of Canada, starting in Halifax on Aug. 27, 1912. The two ran into car and highway troubles when they got to northern Ontario. In fact, the car was shipped by train from North Bay to Sudbury and

from Sault Ste. Marie to Winnipeg because there were no roads.

When they drove through the Rockies they had to move along rail lines at times. Fifty-two days after leaving Halifax and some 4,200 miles later, the car was guided to the edge of the ocean near Victoria and a flask of water gathered in Halifax was dumped into the Pacific.

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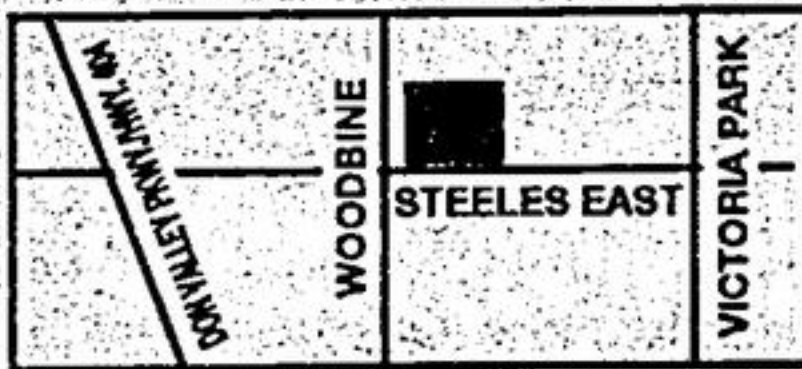
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Markham Pain Clinic: an old friend with a new look

The Markham Pain Clinic may be new in town, but the faces are definitely familiar.

Formerly called Markham Mews Health Group, the centre has undergone a transformation, with a new look, a new name and expanded premises. What remains unchanged is the staff's dedication to natural health care and pain relief.

The healing begins as soon as you enter the office. Bright and airy, with soft, relaxing music playing in the background, the waiting room is decorated in soothing, muted green. Glass blocks highlight the interior and reflect the sunlight from the outdoors. Greeting patients with sunny smiles are caring staff mem-

bers who have been with the practice for the past three years.

Treating nerve disorders

Dr. John Fujimagari and Dr. Terry Quan have treated over 3,500 new patients in the past five years, for a variety of ailments including pain disorders associated with the malfunctioning of nerves, such as Carpal Tunnel Syndrome and sciatica. They specialize in relieving pain caused by sports-related injuries, sprains and strains to the joints, headaches, sinus problems, neck pain, lower back pain and foot disorders associated with improper walking and posture.

Sports injuries

Dr. Quan explained that during

the spring and summer months, they see a great number of back and shoulder injuries associated with golf and baseball, tendonitis of the elbow from golf and tennis and wrist injuries - all treated effectively using chiropractic, acupuncture and massage therapy.

Acupuncture is an ancient, natural form of therapy which has been proven to relieve acute and chronic pain associated with ailments ranging from sinusitis to tendonitis, migraines to osteoarthritis. It can also be utilized to ease stress-related complaints, as well as ease cravings associated with cigarette and food addictions.

Two types of acupuncture

The Pain Clinic offers both types of acupuncture: laser and needles. To eliminate the fear of infection, the sterilized needles are disposable and pre-packaged.

"Acupoints" on the body are stimulated through the use of the needles or laser, which releases endorphins and other neuro transmitters in the brain, thus relieving pain and producing healing effects on the body. It is virtually painless and free of unpleasant side effects.

Located at 4981 Hwy. 7, directly opposite Bullock Drive, The Markham Pain Clinic has a team of two chiropractors, three massage therapists and three full-time office staff, offering a full spectrum of natural health care under one roof. For more information, or to book an appointment, call 470-2626.



Introducing the staff at the Markham Pain Clinic, from left to right: Dr. John Fujimagari; Dr. Terry Quan; chiropractic health assistants Joanne, Audrey and Penny; registered massage therapists Ross Cunningham and Rozalin Fujimagari. June Bellanger is absent from the photo.

Special Sale



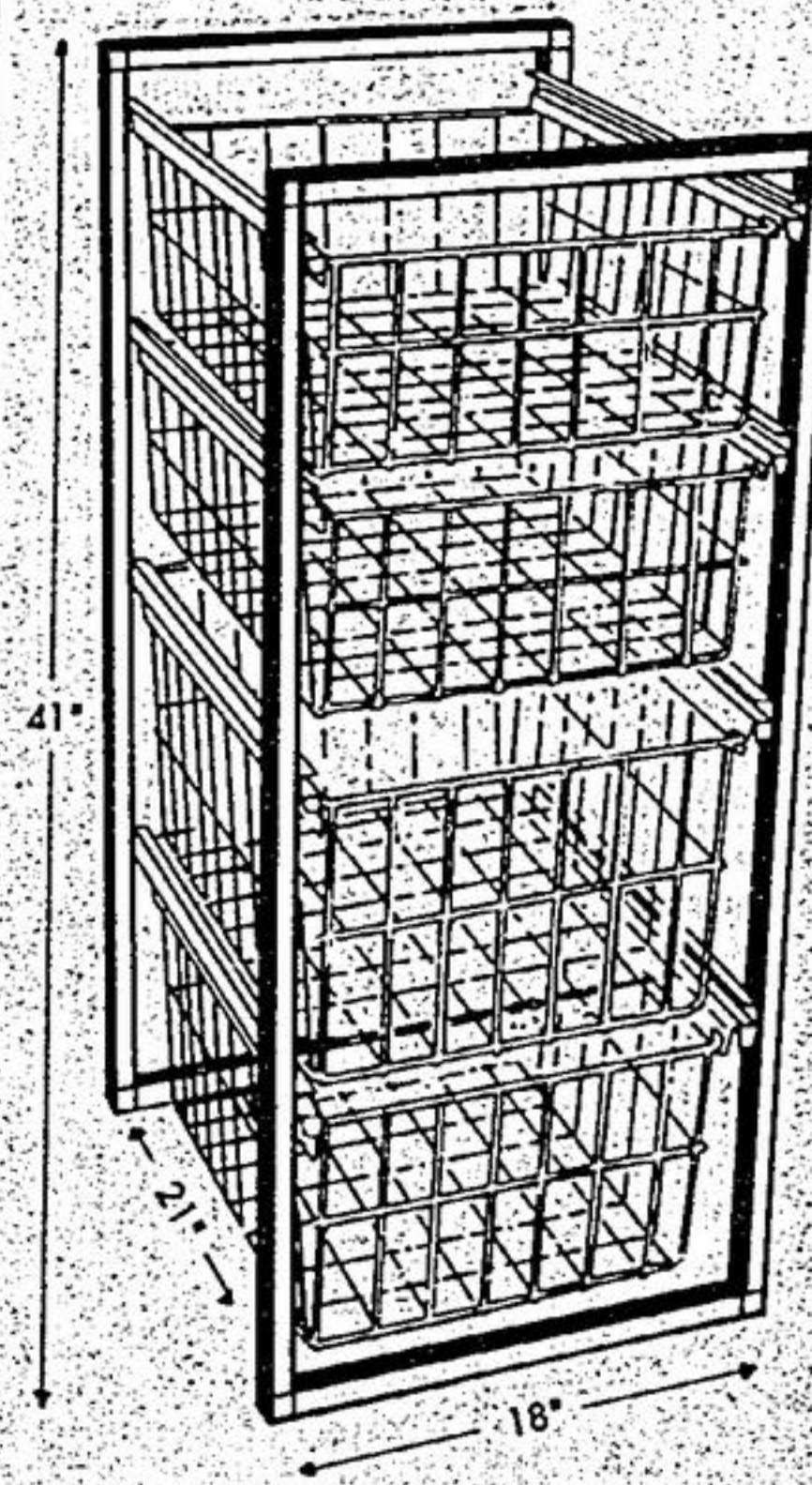
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