

# WHITCHURCH-STOUFFVILLE

**Recreation Complex:**  
640-6527  
12483 9th Line

**Mailing Address:**  
Box 419  
Stouffville, L4A 7Z6

**Office Spring Hours:**  
April 12 - May 7, 1993  
Mon. - Fri. 8:30 a.m. - 7:00 p.m.

**(Nights) Wednesday**  
5:30 p.m. - 7:00 p.m.  
May 12 - August 11, 1993

## Registration Information

**General:** All Registrations are received at the Recreation Complex, 12483 9th Line, 640-6527.

**Spring Programmes:**  
Weeks of April 5 to June 11/93  
\* Note: No programmes on Mon., May 24/93 (Victoria Day)

**Registration:**  
Tues., March 23/93  
7:00 - 8:30 p.m.  
Commencing Wed., March 24, registrations will be accepted during regular business hours.

**Summer Programmes:**  
Daycamps/Tennis/Aquatics.  
July 5 to August 27/93  
**Registration: Mon., May 3/93**  
All Camps & Tennis  
6:30 - 8:00 p.m.

**Tues., May 4/93**  
Aquatics Afterschool & Session 1  
6:30 - 10:00 p.m.  
**Wed., May 5/93**  
Aquatics Session 2, 3 and 4  
6:30 - 9:00 p.m.

Commencing Thursday, May 6/93, registrations will be accepted at the Recreation Complex for all summer programmes (Camp, Tennis, Aquatics) during regular business hours. G.S.T. will be applied to all adult programmes during the registration process.

**Refunds:** All programme withdrawals are subject to a \$10.00 admin. fee. Withdrawals after the start of a programme will be subject to a pro-rated fee, plus admin fee. Refunds may be initiated by calling the Recreation Office, 640-6527. Payment for all programmes may be made by CASH, CHEQUE, or MONEY ORDER. No post-dated cheques please!

### QUICKEST WAY TO KILL A PROGRAMME!

It is unfortunate that some people wait until the very last moment to register for a programme. All of our programmes have a minimum number of participants required to meet our costs. Please sign up during the scheduled registration dates to avoid classes being cancelled.

## Spring Programme Opportunities

### CHILDREN'S DANCE

This programme is designed to introduce children to Ballet. Ballet classes will follow the Royal Academy of Dance Syllabus. This type of dance will enhance children's co-ordination, skills, teach rhythm and confidence.

#### PRE BALLET

Ages: 3 - 5  
Tuesday: 1:15 - 2:15 p.m.  
Thursday: 1:15 - 2:15 p.m.  
Saturday: 9:00 - 10:00 a.m.  
Location: Rec. Complex  
Fee: \$71.00

#### PRIMARY

Ages: 6 and up!  
Thursday: 4:00 - 5:00 p.m.  
Saturday: 10:00 - 11:00 a.m.

#### GRADE I BALLET

For young dancers with previous dance instruction. A continuation of Primary Dance Classes.

Saturday: 11:00 - 12:00 noon

#### TAPP FOR BEGINNERS

A fun way to learn the basics of this popular dance form.

Ages: 5 and up  
Location: Rec. Complex  
Tuesday: 4:30 - 5:30 p.m.  
Fee: \$71.00

#### WEE CRAFTS

Child and Parent will create paintings, playdough art, felt murals and many other crafts!

Ages: 2 - 5 years  
Location: Rec. Complex  
Day: Monday  
10:30 - 11:30 a.m.  
1:30 - 2:30 p.m.  
Fee: \$55.00

### ADULT PROGRAMMES

#### HIGH ENERGY - LOW IMPACT

This programme offers the benefit of a good work-out without the bouncing of a regular fitness class. It is designed to improve your over-all Fitness Level.

Location: Rec. Complex  
Day (s): Tues. & Thurs.  
8:30 - 9:30 p.m.  
Fee: \$70.00

#### ADULT TENNIS

**Introductory**  
For beginner adults. A progressive approach to developing the basic skills required to play and enjoy the game of tennis. Emphasis on fundamentals, developing good ball control skills and having fun. All areas of the game, including basic rules and tactics will be covered. Chance to meet potential playing partners. Taught by certified Coach Level 1.

Location: Rec. Complex  
Day (s): Tues. & Thurs.  
6:00 - 7:00 p.m.  
Fee: \$45.00  
Session I: May 4 - 27  
Session II: June 1 - 24

#### Intermediate +

More advance skills, including the use of spin, and tactics for adults who have taken an introductory program or have played the game in the past. All phases of the game will be

### TAE-KWON-DO

This martial art has a strong Korean history. Under the direction of a qualified instructor, this course will provide development in the following areas: basic stance; types of kicks, development of form, hand techniques, development of speed and power. Maintaining balance between skill development and self-development is emphasized. Our Instructor encourages parents to join with their children and learn the basics of this sport!!!

Ages: 8 - 13 years  
Location: Rec. Complex  
Day: Thursday  
7:30 - 8:30 p.m.  
Fee: \$44.00

### JUDO

Experience the fun of Judo while learning the basic techniques of the sport. Testing provided by instructor.

Ages: 6 - 9 years  
Location: Rec. Complex  
Day: Thursday  
5:00 - 6:00 p.m. Advanced  
6:00 - 7:00 p.m. Beginner  
Fee: \$31.00

### GYMNASTICS

A programme for aspiring young gymnasts using a variety of floor and equipment apparatus to develop physical and gymnastic skills.

Ages: 8 - 11 years  
Location: Rec. Complex  
Day: Tuesday  
7:00 - 8:00 p.m.  
Fee: \$55.00

covered at a level consistent with the needs of the class. Taught by certified Coach Level 1.

Location: Rec. Complex  
Day (s): Tues. & Thurs.  
7:00 - 8:00 p.m.  
Fee: \$45.00  
Session I: May 4 - 27  
Session II: June 1 - 24

### ADULT GOLF - BEGINNERS

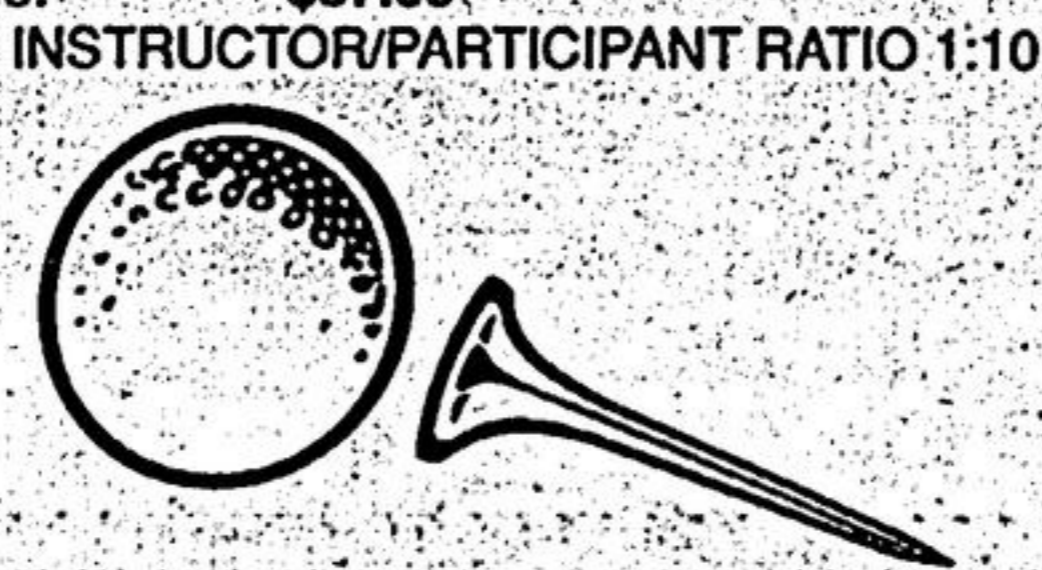
This is the course for those who think or feel they might like the game but do not know where to begin.

Location: Sleepy Hollow Golf Course  
Day: Monday  
6:30 - 7:30 p.m.  
May 3, 10, 17 & 31  
Thursday  
10:00 - 11:00 a.m.  
May 6, 13, 20 & 27  
Fee: \$57.00

### STROKE IMPROVEMENT

For those players who have taken our beginner course and played a few rounds! Or if you just want to take a few lessons to improve your score!!

Location: Sleepy Hollow Golf Course  
Day: Monday  
May 3, 10, 17 & 31  
Fee: \$57.00



### KARATE

This programme stresses the development of the body and the mind. Activities to develop flexibility, power, co-ordination and self-confidence.

Ages: 8 - 11 years & 12 - 15 years  
Location: Rec. Complex  
Day: Monday  
8 - 11: 6:00 - 7:30 p.m.  
12 - 15: 7:30 - 9:00 p.m.  
Fee: \$48.00

### JAZZ DANCE

Warm-ups, creative dance, choreographed routines, appropriate dance moves and cool down are included in this exciting programme.

All classes on Wednesday at the Rec. Complex.  
4:00 - 4:30 p.m. 3 - 5 years  
4:30 - 5:15 p.m. 6 - 8 years  
5:15 - 6:00 p.m. 9 - 12 years  
6:00 - 6:45 p.m. 13 and up  
Fee: \$71.00

### TUMBLING TOTS AND TYKES

A programme designed to enhance children's gross motor skills, while participating in a fun enriching atmosphere.

Tots:  
1 to 2 yr. olds, Wed., 10:30 - 11:15 a.m.  
2 to 3 yr. olds, Tues., 10:15 - 11:00 a.m.  
3 to 4 yr. olds, Tues., 9:30 - 10:15 a.m.  
Location: Rec. Complex  
Fee: \$36.00

Tykes:  
Ages: 5 to 8 years  
Location: Rec. Complex  
Day: Tuesday  
6:00 - 7:00 p.m.  
Fee: \$40.00

### KID'S TENNIS

For girls and boys ages 6 - 9. An introductory, progressive skills development programme leading to playing Kid's Tennis (mini-tennis). Part of Tennis Canada's and Ontario Tennis Association's national participation development programme.

Location: Recreation Complex  
Day (s): Monday and Wednesday  
4:00 - 5:00 p.m.  
Fee: \$40.00  
Session Dates: Session I: May 3 - 31  
Session II: June 7 - 30

### NOVICE TENNIS

For girls and boys ages 9 - 12 (beginners can be accommodated). Progression from mini-tennis to full court tennis at an intermediate level - all areas of the game; groundstrokes, volleys, serves and overheads are covered. Part of Tennis Canada's and Ontario Tennis Association's national participation development programme.

Location: Recreation Complex  
Day (s): Monday and Wednesday  
5:00 - 6:00 p.m.  
Fee: \$40.00  
(Same session dates as above)

### YOUTH GOLF CLINIC

The Recreation Department is attempting to coordinate a new Youth Golf Programme for the spring of '93 at the Sleepy Hollow Golf Club. Watch the Local Papers for details.

## Summer Tennis Programme

### KID'S TENNIS

For girls and boys ages 6 - 9. An introductory, progressive skills development program leading to playing Kid's Tennis (mini-tennis). Part of Tennis Canada's and Ontario Tennis Association's national participation development program.

Location: Rec. Complex  
Day (s): Monday to Friday  
9:00 - 10:00 a.m.

### NOVICE TENNIS

For girls and boys ages 9 - 12 (beginners can be accommodated). Progression from mini-tennis to full court tennis at an intermediate level - all areas of the game; groundstrokes, volleys, serves and overheads are covered. Part of Tennis Canada's and Ontario Tennis Association's national participation development program.

Location: Rec. Complex  
Day (s): Monday to Friday  
10:00 - 11:00 a.m.

### TENNIS BASICS

Advanced skills, including use of spin, and tennis strategies for play. Participants should have prior experience with tennis and be able to sustain a rally from the baseline. Part of Tennis Canada's and Ontario Tennis Association's national participation development programme.

Location: Rec. Complex  
Day (s): Monday to Friday  
11:00 - 12:00 noon

### SESSION PROGRAMME

DATE	PROGRAMME FEE
1 July 5 - 9	\$35.00
2 July 12 - 16	\$35.00
3 July 19 - 23	\$35.00
4 July 26 - 30	\$35.00
5 August 3 - 6	\$30.00*

\*4 day session due to Civic Holiday

