

**In Business**

# Podiatrist sets up shop in Stouffville

**KATE GILDERDALE**  
Correspondent

In recent years, medical specialists in many fields have placed increasing emphasis on preventative health care.

Dr. Thad Zarras, a podiatrist who has been providing family foot care for the past 35 years, recently opened his second office on Sandiford Drive in Stouffville.

Zarras is a firm believer in early detection and treatment of potential problems, and his specialty covers everything from corns and calluses to vascular-related disorders.

"I've had my primary office in Scarborough since 1961, so I've seen a lot of feet with many different problems," observed the Uxbridge resident, who noted that common complaints such as leg cramps, poor circulation and cold feet are among the disorders he treats.

Using sophisticated equipment to diagnose different ailments, Zarras also supplies custom made orthotics, or shoe inserts, to ensure a perfect fit and to relieve strain on the feet.

"A lot of people tend to suffer (foot problems) until someone refers them. Many family physicians are not trained specifically to take care of the feet, and more and more of them are referring patients to the podiatrist," Zarras explained.

Podiatrists are concerned with the examination, diagnosis, prevention and treatment of foot disorders by medical, mechanical, surgical and other means.

In order to obtain a degree as a Doctor of Podiatric Medicine, most students require eight years of higher education, four years of which are taken at an accredited college in the United States.

Many of Zarras's patients are children "and so many of these problems start in childhood. Prevention is the way to go today, rather than waiting until people have chronic problems."

He also treats diabetics and others with circulatory disorders, which often increase with age, and he supplies sporthotics, which are specially made shoe inserts for athletes.

The average person walks about 115,000 miles, or more than four times the earth's circumference, during his or her lifetime, making foot care an important consideration for everyone.

For more information, call 640-7703.



## TOWN OF WHITCHURCH-STOUFFVILLE

### TOWN OF WHITCHURCH-STOUFFVILLE NOTICE 1993 TAXES

The Final Instalment of the 1993 Realty Taxes is due on or before **October 22, 1993**  
Office Hours - Monday thru Friday  
8:30 a.m. to 4:30 p.m.  
640-1900 895-2423  
19 Civic Ave., P.O. Box 419, Stouffville,  
Ontario L4A 7Z6  
After Hours - Mail Slot - East side of Building

Ruth Armstrong, A.M.C.T., C.M.T.C.  
Tax Collector & Revenue Supervisor

**CORRECTION:**

### YORK REGION'S DRAFT OFFICIAL PLAN

The date for the open house and public meeting on the Draft Official Plan for the Region of York taking place in the Town of Georgina was incorrectly published in some newspapers. We apologize for any inconvenience this may have caused. The correct information is:

**OPEN HOUSE**

Georgina Civic Centre                      Thurs., Nov. 18, 1993  
26557 Civic Centre Road                  4 to 7 p.m.

**PUBLIC MEETING**

Georgina Civic Centre,                      Thurs., Nov. 18, 1993  
26557 Civic Centre Road                  7 to 9 p.m.

If you would like a copy of the Draft Official Plan in advance of the public meeting, please call York Region Planning Dept. at 895-1231 or 731-0201.



## ONTARIO HYDRO INFORMATION CENTRES

### ENVIRONMENTAL ASSESSMENT STUDY NEW ELECTRICAL SUPPLY TO WHITCHURCH-STOUFFVILLE / UXBRIDGE AREA

**Background**

Over the past year, Ontario Hydro has cancelled or postponed a number of major generating and transmission projects across the province. This was in response to a lower than expected demand for power, the result of the recession and the restructuring that has taken place in Ontario's economy over the past several years.

Nonetheless, there are areas of the province that are still growing, and none more so than the communities in the northern and eastern portions of the Greater Toronto Area (GTA).

Ontario Hydro is conducting an integrated electricity supply study to develop short, mid and long-term options to meet the region's electricity needs and identify locations for new facilities. The options under consideration include, but are not limited to, demand management, supply (including non-utility generation) by conventional or alternative technologies, operational measures and transmission. For the transmission options of this study, Hydro will select alternate routes for transmission lines and sites for transformer stations for both the bulk (500 kilovolt) and regional (230 kilovolt) systems over the next few months.

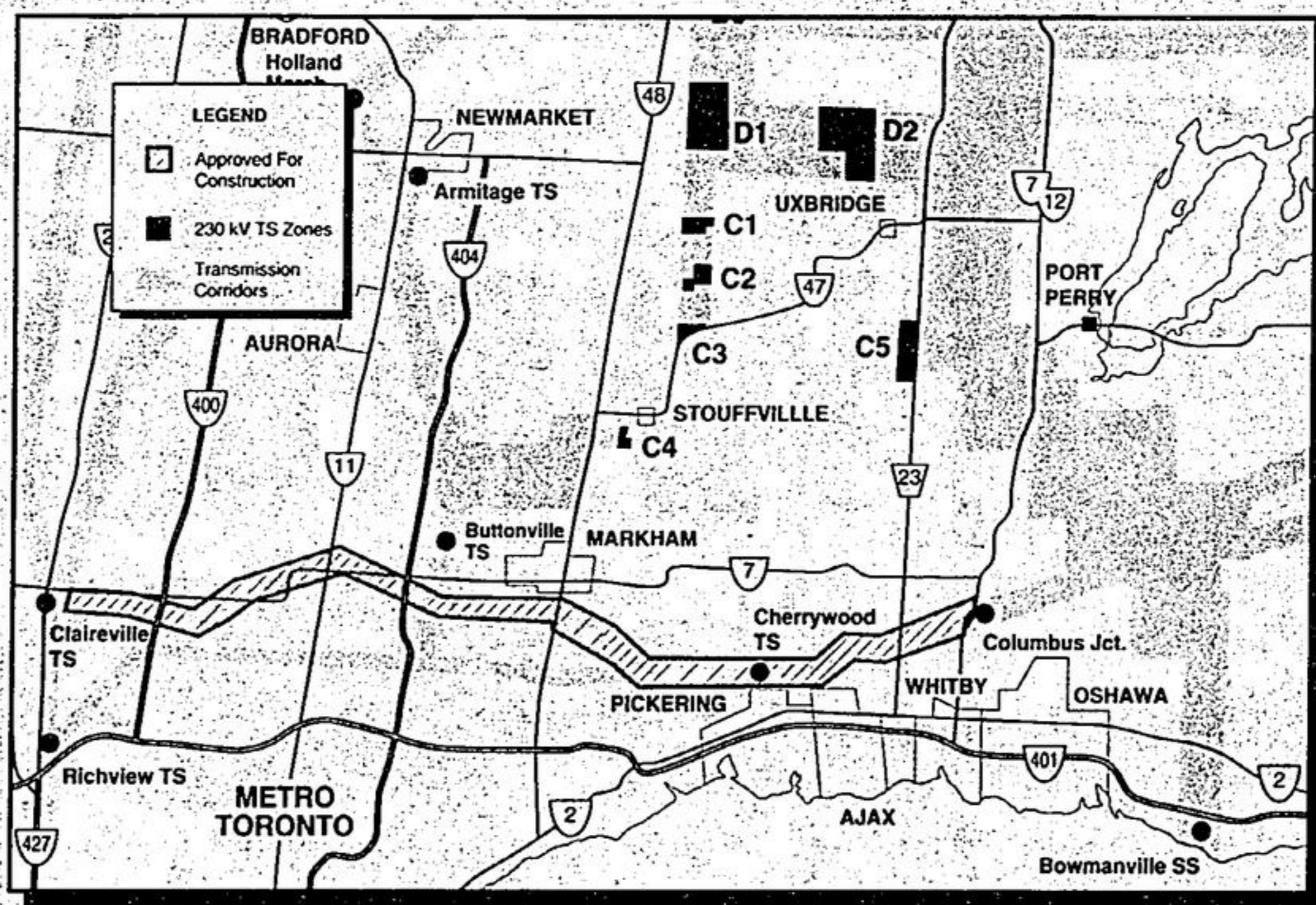
Proposals of this type are subject to the Environmental Assessment Act. The integrated study, including the route and site selection component, will be documented in an Environmental Assessment and submitted to the Minister of the Environment and Energy for review at the end of 1994.

This study is part of a larger proposal, the Greater Toronto Region Electricity Supply Study, to ensure a secure supply of electricity throughout the north of the Greater Toronto Area. Details of this proposal will be available at the Public Information Centres.

**What is Ontario Hydro Proposing?**

For the transmission options of this study, the selection of a suitable location for a new 230,000 volt (230 kV) transformer station to supply the Whitchurch-Stouffville / Uxbridge area and new 230 kV lines to connect the station to the existing electricity transmission system are required.

These new facilities are necessary to maintain the reliable supply of electricity to customers in the Whitchurch-Stouffville / Uxbridge area and to meet future growth in electricity demand in the area.



**What Areas are Affected?**

Preliminary "corridors" for new transmission lines (areas where it might be possible to locate a new line) and "zones" (potential locations for a transformer station) have been identified and are marked on the map. These zones and corridors will be presented at Public Information Centres at locations listed below.

**Public Involvement**

Public Involvement is an integral component of both the integrated electricity supply planning process and the environmental assessment process. Your views on this study are important and your comments welcome. Please plan to attend one of the Public Information Centres.

**Information Center Dates & Locations**

Monday Oct 18	Victoria Square Community Centre
Tuesday Oct 19	Aurora Community Centre
Wednesday Oct 20	Goodwood Community Centre
Thursday Oct 21	Uxbridge Arena
Thursday Oct 28	Stouffville Royal Canadian Legion

Diagrams and maps will be available to help explain the details of the project, and project staff will be on hand to answer questions.

All centres will be open from 3:00 pm to 9:00 pm.

For more information, please call

**GTR HOTLINE**  
**506-5202**

