

DON'T GET RIPPED OFF!!!



Avoid Unhealthy Diets

Forget all the diet cookies, shakes, the things you can't take forever.

The P&T program helps the body to balance itself by encouraging the metabolism. There are no drugs, synthetic chemicals or artificial ingredients in P&T food supplement capsules.

Simply take P&T, 100% natural herbal capsules. You can look forward to feeling great and looking your very best.

THIS IS NOT A WEIGHT CONTROL PRODUCT. GET ALL THE FACTS!

PRIMA HEALTH - 513-6822

"THE HEALTH STORE AT YOUR DOOR!"

150 Office/Business Space

AD AGENCY - 1 or 2 offices, \$350 per month. Hwy. #7 / West Beaver Creek. Professional, equipped. Call Rob: Mon-Fri, 9-5, 764-1984.

ATTENTION CONSULTANTS - Professional office space **MARKHAM. Desk, telephone, secretary, meeting rooms at \$250 per month. Contact: E. Clarke, 475-1200, Mon-Fri, 9 am - 5 pm.

155 Stores - Sale, Rent & Wanted

PRIME RETAIL SPACE available in downtown Lindsay, Ont. 800 sq. ft., newly renovated. For more information call (705) 328-0673 or (705) 878-3869.

STOUFFVILLE - Downtown store for rent or lease. Approx. 1200 sq. ft. Parking. Call 884-5452, after 6 PM.

160 Business Opportunities

FOR RENT - One acre with barn & workshop. Hwy. 48 & Aurora Rd., Ballantrae. Days: 491-6822 evenings, 883-9938, ask for Angelo.

SNACK route for sale. Guaranteed locations / profitability. 1-800-368-8363.

\$420 weekly possible. At home. Simple, easy, pleasant work. Info: \$2 plus self addressed, stamped envelope to: CMD, 12 Radcliffe Rd., Unionville, Ont. L3R 7X7.

170 Apartments For Rent

APARTMENT in family home. Separate entrance, parking, cable, female preferred. Walk to hospital. Call 472-2981 after 5 PM.

ATTRACTIVE 1 bedroom apartment. Stove & Fridge. Available Oct. 1st. Non smoker, reasonable. 852-6554. To leave message: 852-6542.

BRIGHT, 1 bedroom basement apartment. Separate entrance, parking, no pets. McCowan & Hwy. 7 area. \$750 month, inclusive. 472-1427.

CLAREMONT area - One bedroom, large living room, kitchen, 4 pc. bath. No pets. Available Sept. 1st. \$650 month plus heat. 649-3145.

CLAREMONT - Small 1 bedroom apartment, private ground level entrance. Suit single working person. \$450 + hydro. Available Sept 1st. 852-9242.

48 & Hwy. 7 - Spacious, bright 1 bedroom basement apartment. Laundry, garage. \$700 inclusive. October-1st. 294-6923.

HWY. 48 & 16th Ave. 1200 sq. ft. Luxury 1 bedroom, 5 appliances, walkout to interlock patio. \$750 inclusive. First & last. Freshly painted. 839-0631.

170 Apartments & Flats for Rent

LUXURY 1 bedroom basement apartment. Bright and spacious. Separate entrance, cable, parking, laundry. Non smoker preferred. No pets. \$675 inclusive. 471-9004.

LUXURY one bedroom apartment in private home, Clarendon, non smoking, parking, access to yard. \$630 month + hydro. 649-3595.

MARKHAM - 1 bedroom basement apartment. Parking, separate entrance, laundry facilities, bright & spacious. 2 appliances. Available immediately. Call 471-9275.

MCCOWAN & DENISON - Bright, spacious 2 bedroom basement apartment, separate entrance, 4 piece bath. Laundry facilities. Available immediately. 472-6452.

MCCOWAN & Hwy. 7 - 2 bedroom basement, 4 appliances, separate entrance, parking, references, no pets. \$650 inclusive. Available immediately. 479-9925 after 6 PM & weekends.

ONE bedroom apartment, private entrance, parking & utilities included. North of Stouffville. Available immediately. \$600 month. 473-9209.

ONE + bedroom - Utilities included, downtown Uxbridge. References required. \$399. 649-3853.

ONE person basement apartment. Laundry, parking, utilities included. Furnished. Markham. Available Oct. 1st. \$525 per month. 471-6376.

STOUFFVILLE - Bachelor apartment for single person. \$400. 642-5460.

STOUFFVILLE - 1 bedroom apartment. Fridge & stove. \$550 month plus hydro. 852-3837.

STOUFFVILLE - Bright, spacious & new 1 bedroom basement apartment. Large kitchen, 4 piece bath. Close to Main St. & GO Station. \$645 month, plus 40% utilities. Call 642-0831 evenings.

STOUFFVILLE - Luxury 3 bedroom, approx. 2000 sq. ft., 4 appliances, central air, garage. Call 889-6545.

SUNSET Blvd. - Stouffville - Attractive one bedroom, modern building. Bright, clean, hardwood floors. Close to all amenities. 2 appliances. \$650 month plus hydro. 640-3750.

16th Ave. & Hwy. 48 - 2 bedroom basement apartment. 4 appliances, own entrance, parking, fireplace. Available immediately. All inclusive. 294-7838.

UNIONVILLE - Hwy. 7. Large studio apartment, washroom & kitchen, deck & parking. Suit business couple. \$650 including hydro. 475-8373.

170 Apartments For Rent

WALKOUT basement apartment. Beautiful pond view, separate entrance, appliances included. Shared laundry. Suitable for professional single lady, non smoker. \$525 month. For appointment to view call 642-1027.

185 Houses For Rent

CLOSE TO STOUFFVILLE TOWN - 3 bedroom home, 1-1/2 baths, workshop, on 2 acres. \$1200 month + utilities. References. Call Ross Gallo: 640-1200.

EXECUTIVE home for rent - 5 appliances, central vac / air, 3 bedrooms, 2-1/2 baths. Call 841-0795 after 6 PM.

LUXURIOUS 3 bedroom home, 1-1/2 baths, fireplace, garage, 5 appliances, gas heated, lawn maintenance included. \$1150 + utilities. 407-0334.

MAIN floor of 3 bedroom bungalow, share facilities. Non smoker, no pets. \$850 month plus 1/2 utilities. Available Oct. 1st. Call evenings: 609-3810.

MARKHAM AREA - Main floor of 3 bedroom house, large kitchen, living room, dining room, appliances, fenced yard. \$1000 month. Available Nov. 1st. 479-1709.

MARKHAM - 3 bedroom houses want families. Finished basements, garages, fenced yards, appliances. \$975 - \$1100 plus utilities. Sept. & Oct. occupancy. For more details call 471-8222, ext. 53.

MARKHAM - 2 storey, 3 bedroom home, 2-1/2 baths, main floor family room, fireplace, 2 car garage, newly decorated. \$1250 + utilities. 470-9312.

MARKVILLE AREA - 3 bedroom, main floor family room, 1-1/2 baths, newly decorated, 5 appliances, electric heat, fenced yard, garage, no dogs. \$1154 month + utilities. 784-5609.

STOUFFVILLE town - 3 bedrooms, 1-1/2 baths, large lot. \$1100 month + utilities. References. Ross Gallo, 640-1200.

THREE bedroom bungalow. Newly renovated. 15902 McCowan Rd. at Aurora Rd. Also 3500 sq. ft. aluminium sided garage. 10% office, insulated, heater. 475-5347.

UNIONVILLE - Large, luxury 3 bedroom plus den, 5 appliances, fireplace, fully broadloomed. One car garage. \$1200 + utilities. 924-5458.

UXBRIDGE - Large 3 bedroom Century home, updated electrical water & FAG furnace, walking distance to downtown, library, churches & schools. \$850 + utilities. Call 852-4307.

UXBRIDGE North - Large 3 bedroom bungalow, fireplace, large kitchen, double garage. Available immediately. \$900 plus. 416-852-5142.

LUXURY condo - 1 bedroom plus solarium, ground floor, big walkout patio, 5 appliances, great facilities. \$1350 per month. 477-8310.

190 Townhouses For Rent

MARKHAM AREA - 3 bedroom townhouse, finished basement, garage. \$1150 + utilities. References required. Available October 1st. Leave message at: 294-2541.

192 Rooms For Rent & Wanted

BEAUTIFUL Victorian house on horse farm. 2 rooms for rent. \$300 each per month. 852-1968.

BRIMLEY & McCowan - Large furnished bedroom \$450, and small bedroom \$350. All facilities, parking, non smoker preferred. First & last. Available immediately. 470-1583 evenings & weekends.

LARGE furnished room in Unionville home. Utilities included. Ideal for student. Close to transportation. Call 477-1230 after 6 PM.

MCCOWAN & HWY. 7 - Quiet, non smoking working professional. \$80 week, utilities included. 299-9986.

193 Room & Board Available & Wanted

MARRIED seniors available for pet and house sitting in exchange for accommodation. Available September. Non smokers. References. Leave message, 416-771-1842. Also booking for June 1994.

194 Shared Accommodation

EXECUTIVE home, large furnished room, share facilities. Adult. 1st & last. \$400 per month inclusive. Call 471-6786 or 471-5371.

PROFESSIONAL M/F to share 3 bedroom bungalow on quiet country estate. Parking / garage, balcony, fab view, laundry, own bath. \$500 per month. Call 649-2846 after 7 PM.

196 Halls & Lodges

RECEPTIONS Parties - Dances - Functions. Markham Masonic Banquet Hall, up to 120 people. Contact Don Kelly: 477-4887.

220 Campers Trailers

1985 Bonair 16 foot house trailer. Excellent condition. Evenings: 731-9631.

235 Boats & Supplies

SAILBOAT - 17 ft., Siren fully equipped incl. 2 sails, trailer, 4 1/2 HP Evinrude motor, new cockpit cushions. \$3,500 OR B.O. 416-852-6923.

265 Women's Column

ELECTROLYSIS - Learn a new profession. Meharg International School of Electrolysis. Register now for Fall courses. 750-9001.

791 Business Services

PERSONAL, private, 24 hours-a-day voice mailboxes. As low as \$1 per day. Call 99M Corporation, 479-5155, ext. 326.

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Professional Swimming Pool Services
Since 1969
• Vinyl liner repairs guaranteed permanent
• Originators of portable vinyl liner welding
• New track & coping installed
• New liners installed
Serving York Region, 930-7903

300 Market Basket
Pick your own APPLES
Applewood Farm
McCowan Road, 1/4 mile north of Stouffville Road
NOW READY - Macintosh & Courtland
WEEKENDS ONLY 9 AM - 5 PM
640-5357

310 Articles For Sale

ANTIQUE walnut hi-boy dresser, \$200 and chrome & glass Etageré, 5 shelves, 6' high, \$60. Call 294-3104.

BLINDS, Custom Made, Verticals, Venetians, great quality, large selection, fantastic prices. FREE estimates and installation. Convenient In-Home Shopping, 518-3827.

CHILDREN'S clothing & shoes, 2 families of boys & girls - from newborn to age 6. Excellent condition: 471-6891 or 294-8993, anytime.

CUSTOM DRAPES - Verticals, venetians, balloons, bedspreads, etc. (416) 294-8944, Daisy.

DINING room suite, walnut, 9 piece, antique. \$1200. 642-0752 after 6:30 PM.

FREE - Need clean fill? We load, you haul. For more information call Bill Petri, 640-5151, 8 am - 4 pm, Mon - Fri.

FUEL storage tank, 200 gallon with pump, \$175 or best offer. 642-1027.

JACUZZI spa with matching new sinks and toilet, \$2500. Synthia swingar organ, \$300. 1987 Yamaha Warrior, 4 wheeler, \$230. 4205/70R13 all season radials on rims, \$200. Fridge with freezer, \$50. After 6 PM, 416-895-7934.

LADIES designer clothes casual & evening wear, sizes 8 to 12. Wedding gown size 10. Exercise bike. 294-8930 after 5 PM or leave message.

LARGE sofa bed, light grey with stripes. Good condition, \$270. Call 471-8352, leave message.

LIKE NEW! Pergeo stroller, new \$350, asking \$175. Boys 10 speed "Century" bike, 23" wheel, \$50. Kreepy Krauly, \$100 (needs \$65 part). 475-2058.

BOX spring, mattress set, Queen deluxe pillowtop, \$1000 coils, 25 year guarantee, \$550. Solid oak table / chairs, \$750. 9 pc. pine bedroom suite \$1600. All new. 773-3658.

FRIDGE and stove in good working condition. Call 640-6127 (please leave message).

POST cards wanted, pre 1950's, used or unused. 493-0363.

320 Garage/Yard Sale

Canada Trust Realty
GARAGE SALE
Annual "Reach-Out" Charity Garage Sale
Saturday, September 18th
Markham Mews Plaza - South side #7
across from Markville Shopping Centre
8 a.m. - 8 p.m.
Bring the family. Something for everyone!
Books, Toys, Bargains Galore! Jewellery
DON'T MISS IT!
We welcome all donated items & sale proceeds support more than 100 Canadian Charities
Call for Pick-up/Delivery Information **475-0355**
4997 HWY. #7, UNIONVILLE, ONTARIO 475-0355

PLAY IT AGAIN SPORTS NOW OPEN
Wants good used sports equipment - hockey, baseball, exercise equipment, etc.
Call **471-9652**

320 Garage/Yard Sales

MOVING SALE
Sat. Sept. 11
9 am - 2 pm
40 Bishop Cres., Markham
(Paramount & Fincham area)

CHILDREN'S CLOTHES & TOYS SALE
Sun. Sept. 12th, 11 AM - 4 PM
5079 19th Ave. at McCowan
I carry "broken in" children's wear & toys. If you would like to buy or have clothes you would like me to sell, please call: 887-9893.

GIANT GARAGE SALE
Sat. Sept. 18, 9 AM - 2 PM
7 Douglas Road, Uxbridge
Clothing, books, new & used merchandise, bake table & turkey draw.
852-5186

325 Auctions, Sales

WEDNESDAY, SEPT. 15th, 5:30 PM
Auction Sale for A. Taylor at Allene Country Auctions, R.R. #2, Bradford. Sales includes: Snow-flite snowblower, chains, Block and tackles, antique bandsaw, pine tool chests, tools, bedding, unknown treasures. Terms cash, cheques with I.D. Allen Homer, Auctioneer, 1-705-458-4589.

330 Firewood

FIREWOOD
Summer Prices
\$175/Bush Cord
416-887-1586

WOODY'S FIREWOOD
By Bush Cord
All hardwood cut, split, delivered.
(416) 476-2203

370 Pets, Supplies & Boarding

DOGS - Free to a good home. Must give up dogs as daughter allergic to them. Female Golden Retriever, 6 years, spayed, male black part Golden Retriever / part black Lab, 2 years. 887-1974.

KITTENS/CATS - All destined to die when rescued. Litter trained/shots and spayed or neutered, age permitting. Better value than free. 1-852-3814.

MARRIED seniors available for pet and housesitting in exchange for accommodation. Available September. Non smokers. References. Leave message, 416-771-1842. Also booking for June 1994.

STORAGE shed, 8' x 8', all wood, good condition. \$375 or best offer. 642-1027.

TWO years new in excellent condition and very clean G.E. custom 14 cubic foot fridge \$300. G.E. custom range with auto cook timer. \$250. Dishwasher, \$175.

315 Articles Wanted

Garage/Yard Sale

705 Handyperson

HANDYMAN - No Job Too Small - Basement finishing, kitchen cabinets, custom pine, innovative design, build of any renovation to your home. 642-5938.

715 Moving & Storage

MOVING? 14 foot cube van with 2 man crew available. Reasonable rates. Call 472-8388 or 475-9242, 24 hr. service.

760 Private Tutors/Schools

CERTIFIED teacher available to tutor Grades K-8. Call 479-7440 after 6 PM.

ESL TUTORIAL - In home tutoring for English by a professional, qualified tutor. Call Markham ESL Tutorials, 415-9282.

IN home French tutoring - Grade 1 to O.A.C. Immersion; all subject in French. Adults, all levels. Call Education Plus: 479-7065.

WE CARE TUTORIAL SERVICES INC. Since 1977. Individualized in-home tutoring. All ages, levels. Professional, qualified tutors. 691-8554.