

Splash of Summer

Save .70

Sun Squeeze
Pure Apple Juice

48-FL. OZ. TIN

.99

Save 1.40

Delsey
Bathroom Tissue

ASSORTED COLORS

8 ROLL PKG.

2.99

Save up to .90 lb.

Produce

PRODUCT OF U.S.A., NO. 1 GRADE

Red or Green Seedless Grapes 1.74 kg

.79 lb.

Save .70

Rose Relishes

ASSORTED VARIETIES

375 mL JAR

.79

Save 1/2 less than our regular price

FROZEN, Farm House Cream Pies

ASSORTED VARIETIES

340 g PKG.

.99

Save up to 1.10 ea.

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE

Fresh Cauliflower

EACH

.89

Save up to .20 lb.

PRODUCT OF U.S.A.

Fresh Watermelon Cuts

.64 kg

.29 lb.

FRUIT & COCONUT, FRUIT & HONEY, CHOCOLATE CHIP OR DOUBLE CHOCOLATE

McCormick's Mixed Doubles & Singles Cookies 250-g PKG. **.99**

ASSORTED VARIETIES

Betty Crocker Stir-N-Frost or Snackin Cakes 310-400 g PKG. **.99**

BABY DILLS, SWEET MIXED OR YUM YUM

Bick's Pickles 750 mL JAR **1.99**

POWDERED

Calgonite Dishwasher Detergent 1.8 kg BOX **5.99**

ASSORTED VARIETIES, 200 mL AEROSOL, 60 g SOLID OR 75 g ROLL-ON

Soft 'N Dry Antiperspirant EACH CONT. **2.79**

ASSORTED VARIETIES, THICK OR ULTRA

IGR Diapers EACH PKG. **8.99**

Save up to .78 on 3

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE

Fresh Cucumbers

EACH

3/ .99

Save up to .10 ea.

PRODUCT OF ONTARIO

Romaine Lettuce

EACH

.69

Save .95 lb.

FW. FEARMAN'S, COOKED BONE IN HOCK, RIND & EXCESS FAT REMOVED, WHOLE Smoked Hams

3.28 kg

HALVES OR QUARTERS, 3.95 kg, 1.79 lb.

1.49 lb.

Deli

Save 1.14 lb.

SHOPSY'S, SLICED Cooked Ham

.44 100 g

1.99 lb.

Bakery

Save .10

Croissants PKG. OF 4 **1.79**

Save .06

Cheesecake Slices EACH **1.19**

FW. FEARMAN'S, SWEET PICKLED BY THE PIECE, END CUTS Peamealed Back Bacon

7.69 kg

CENTRE CUTS, 8.13 kg, 3.69 lb.

3.49 lb.

SHOPSY'S Pastrami or Corned Beef .88 100 g **3.99** lb.

SHOPSY'S DELI CHOICE Bologna .33 100 g **1.49** lb.

Tip For The Week

White meat or dark? If you're weight conscious, skinless white turkey meat has less than half the fat of skinless dark turkey meat. However, the dark meat has about twice the vitamins and minerals of an equal serving of white. Low fat versus nutrition may be a matter of taste!

at **IGR**

We Really Care

