

# Best Buys This Week



CLASSIC, REGULAR OR DIET  
**Coke or Sprite**  
 750 mL RET. BTL.  
 Unit cost 6.5¢ per 100 mL  
**49**  
 PLUS 40 DEPOSIT PER BTL.

1.20 coupon value  
 IGA  
 CLASSIC, REGULAR OR DIET  
**Coke or Sprite**  
 CASE OF 24 x 280 mL TINS  
**579**  
 Unit cost 8.6¢ per 100 mL  
 Limit one coupon per family. Limit one case per coupon, coupon valid at IGA until closing Sat. Aug. 5, 1989. PLU 2830

save 80  
**Hi-Dri Paper Towels**  
 2 ROLL PKG.  
**89**

IGA  
**Hot Dog or Hamburger Buns**  
 PKG. OF 8  
**69**

save 90  
 ASSORTED FLAVORS  
**Meadowgold Ice Cream**  
 2 L CTN.  
**149**

save 130  
 IN SPRING WATER  
**Star-Kist Solid White Albacore Tuna**  
 184 g TIN  
**199**

save 60  
 ASSORTED VARIETIES  
**Heinz Canned Pasta or Baked Beans**  
 14-OZ. TIN  
**69**

save 160  
 ECONOMY SIZE  
**Heinz Ketchup**  
 NEW  
 1.25 L SQZ. BTL.  
**299**

NEW! ASSORTED FLAVORS  
**Sweet Ripe Fruit Drinks**  
 CASE OF 24 x 200 mL PLAST. CONTS. 2.1 L  
**399**

PROCESS CHEESE FOOD, VELVEETA OR REGULAR, 24 SLICE-PACKS ONLY  
**Kraft Singles**  
 500 g PKG.  
**299**

NEW! NATURAL  
 IGA  
**Spring Water**  
 4 L JUG  
**99**

FROZEN, INDIVIDUALLY WRAPPED, BOSTON BLUEFISH OR SOLE  
**High Liner Fillets**  
 280-350 g PKG.  
**299**

FROZEN, ASSORTED VARIETIES  
**Minute Maid Lemonade or Punches**  
 280-355 mL TIN  
**79**

FROZEN, CONCENTRATED, REGULAR OR PULP FREE  
**McCain Orange Juice**  
 12.5-FL. OZ. TIN  
**149**

lb. save 220  
**Meat**  
 CUT FROM CANADA GRADE A BEEF  
**Prime Rib Steaks or Chef Style Prime Rib Roasts**  
 1ST TO 6TH RIBS  
**329** lb.  
 7.25 kg

lb. save 90  
 FRESH! 7 CHOP ECONOMY PACK,  
**Loin Pork Chops**  
 3 RIB, 3 CENTRE, 1 TENDERLOIN PORTION  
 5.05 kg  
**229** lb.

box save 170  
 SCHNEIDERS  
**Beef Burgers**  
 700 g BOX  
**299**

less than our regular price  
 1/2  
**Shopsy's Side Bacon**  
 SLICED  
 500 g PKG.  
**169**

less than our regular price  
 1/2  
**Shopsy's Deli Fresh! Wieners**  
 REGULAR  
 450 g PKG.  
**149**

lb. save 168  
**Shopsy's Deli Lean Boneless Hams**  
 COOKED, SMOKED  
 7.69 kg  
**349** lb.

**There's a Didier's IGA store near you!**  
 Independently owned and operated by the Didier Family and their great staff  
 EFFECTIVE FROM MON. JULY 31 TO SAT. AUG. 5, 1989. We reserve the right to limit quantities. All savings are based on our regular prices.