

Gormley resident marks his 80th

EVELYN MILSTED
Correspondent

A number of Gormley people attended the open house in honor of Rev. George Sheffer's 80th birthday on Sunday at the Brethren in Christ Church in Staynard. Mr. and Mrs. Walter Hill enjoyed a day last week with Mr. and Mrs. Earl Milne in Keswick. Mr. and Mrs. Lawrence Wideman and Leslie of Belleville visited Sunday with his mother, Mrs. Martha Wideman.

Mr. and Mrs. Chester Reigle of Ridgeway visited on the weekend with Mr. and Mrs. Clifford Winger.

Mr. and Mrs. Ivan Good and boys of Vineland and Mr. and Mrs. David Yake and son Cameron of Kitchener spent Sunday with their parents, Mr. and Mrs. Fred Yake.

Mrs. Helen Henry of Toronto was a weekend guest of Ms. Genevieve Bruce.

Mrs. Joan Bernie of North Bay is visiting with her son-in-law and daughter, Mr. and Mrs. Larry Bryson.

Mr. and Mrs. Mel Baker enjoyed a couple of days with Mr. and Mrs. George Barrett in Gravenhurst.

Rev. and Mrs. Peter Gibbins have returned from their holiday. He will speak at both services at the Missionary Church on Sunday, July 23.

Mr. and Mrs. Gary Winger and family, serving with the Northern Canadian Evangelical Mission in Povungnituk, Que., will be speaking at 11 a.m. on Sunday, July 23 at the Heise Hill Church. Mrs. Winger was born and raised in Gormley.

Farming changes add up

W. J. BAXTER

Agricultural Representative
Paying attention to a lot of little details can make a big difference in profit at the end of the year. A comparison of figures from Ontario dairy farms shows that small differences in production and financing resulted in a 70 per cent increase in net farm income.

The Ontario Farm Management Analysis Program compared 420 dairy farmers who voluntarily submitted records from their 1987 production year. The program compares each co-operator's farm with the average of all farms and with the most profitable one-third.

The high profit group produced 200 litres more milk per cow, milked two more cows per person, had higher yielding crops, especially forages, and \$500 less debt per cow.

While each group carried 19.4 cows per 100 tillable acres, the high profit group was able to support nearly three more cows per 100 acres of forages grown.

It would appear that the more profitable group kept their investment more in line with their sales. Their accrual net farm income was \$93.12 per \$1,000 of investment, compared to only \$66.60 for the average. They also had \$9 more milk sales per \$1,000 invested in their farm.

The more profitable farmers lost only \$5,000 on crop production compared with \$9,000 on the average farm in the group. This was less than half the loss per tillable acre for the high profit group.

Most businessmen would agree that the reason for investing in a business is to return a profit. At 1987 net farm income levels, the average group would need 15 years for their net farm income to equal their investment. The high profit group could accomplish the same goal in less than 11 years.

DO YOUR PART



MAKE A TRASH CAN HAPPY!

PITCH-IN

ENJOY Longo's MENU PLANNERS

CRISP AND CHUNKY MEAL-IN-ONE SALAD

1/2 head iceberg lettuce
1/2 head romaine lettuce
1 1/2 cups fresh grapes, seeds removed
1 cup cooked turkey, cut in 1/4" slices
1 cup Swiss cheese strips
1/2 cup bleu cheese chunks
3 tablespoons salad oil
1 tablespoon fresh lemon juice
1/2 teaspoon salt
1/8 teaspoon black pepper
Orange clusters for garnish

Wash and dry lettuce thoroughly. Tear into bite-sized pieces. Place in salad bowl with grapes, turkey, cheeses, oil, lemon juice, salt and pepper. Toss lightly. Garnish with grape clusters. Serve as main dish salad. Makes 4 servings.

"Longo's ...

... Ingredient"

Specials effective Monday, July 17, 1989 thru Saturday, July 22, 1989


Fresh From The Bakery

Key Lime pies

8" size

2.99

each



black grapes

fresh, sweet
Product of U.S.A.
kg 2.18

1.99

lb.



cantaloupes

fresh, sweet
Product of U.S.A.

1.79

each

large cabbage

fresh

Product of Ontario
kg .64

.29

lb.

iceberg lettuce

fresh, crispy

Product of Ontario

.59

each

kiwi fruit

fresh, sweet

Product of New Zealand

3.99

for 4

Bittner's roast beef

5.45

lb. 11.99 kg

Bittner's cooked corn beef, and bottom round pastrami

3.99

lb. 8.79 kg

Canadian mild havarti cheese

3.99

lb. 8.79 kg

Montreal smoked beef

4.49

lb. 9.90 kg

full round steaks

Cut from Canada Grade 'A' Beef

2.99

lb. 6.59 kg

Canadian mild farmer's cheese

plain • caraway • parsley and onion

3.99

lb. 8.79 kg



pork chops

1.99

lb. 4.39 kg

boneless hip roast

Cut from Canada Grade 'A' Beef

2.79

lb. 6.15 kg



whole chickens

1.19

lb. 2.62 kg

boneless chicken breasts

Ontario Grade 'A' fresh

4.99

lb. 10.99 kg

Mazola corn oil

3.99

2 L jug



Coke, Coke Classic, Diet Coke, Sprite, Diet Sprite

24 x 280 ml tins 5.99
750 ml bottle .49

Limit 2 cases Plus 40¢ deposit

"It's Pickling Season"

white vinegar

Allens

1.99

4 L jug

peanut butter

Skippy

smooth and crunchy
500 g jar

1.99

CLIP THIS COUPON

GATORADE Thirst Quencher

950 ml bottle

1.59

BUY ONE, GET ONE FREE WITH THIS COUPON

Coupon expires July 22, 1989
Limit 1 coupon per customer
Only At Longo's 105906446

CLIP THIS COUPON

GATORADE Thirst Quencher

950 ml bottle

1.59

BUY ONE, GET ONE FREE WITH THIS COUPON

Coupon expires July 22, 1989
Limit 1 coupon per customer
Only At Longo's 105906446

table syrup

Old Tyme
750 mL

2.59

instant coffee

Nescafe Rich Blend
200 g jar

4.99

margarine

Beal
2 lb. tub

3.59

yogourt

Soonest Lite 'N' Lively
175 g cup

.59

melba toast

Old London
400 g box

2.59

liquid cleaner

Mr. Clean
1 L bottle

2.99

orange juice

Mr. Pure
2 L jug

1.69

sole fillets

Highliner
450 g pkg.

4.59

Crisco Oil

Bonus Pack!
1.25 lb. bottle

2.99

salad dressings

New! Dairy Fresh
Kraft refrigerated
355 mL bottle

2.49

wieners

Lesters
480 g pkg.

1.59

shell on shrimp

I.Q.F. large, white
400 g bag

6.99

Longo's